

Results of the EMC 5k Road Race - 9th July, 2008 (Under B.H.A.A. Rules)

Pos.	Athlete	Business	Cat.	Time
1	Sean McGrath	McGrath Landscapes		16 : 03
2	Tim O'Connor	John F. Supple		16 : 14
3	Ed Murphy	Duhallow Enterprise		16 : 16
4	Colm O'Donovan	O'Donovans		16 : 18
5	Derek O'Leary	Twomey Transport		16 : 37
6	Pat Maher	SCI		16 : 41
7	Paul Tucker	DMP		16 : 48
8	Brian Murphy	State Street		16 : 57
9	Stephen O'Sullivan	Temp		16 : 59
10	Shane Simcox	Workout Express		17 : 00
11	Kevin Wilmot	Bandon Tyres		17 : 09
12	Tom Laffan	HSE	M40	17 : 11
13	Frank Hayes	Carrigcourt H&L		17 : 12
14	Declan O'Shea	Pfizers Ringaskiddy		17 : 12
15	Paul Hickey	Carrigcourt H&L		17 : 13
16	James O'Driscoll	Kearney & Cavanagh		17 : 14
17	Eamonn McEvoy	Dept of Ed	M50	17 : 30
18	Eric Meade	Bio Pharma	M40	17 : 33
19	Ciaran Dunne	Pfizers Ringaskiddy		17 : 36
20	Michael Morgan	Temp		17 : 37
21	David Muldowney	Temp		17 : 38
22	Mark Nolan	Joyce Wolfe Physio		17 : 42
23	Jason Nicholl	EMC		17 : 44
24	Kieran O'Sullivan	Cork Garda		17 : 51
25	Michael Murphy	Novartis	M50	17 : 53
26	Tom Shanahan	Erin Foods	M45	18 : 05
27	Shane Maher	Carrigcourt H&L		18 : 15
28	Pat Power	Temp		18 : 19
29	John Collins	Team Adidas	M50	18 : 20
30	John Desmond	Hormann Electronics	M40	18 : 23
31	Robert Patterson	Kearney & Cavanagh		18 : 26
32	Colm Walsh	Arris Communications		18 : 27
33	Ryan Jeremin	Temp		18 : 32
34	Louis Cavanagh	School Completion Program	F35	18 : 37
35	Wille Walsh	Army		18 : 39
36	Anthony Quinn	EMC		18 : 40
37	Derek O'Keeffe	RRD		18 : 42
38	Pat Murphy	UCC	M50	18 : 42
39	Denis Carroll	Blarney Woollen Mills	M45	18 : 43
40	Sean Murphy	Temp		18 : 44
41	Niamh Roe	Dept of Ed		18 : 46
42	Eddie Byrne	IPS	M40	18 : 51
43	Kevin Edwards	Temp		18 : 52
44	David O'Mahony	CITCO		18 : 52
45	Michael Mulcahy	EMC		18 : 55
46	Martin O'Reilly	DMP		18 : 59
47	Kieran Shanahan	Temp		19 : 02
48	Kevin Cooney	ESB	M45	19 : 04
49	Brian English	Temp		19 : 06
50	Robbie Williams	Temp		19 : 08
51	Ann-Marie Healy	HSE	F35	19 : 09
52	Stephen Lucy	EMC		19 : 12
53	Matt Cussenn	Rorsa		19 : 18
54	Willie O'Riordan	Army	M50	19 : 19

Results of the EMC 5k Road Race - 9th July, 2008 (Under B.H.A.A. Rules)

