

Results of the FMC 4 Mile Road Race
25th January 2009 (Under B.H.A.A. Rules)

Pos.	Athlete	Business	Cat.	Time
1	James McCarthy	McCarthy		20 : 26
2	Sean McGrath	McGrath Landscapes		20 : 26
3	Colin Merritt	Army	O35	20 : 43
4	Con Marshall	HSE		21 : 21
5	Shane Simcox	Leisure World		21 : 40
6	Paul Tucker	Temp		21 : 47
7	Kevin Wilmot	Bandon Tyres		21 : 57
8	John Shanahan	Dept of Ed		22 : 07
9	Frank O'Carroll	Proscon		22 : 08
10	George Waugh	FAS		22 : 10
11	Alan O'Reilly	Temp		22 : 12
12	John Meade	Joyce Wolfe Physio		22 : 29
13	Terry O'Brien	Temp		22 : 30
14	Donal Coakley	Avondue Motor Factors		22 : 31
15	Kieran O'Sullivan	Cork Garda	M35	22 : 35
16	Dave Muldowney	Temp		22 : 37
17	Cosmas de Burca	FAS		22 : 42
18	Noel O'Regan	Army	M40	22 : 48
19	Tony O'Keeffe	Temp		22 : 51
20	Brendan Delaney	Temp		22 : 53
21	Simon Mangan	Temp		23 : 13
22	Mark McMahon	Phoenix Clinic	M35	23 : 30
23	Ruadhri Devitt	Dept of Ed		23 : 31
24	John Collins	Team Adidas	M50	23 : 42
25	Kevin Edwards	Jim Edwards Restaurant Kinsale	M40	23 : 46
26	Michael Buckley	Joyce Wolfe Physio		23 : 50
27	Joe Gough	Milleeven Fine Foods	M55	23 : 53
28	Ken Mulcahy	Temp		23 : 56
29	Chris Harrington	Chris Harrington Construction		23 : 57
30	Grattan O'Rourke	Temp		23 : 58
31	Kevin Smith	Temp		23 : 58
32	Johnny Sullivan	Abbeytown Construction	M35	24 : 00
33	David O'Dwyer	Proscon	M35	24 : 01
34	Louise Cavanagh	Temp		24 : 02
35	John Lynch	Temp		24 : 08
36	Conor McMahon	Phoenix Clinic	M40	24 : 13
37	Stanislaw Byczek	Dairy Power	M45	24 : 17
38	Alan Whittaker	UCC		24 : 17
39	Ken Devine	UCC	M40	24 : 18
40	Ian O'Leary	Temp		24 : 24
41	Pearse Lyons	Temp		24 : 26
42	David O'Mahony	CITCO		24 : 26
43	Antoinette Quaid	Temp		24 : 31
44	Paul Walsh	Temp		24 : 33
45	Paul Shanahan	Navy	M40	24 : 35
46	David O'Callaghan	Temp		24 : 37
47	David O'Mahony	Temp		24 : 39
48	Eamonn Carroll	Temp		24 : 41
49	Willie Walsh	Army		24 : 42
50	Christy O'Connor	Temp		24 : 43
51	Denis Carroll	Blarney Woollen Mills	M45	24 : 44
52	Ann McPhail	University College Limerick	F35	24 : 44
53	John O'Callaghan	Temp		24 : 50
54	Paul O'Driscoll	Pfizers Ringaskiddy		24 : 51

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55	Pat Breen	Temp		24	:	53
56	Mark Bulman	Army	M45	24	:	54
57	David Hickey	Temp		24	:	55
58	John Whiriskey	Temp		24	:	56
59	Nicholas Pike	Temp		25	:	01
60	Kieran Brennan	Navy	M40	25	:	01
61	Jerry Moore	IPS		25	:	05
62	Tommy Cooper	Murjoy	M45	25	:	07
63	Jon Leniston	Temp		25	:	09
64	Edward McDonnell	Denis Cronin Electrical		25	:	10
65	John Cashman	Midleton News	M40	25	:	10
66	Brian O'Sullivan	Temp		25	:	11
67	Don Keohane	IPS	M40	25	:	14
68	Donal Vaughan	Temp		25	:	18
69	Martin Curtin	Temp		25	:	25
70	John Dunphy	Midleton News	M35	25	:	27
71	Mary Sweeney	Private Hospitals	F45	25	:	28
72	Linda Geary	Bank of Ireland		25	:	33
73	Fergal Quinlan	PFH Computers	M35	25	:	38
74	Dan Horgan	Midleton UDC	M50	25	:	49
75	Brendan O'Mahony	Temp		25	:	55
76	Brian Healy	Temp		25	:	59
77	Tom Hartnett	ESB	M45	26	:	03
78	Dan Kennedy	Temp		26	:	04
79	Neily Hall	Temp		26	:	08
80	Willie O'Riordan	Army	M50	26	:	09
81	Stephen Barrett	UCC		26	:	10
82	Conor Murray	Janssen	M40	26	:	11
83	Martin Fogarty	NSC	M45	26	:	13
84	Neilus Aherne	Midleton UDC		26	:	16
85	Eddie Byrne	IPS	M40	26	:	18
86	Brian O'Callaghan	Temp		26	:	20
87	Helen Leonard	Temp		26	:	21
88	Trevor Mahony	Proscen		26	:	25
89	John O'Riordan	UCC	M50	26	:	29
90	Mick Dooley	IPS	M40	26	:	31
91	Denis Cronin	Denis Cronin Electrical	M45	26	:	32
92	Gary Relihan	Boston Scientific	M35	26	:	32
93	Adam Duchnicz	Midleton UDC	M35	26	:	34
94	Alice Venables	Temp		26	:	36
95	John O'Driscoll	FAS	M50	26	:	37
96	Thomas Meade	Temp		26	:	42
97	Joe Murphy	Cork County Council	M50	26	:	46
98	Damien O'Driscoll	Temp		26	:	48
99	Donal Kelly	Temp		26	:	53
100	John O'Connell	Midleton UDC		26	:	57
101	Adrian Fitzmaurice	Temp		26	:	59
102	Sally Drennan	Dept of Ed	F40	27	:	00
103	Pat O'Connor	Logitech	M40	27	:	01
104	Mick Murphy	Temp		27	:	06
105	Tony O'Brien	Temp		27	:	08
106	Mick Walsh	Army	M40	27	:	11
107	Paul O'Connell	Temp		27	:	15
108	John Leahy	Navy	M45	27	:	16
109	Irene Hartigan	UCC		27	:	21

Results of the FMC 4 Mile Road Race
25th January 2009 (Under B.H.A.A. Rules)

110	Seamus Cotter	Temp		27 : 23
111	Tim Lordan	Janssen		27 : 24
112	Hanorah Kelleher	HSE	F40	27 : 25
113	Richard Forrest	Temp		27 : 27
114	Eoin Field	Proscen		27 : 28
115	Patrick Maher	Temp		27 : 29
116	Ken Owens	An Post Eircom	M40	27 : 34
117	Michael Hanrahan	Temp		27 : 37
118	Edmund Galvin	Millipore	M35	27 : 37
119	Brian Shiels	Navy		27 : 38
120	Jer Pentony	Navy		27 : 38
121	Patrick Hession	Novartis		27 : 38
122	John Morrissey	UCC		27 : 39
123	Stephen Creedon	Temp		27 : 41
124	Jim McGrath	Temp		27 : 44
125	Liam O'Leary	Cork City Council	M60	27 : 46
126	John Walsh	Temp		27 : 47
127	Joyce Wolfe	Joyce Wolfe Physio		27 : 48
128	Billy O'Sullivan	Temp		27 : 49
129	Tim Clarke	Waterstones		27 : 51
130	David Hegarty	Temp		27 : 53
131	Paul Walsh	Temp		27 : 55
132	Mike McGrath	Riverside Dental Clinic	M45	27 : 56
133	Seamus Cahill	IPS	M45	27 : 57
134	Kevin Barry	UCC		27 : 58
135	Fergal O'Meara	AA Archer	M40	27 : 59
136	Billy Woods	Temp		28 : 00
137	Dermot Curley	An Post Eircom		28 : 03
138	Ned Ramsell	Midleton News		28 : 04
139	Patrick Rahilly	Temp		28 : 05
140	Paddy Gyves	ITW Hi-Cone	M60	28 : 06
141	Derek Murphy	Temp		28 : 07
142	Bridgid Liston	Leisure World		28 : 08
143	Jason Kelly	Temp		28 : 09
144	Pat O'Donohue	Temp		28 : 12
145	Michael Brennan	Dept of Ed		28 : 13
146	Thomas Kelly	Navy	M50	28 : 14
147	Kay O'Mahony	Temp		28 : 15
148	Colm Murphy	Temp		28 : 15
149	Gillian Cotter	UCC		28 : 16
150	Marie Marshall	Dept of Ed		28 : 18
151	Charlie Bird	Temp		28 : 18
152	Pat Dineen	Eli Lilly	M45	28 : 20
153	Tom Cuddihy	Dept of Ag	M35	28 : 21
154	Dermot Herlihy	Millipore		28 : 25
155	Kevin Burke	Temp		28 : 27
156	Ann Marie Power	Glenside Environmental	F35	28 : 32
157	Barry O'Callaghan	Temp		28 : 32
158	David McEvoy	Temp		28 : 34
159	Flor Twohig	Temp		28 : 40
160	Mary Murphy	HSE	F45	28 : 41
161	Tony Cooke	Twomey Transport		28 : 42
162	Rachel O'Callaghan	Temp		28 : 47
163	Maurice Kelly	Temp		28 : 47
164	Liam Donovan	Janssen	M50	28 : 48