55	Conor McMahon	Phoenix Clinic	M40	19 : 21
56	Mark McMahon	Phoenix Clinic		19 : 21
57	Brian Cotter	IPS		19 : 30
58	Mark Bulman	Army	M40	19 : 34
59	Sean Coughlan	Temp		19 : 39
60	Sinead Ni Chonchuir	Colour is Magic	F35	19 : 41
61	Edmond Galvin	Temp		19 : 41
62	Tim Twomey	D Twomey	M55	19 : 43
63	Alan Kelly	Midleton Urban Council		19 : 44
64	Hanora Kelleher	HSE	F40	19 : 49
65	David Shelly	Sorenson Construction		19 : 50
66	John Leahy	Leahy Farms	M50	19 : 52
67	Paul O'Toole	UCC	M40	19 : 53
68	Cosmas De Burca	Temp		19 : 54
69	Dan Kennedy	DMP	M55	19 : 54
70	Mary Sweeney	Private Hospitals	F45	19 : 56
71	Matthew Boonhart	Hormann Electronics		19 : 58
72	Paul Shanahan	Navy	M40	19 : 59
73	Aine Murphy	UCC		20 : 00
74	Seamus Cahill	IPS	M45	20 : 01
75	Willie Hayes	An Post Eircom	M50	20 : 09
76	Pat Dineen	Eli Lilly	M45	20 : 12
77	Mary Sheehan	Carrigcourt H&L	F50	20 : 12
78	Pat Twomey	UCC	M55	20 : 13
79	Pat O'Connor	Temp		20 : 15
80	Stephen Fields	Temp		20 : 15
81	Ken Owens	An Post Eircom		20 : 17
82	Brian Healy	An Post Eircom	M45	20 : 17
83	Norman Kelly	Statsol		20 : 19
84	Bob McCarthy	EMC		20 : 21
85	Michael Lynch	ESB		20 : 24
86	Robert Lane	Temp		20 : 25
87	Ned Ramsell	Midleton News		20 : 27
88	Willie Mulally	Temp		20 : 27
89	Geraldine O'Shea	Cork City Council	F35	20 : 33
90	Donnacha O'Dabhainn	Temp		20 : 34
91	Fidelma Kirwan	Sensory Labs	F40	20 : 37
92	Kevin Burke	EMC		20 : 38
93	Garrett Casey	Temp		20 : 38
94	Tom Murray	Temp		20 : 39
95	Stephen O'Halloran	IPS	M40	20 : 40
96	Fergal Quinlan	PFH Computers		20 : 41
97	Stephen Barrett	UCC		20 : 45
98	Fergal Moynihan	Temp		20 : 48
99	Caitriona Leahy	Musgraves		20 : 49
100	Anthony Barry	Novartis		20 : 51
101	Phil McGrath	McGrath Landscapes	M55	20 : 53
102	Liam O'Leary	Cork City Council	M60	20 : 54
103	Tommy Reidy	Temp		20 : 56
104	Noel O'Sullivan	Temp		20 : 57
105	Liam Cashman	LSI Storage		20 : 58
106	Declan Daly	Statsol	M40	21 : 01
107	Tony O'Brien	Dept of Ed		21 : 01
108	Brian O'Callaghan	Temp		21 : 06
109	Denis Allen	Temp		21 : 08