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165	Stephen Lynch	Temp		28	: 59
166	Tadhg Murnane	Temp		29	: 00
167	Andrea Ghelfi	Janssen	F35	29	: 05
168	Dermot Linehan	Temp		29	: 06
169	John Power	Temp		29	: 07
170	Noel Crowley	Temp		29	: 08
171	Liam O'Connor	Temp		29	: 10
172	Jimmy Murray	HSE	M60	29	: 11
173	Siobhan Murphy	Pfizers Ringaskiddy		29	: 15
174	John Cotter	ESB	M65	29	: 16
175	Gerry O'Connor	Plant Hire	M50	29	: 17
176	Aine Murphy	UCC	F45	29	: 21
177	Kieran Mullane	EMC	M40	29	: 23
178	Aidan Buckley	Temp		29	: 25
179	John Lynch	Temp		29	: 39
180	Peter Hartigan	Temp		29	: 40
181	Kevin Morrisson	AA Archer	M45	29	: 45
182	Kieran Healy	Healys	M40	29	: 46
183	Anne Keohane	Temp		29	: 48
184	Terry O'Connell	Temp		29	: 50
185	Eamonn Hayes	Temp	M40	29	: 52
186	Stephen Geoghan	EMC		29	: 54
187	Luke Bollard	Temp		29	: 55
188	David Merriman	Bank of Ireland	M40	29	: 57
189	John McCarthy	Temp		29	: 57
190	Dave Griffin	Temp		29	: 58
191	Padraig deBurca	Little Island Pharmacy	M40	30	: 00
192	David Cotter	Cork Painters	M60	30	: 01
193	Angela McSweeney	Temp		30	: 01
194	Aidan McCarthy	Temp		30	: 02
195	Owen Marshall	Temp		30	: 02
196	Anthony Walsh	Temp		30	: 04
197	Yannick Lavanant	Temp		30	: 05
198	Finbarr Burns	Temp		30	: 05
199	Martin Bohane	Temp		30	: 06
200	June Twomey	Temp		30	: 07
201	Susan Delaney	Temp		30	: 08
202	Elaine Guinane	Temp		30	: 09
203	Rachel Carolan	Temp		30	: 10
204	Kevin Phelan	Temp		30	: 10
205	John O'Mahony	UCC	M65	30	: 10
206	Ger Scully	Schering Plough	F40	30	: 12
207	Garry Hannaffan	Temp		30	: 12
208	Andrew O'Farrell	Pfizers Ringaskiddy		30	: 16
209	John O'Halloran	ESB		30	: 17
210	Batt Kearney	Temp		30	: 18
211	Neil Bohane	Temp		30	: 20
212	Catherine O'Donovan	Janssen		30	: 21
213	Katie Hickson	Temp		30	: 22
214	Colm Cosgrave	Temp		30	: 24
215	Stephen Burke	Temp		30	: 25
216	Theresa Barrett	Temp		30	: 27
217	Frank Linehan	Plant Hire	M55	30	: 28
218	Sean Aherne	Pfizers Little Island		30	: 30
219	Tony Neiland	Millipore	M40	30	: 31