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110	Patrick Hession	Novartis		21 : 09
111	Stephen Hegarty	Temp		21 : 10
112	Nick Bent	Army	M45	21 : 11
113	Jim McGrath	Temp		21 : 13
114	Stephen Murphy	TA Auto Valet	M45	21 : 15
115	Patrick O'Kelly	Lynch Transport		21 : 20
116	Sylvia Dunne	EMC	F40	21 : 21
117	Dave Tynor	Temp		21 : 26
118	Rob Holland	Temp		21 : 27
119	Mick Murphy	Temp		21 : 29
120	Liam Callanan	McGinty & O'Shea		21 : 29
121	Abigail Lane	Temp		21 : 30
122	Liam Donovan	Janssen Pharma	M50	21 : 30
123	Aoife Shields	UCC		21 : 31
124	Aidan Burke	Team Adidas	M45	21 : 33
125	Ted Linehan	Plant Hire	M50	21 : 38
126	Stephen Geoghan	EMC		21 : 39
127	Michael Hayden	UCC	M50	21 : 39
128	John Walshe	Temp		21 : 40
129	John Fahy	Temp		21 : 41
130	Aideen Christie	EPA	F35	21 : 41
131	John Holland	An Post Eircom	M55	21 : 42
132	Aidan Buckley	Cork Painters	M45	21 : 43
133	Pat O'Mahony	Sisk Builders		21 : 45
134	Tom Kelly	Navy	M50	21 : 46
135	Shane Enright	Jacobs Engineering		21 : 48
136	Jean Vincent	Accore		21 : 50
137	Irene Hartigan	UCC		21 : 53
138	Paul Griffin	Temp		21 : 54
139	Pat O'Sullivan	Temp		21 : 55
140	David Cotter	Cork Painters	M55	21 : 57
141	Michael Dooley	IPS	M40	22 : 03
142	Des Walsh	CITCO		22 : 07
143	Frank Linehan	Plant Hire	M55	22 : 12
144	Tom Curtis	IPS		22 : 13
145	June Twomey	Temp		22 : 14
146	Peter Webster	Temp		22 : 15
147	Liam Monaher	Novartis		22 : 19
148	Michael Brennan	Dept of Ed		22 : 20
149	John O'Sullivan	Temp		22 : 21
150	Ray O'Donoghue	Temp		22 : 21
151	Stephen Creedon	Temp		22 : 23
152	John Cotter	ESB	M60	22 : 25
153	Angela McSweeney	Temp		22 : 26
154	Batt Kearney	Blarney Woollen Mills	M50	22 : 28
155	David Coughlan	UCC		22 : 33
156	Brian Mullins	Temp		22 : 36
157	Jerome Leonard	State Examinations	M45	22 : 37
158	Charlie Cooney	An Post Eircom	M50	22 : 39
159	Esther Murphy	CITCO	F35	22 : 44
160	Noel O'Connor	EMC	M50	22 : 47
161	Richard English	Temp		22 : 47
162	Mary Histon DeBarra	HSE	F35	22 : 48
163	Danny McCarthy	An Post Eircom	M55	22 : 51
164	Donie O'Connell	Midleton News	M55	22 : 53

Results of the EMC 5k Road Race - 9th July, 2008 (Under B.H.A.A. Rules)

165	Cormac Linehan	State Examinations		22 : 54
166	Will Jordan	Janssen Pharma		22 : 54
167	Stephen Bernard	Temp		22 : 55
168	Stephen Power	Temp		22 : 56
169	Kevin Hedderman	Temp		22 : 58
170	John O'Leary	Bookdeal	M65	22 : 59
171	Gillian Murphy	Bank of Ireland	F35	23 : 03
172	David McCarthy	Temp		23 : 04
173	Michael O'Mullain	Temp		23 : 05
174	Kevin Twomey	Temp		23 : 06
175	Don O'Hanlon	O'Hanlon		23 : 08
176	Padraig O'Regan	Temp		23 : 08
177	Nicola Sisk	Colour is Magic	F40	23 : 09
178	Tom O'Neill	Temp		23 : 10
179	Neill O'Callaghan	Cork City Council		23 : 10
180	Tony Moynihan	Temp		23 : 12
181	Austin Murphy	Boyne Valley Sales	M55	23 : 15
182	Stephen Monaher	Temp		23 : 16
183	Stephen Burke	DPS		23 : 18
184	Eugene Hickey	Novartis		23 : 19
185	Pat Gilbourne	EMC		23 : 22
186	Gerard Murphy	Temp		23 : 22
187	Ken Tierney	Temp		23 : 23
188	Gerry O'Connor	Plant Hire	M50	23 : 24
189	John Leahy	Temp		23 : 27
190	Siobhan Murphy	Pfizers Ringaskiddy		23 : 31
191	Kevin Phelan	CSO		23 : 32
192	Adam Duchnicz	Temp		23 : 32
193	Michael Sexton	Temp		23 : 37
194	Padraig O'Brien	Temp		23 : 39
195	Tony O'Sullivan	RPS	M50	23 : 40
196	Paul Mahon	Temp		23 : 41
197	Orla O'Brien	EMC		23 : 43
198	Trevor O'Neill	O'Neill		23 : 43
199	Tony Foley	Temp		23 : 44
200	Sonya O'Sullivan	Army	F55	23 : 44
201	George Webb	Plant Hire	M65	23 : 45
202	Fintan Hunt	New Hunt Trading		23 : 45
203	Elaine Kelleher	Temp		23 : 52
204	Bernie Smith	Temp		23 : 54
205	Jim Murray	HSE	M60	23 : 55
206	Denise Hickey	Janssen Pharma	F35	23 : 56
207	John O'Mahony	UCC	M65	23 : 59
208	Sean Sexton	Novartis	M40	24 : 02
209	Norman Coleman	Temp		24 : 03
210	Finbarr Lyons	Temp		24 : 08
211	Francis Buckley	UCC	F45	24 : 09
212	Donal McCarthy	EMC		24 : 10
213	Mike Terry	Temp		24 : 12
214	Dan Nagle	Hi Cone	M60	24 : 13
215	Maire O'Chongaile	Dept of Ed	F45	24 : 14
216	Margaret Horgan	Horgans Garage	F45	24 : 14
217	Brian O'Keeffe	Temp		24 : 15
218	Claire Buckley	Temp		24 : 15
219	Deirdre Buckley	Temp		24 : 15

Results of the EMC 5k Road Race - 9th July, 2008 (Under B.H.A.A. Rules)

220	Mary O'Leary	EMC		24 : 16
221	John Coakley	Temp		24 : 17
222	Catherine Mellerick	Mellerick		24 : 17
223	Bernard Sisk	Sisk Builders	M60	24 : 20
224	Trish O'Riordan	Temp		24 : 22
225	John Coleman	Temp		24 : 24
226	Eileen Buckley	Cork Shops	F40	24 : 25
227	Paddy Daly	Army	M60	24 : 27
228	Francesco Caprinit	Temp		24 : 32
229	Theresa Murray	Temp		24 : 34
230	Maria Collins	Ronnie Moore	F40	24 : 36
231	Stephen Coch	UCC		24 : 37
232	Fiona Browne	Temp		24 : 40
233	Ronan O'Leary	Temp		24 : 41
234	Catherine Costello	Temp		24 : 43
235	Judith O'Keeffe	Temp		24 : 44
236	Aoife Foley	Temp		24 : 45
237	Dave O'Kenny Lynch	Temp		24 : 47
238	Amanda Staveru	Marymount Hospice	F45	24 : 51
239	Cliff Power	Temp		24 : 53
240	Catherine Culleton	Temp		24 : 53
241	Eddie Hennessy	Janssen Pharma	M40	24 : 55
242	Karen Neiland	Cognis	F40	24 : 56
243	Dave Griffin	Temp		24 : 57
244	Mick McCarthy	Sisk Builders	M45	25 : 02
245	Trevor Lucy	Temp		25 : 12
246	Finola Nyhan	Temp		25 : 12
247	Margaret Barry	Midleton News	F55	25 : 12
248	Jamie Griffin	Temp		25 : 14
249	Shelly O'Keeffe	Temp		25 : 15
250	Maura O'Doherty	Midleton News	F35	25 : 15
251	Barry Ryan	Temp		25 : 17
252	Grainne Wolfe	Temp		25 : 18
253	Claudia Pieper	Temp		25 : 19
254	Donal Hurley	Temp		25 : 20
255	Rob Fallon	Temp		25 : 22
256	Mary Evans	Cronin & Co	F45	25 : 23
257	Marie Murphy	Cork County Council		25 : 24
258	Heidi Robertson	Temp		25 : 26
259	Caitriona O'Keefe	Temp		25 : 31
260	Dave O'Keeffe	Temp		25 : 35
261	David Guiney	Temp		25 : 40
262	Brian Twomey	EMC		25 : 40
263	Marion Lyons	Flextronics Core	F50	25 : 42
264	Ken Daly	Temp		25 : 42
265	Luke Hennessy	Temp		25 : 44
266	Noreen Hurley	Temp		25 : 45
267	Sonya O'Brien	Temp		25 : 48
268	Caroline O'Riordan	Temp		25 : 53
269	Padraig Linehan	BOC Gases		25 : 56
270	Ann Dunne	Temp		25 : 56
271	Marion Fitton	Private Hospitals	F45	25 : 59
272	Alan Foley	Novartis		26 : 08
273	Laura Fitzpatrick	Temp		26 : 12
274	Conor Mooney	Temp		26 : 13

Results of the EMC 5k Road Race - 9th July, 2008 (Under B.H.A.A. Rules)

275	Frank Galvin	Temp		26 : 15
276	Deirdre Twomey	Temp		26 : 18
277	Veronica Twomey	Temp		26 : 20
278	Ann Savage	Midleton News	F45	26 : 21
279	Leonie Merrick	Coachford College	F35	26 : 32
280	Sean O'Shea	Temp		26 : 33
281	Fionnuala Casey	Temp		26 : 35
282	Karen Buckley-O'Farrell	Buckley-O'Farrell	M60	26 : 36
283	Linda Kennedy	Temp		26 : 37
284	Francis O'Connor	Temp		26 : 37
285	Robert O'Connor	Team Adidas	M60	26 : 38
286	Margaret O'Shea	Temp		26 : 38
287	Eugene McVeigh	EMC	M45	26 : 39
288	Cathleen Kelly	Temp		26 : 41
289	Billy Caball	Cork Weight Lifters	M65	26 : 43
290	Brian Murray	Gilead Sciences		26 : 43
291	Siobhan Casey	EMC		26 : 49
292	Gerry Lawton	J&J Cycles	M55	26 : 52
293	Rory Lunch	Temp		26 : 57
294	Stephen Beven	Temp		27 : 01
295	Caroline Carey	Temp		27 : 11
296	Michelle Kelleher	Temp		27 : 11
297	John Shepard	Temp		27 : 16
298	Tony Carey	Temp		27 : 18
299	Lorraine Mann	Temp		27 : 21
300	Maggie Dunne	Carrigcourt H&L	F60	27 : 22
301	Marie Creedon	CSO	F40	27 : 25
302	Sarah Synnott	Temp		27 : 28
303	Daithi Merrick	Irish Aggregates		27 : 30
304	Jane Morgan	Temp		27 : 46
305	Brendan Hogan	Temp		27 : 47
306	Brendan Hayes	GSK	M55	27 : 47
307	Linda Hosford	Temp		27 : 50
308	Karen Sinnott	Temp		27 : 52
309	Denis Manning	Temp		27 : 59
310	Frank Kelleher	Cork City Council	M65	28 : 00
311	Rachel O'Neill	Temp		28 : 07
312	Mary Mulcahy	Bank of Ireland	F45	28 : 11
313	Ann McCarthy	Apple Computing		28 : 14
314	Brian Desmond	Temp		28 : 19
315	Catherine Kelly	Temp		28 : 26
316	Olive Lehane	Temp		28 : 33
317	Frankie Kelleher	Temp		28 : 54
318	Audrey O'Sullivan	Temp		28 : 54
319	Betty O'Riordan	JF Gould & Co Solrs	F50	28 : 56
320	Therese Collins	Temp		28 : 57
321	Ann Hayes	HSE	F50	28 : 58
322	Ellen O'Mahony	Temp		29 : 10
323	Joan McCarthy	Bank of Ireland	F50	29 : 16
324	Ciara Mullins	Temp		29 : 24
325	Cillian Byrne	Temp		29 : 25
326	Yvonne O'Shaughnessy	Temp		29 : 28
327	Colm Jordan	Midleton News		29 : 46
328	Claudio Mammi	Temp		29 : 47
329	Rosella Manzini	Temp		29 : 48

Results of the EMC 5k Road Race - 9th July, 2008 (Under B.H.A.A. Rules)

330	Yvonne Dorney	Temp		29 : 51
331	Shanti Liyanage	Temp		29 : 53
332	Bernice Galvin	HSH	F45	29 : 54
333	Diane Neaves	Temp		30 : 13
334	Nathalie Cathino	EMC		30 : 21
335	Kevin Cahill	Temp		30 : 22
336	Aneta Szarek	Temp		30 : 56
337	Sinead Byrne	Temp		30 : 59
338	Orla Kelleher	GE Healthcare		31 : 28
339	Paula Morgan	GE Healthcare	F45	31 : 49
340	Sarah Boodman	Temp		31 : 51
341	Grainne Kearns	Temp		32 : 06
342	Linda Cournane	Temp		32 : 23
343	Ger Venner	Temp		33 : 08
344	Renee Cournane	Temp		33 : 10
345	Kathleen O'Connell	Midleton News	F50	33 : 12
346	Ann Murphy	TA Auto Valet	F40	33 : 12
347	Sarah Cavanagh	Temp		33 : 33
348	Hazel Shanahan	EMC		34 : 05
349	Jennifer Forde	Temp		34 : 06
350	John Hurley	Temp		34 : 55
351	Cathy Triggell	Temp		34 : 55
352	Miriam Murphy	Temp		35 : 15
353	Elma McCarthy	Temp		36 : 25
354	Emma O'Carroll	Temp		37 : 49

Wheelchair - Jerry Forde HSE

Men's Results

1	Sean McGrath	McGrath Landscapes
2	Tim O'Connor	John F Supple
3	Ed Murphy	Duhallow Bus
4	Colm O'Donovan	O'Donovans

O/40

1	Tom Laffan	HSE
2	Eric Meade	Bio Pharma
3	John Desmond	Hormann Electronics

O/45

1	Tom Shanahan	Erin Foods
2	Denis Carroll	Blarney Woollen Mills
3	Kevin Cooney	ESB

O/50

1	Eamonn McEvoy	Dept of Ed
2	Michael Murphy	Novartis
3	John Collins	Team Adidas

O/55

1	Tim Twomey	D Twomey & Co
2	Dan Kennedy	DMP
3	Pat Twomey	UCC

Results of the EMC 5k Road Race - 9th July, 2008 (Under B.H.A.A. Rules)

O/60

1	Liam O'Leary	Cork City Council
2	John Cotter	ESB

O/65

1	John O'Leary	Bookdeal
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Wheelchair

1	Jerry Forde	HSE
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Mens A Team

		Points
1	Carrigcourt H&L	55
2	EMC	104
3	DMP	122

Mens B Teams

		Points
1	Army	147
2	IPS	173
3	UCC	183

Mens C Teams

		Points
1	EMC	228
2	Novartis	235
3	Dept of Ed	272

Ladies Individual

1	Louise Cavanagh	School Completion Program
2	Niamh Roe	Dept of Ed
3	Ann Marie Healy	HSE
4	Sinead Ni Chonchair	Colour is Magic

O/35

1	Geraldine O'Shea	Cork County Council
2	Eidin Christie	EPA
3	Esther Murphy	CITCO

O/40

1	Hanora Kelleher	HSE
2	Fidelma Kirwan	Sensory Labs
3	Sylvia Dunne	EMC

O/45

1	Mary Sweeney	Private Hospitals
2	Francis Buckley	UCC
3	Maire Ni Chonghaile	Dept of Ed

O/50

1	Mary Sheehan	Carrigcourt H&L
2	Mary Lyons	Flexitronics

O/55

1	Margaret Barry	Midleton News
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O/60

1 Maggie Dunne Carrigcourt H&L

Womens A Teams

Points

1	HSE	8
2	UCC	20

Womens B Teams

Points

1	EMC	35
2	Bank of Ireland	65

Next Cork BHAA Events -

Novartis 5k: 6th August 8:00 pm (Ringaskiddy)

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