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220	Tim O'Callaghan	Temp		30	:	33
221	Brian Twomey	Temp		30	:	35
222	Thomas Deasy	Temp		30	:	36
223	Maurice Leahy	Riverside Dental Clinic	M45	30	:	43
224	Danny McCarthy	An Post Eircom	M55	30	:	45
225	Darren Kelly	Temp		30	:	46
226	Anthony Horgan	Cork Painters	M40	30	:	47
227	Richard McCarthy	Temp		30	:	50
228	Christy O'Driscoll	Pfizers Ringaskiddy	M60	30	:	52
229	Tony Cooper	Temp		30	:	53
230	Catherine Carroll	Temp		30	:	53
231	James Hickey	Gillian Science		31	:	00
232	Eileen McCarthy	Temp		31	:	00
233	Darren O'Donovan	Janssen	M35	31	:	02
234	Ronan O'Leary	O'Learys		31	:	02
235	Brendan Kelly	Temp		31	:	03
236	John Quigley	Statsol	M55	31	:	07
237	JJ Chambers	Janssen	M35	31	:	09
238	Michael O'Cruaioi	Ballyburden Meats	M45	31	:	11
239	Noel O'Toole	Temp		31	:	12
240	Tony O'Sullivan	Temp		31	:	14
241	Donie O'Connell	Midleton News	M55	31	:	15
242	Maura Collins	Ronnie Moore	F40	31	:	17
243	John Coleman	Temp		31	:	18
244	Nicola Keenaghan	Temp		31	:	23
245	Vincent Murray	Temp		31	:	30
246	Barry Ryan	Novartis		31	:	32
247	Catherine O'Sullivan	Abbeytown Construction	F35	31	:	36
248	Gillian Hennessy	Temp		31	:	39
249	Mary Mulcahy	Bank of Ireland	F45	31	:	41
250	Austin Murphy	Boyne Valley	M60	31	:	43
251	Patrick O'Driscoll	Pfizers Little Island	M40	31	:	46
252	Darragh Conway	Riverside Dental Clinic	M40	31	:	47
253	Con Warren	Little Island Pharmacy	M40	31	:	50
254	Ted Linehan	Plant Hire	M50	31	:	51
255	Mark Collins	Janssen		31	:	53
256	Jennifer Hurley	Temp		31	:	54
257	John Crowley	Temp		31	:	55
258	Stephen Koch	UCC		31	:	57
259	Mary Evans	Temp		31	:	57
260	Aine Corrigan	Dept of Ed		32	:	05
261	Laurence Keating	Temp		32	:	13
262	Dan Nagel	ITW Hi-Cone	M60	32	:	17
263	Anthony Attridge	Temp		32	:	17
264	Bernard Crowley	Janssen	M40	32	:	18
265	Paul Kerins	Little Island Pharmacy	M40	32	:	18
266	Michael McCarthy	Sisk Builders	M45	32	:	19
267	Tony O'Keeffe	Temp		32	:	19
268	Pat O'Keeffe	Temp		32	:	20
269	Donal O'Donohue	NSC	M40	32	:	20
270	Robbie Cremin	Temp		32	:	21
271	Alison Harrison	Temp		32	:	22
272	Marie Dooley	Cork County Council		32	:	26
273	Ann Marie Perry	Midleton News		32	:	27
274	Kevin O'Driscoll	Pfizers Ringaskiddy	M40	32	:	28

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275	Michael Dineen	Temp		32	: 32
276	Brendan Curtin	Temp		32	: 34
277	Tim O'Donohue	West Cork Electrical	M45	32	: 37
278	Paudie Hyde	Temp		32	: 50
279	Margaret Barry	Midleton News	F55	32	: 53
280	Frazer Heslip	Temp		33	: 00
281	Amy Wolfe	Joyce Wolfe Physio		33	: 04
282	Aengus Grant	Temp		33	: 06
283	Paudie Linehan	Temp		33	: 11
284	Karen Neiland	Cognis Ireland Ltd	F40	33	: 13
285	Donnacha O'Connell	Temp		33	: 13
286	Marjorie Clohessy	Temp		33	: 16
287	Jer O'Brien	Janssen	M35	33	: 17
288	Paul Finnegan	Temp		33	: 23
289	Audrey O'Sullivan	Temp		33	: 27
290	Sonya Clifford	McAfee Ireland	F35	33	: 28
291	Elaine Hennessy	Temp		33	: 29
292	Ger Halbert	Temp		33	: 30
293	Louise O'Keeffe	Riverside Dental Clinic	F40	33	: 31
294	Michelle McGrath	Temp		33	: 40
295	Tom Cusack	Temp		33	: 43
296	Ann Marie Sheridan	Temp		33	: 49
297	Bernard Sisk	Sisk Builders	M60	33	: 50
298	Donal Bollard	Temp		33	: 54
299	Kieran Murphy	Temp		33	: 57
300	Roy Cummins	Cummins	M60	33	: 57
301	Anthony Patterson	Temp		34	: 01
302	Veronica Doherty	Temp		34	: 07
303	Aoife Carroll	Temp		34	: 21
304	Kieran Keohane	Temp		34	: 21
305	Sarah Cahill	Temp		34	: 26
306	Owen O'Brien	Temp		34	: 26
307	Ann Savage	Temp		34	: 30
308	Tony Carey	Temp		34	: 31
309	Debbie Barbar	Temp		34	: 33
310	Paddy Daly	Army	M60	34	: 34
311	Tim Geary	Atkins	M60	34	: 37
312	Barry Coleman	Temp		34	: 41
313	Maura Docherty	Midleton News	F35	34	: 43
314	Gearoid Healy	Temp		34	: 44
315	Linda Hegarty	Midleton News		34	: 45
316	Kevin Hedderman	Temp		34	: 59
317	Elaine Dineen	Temp		35	: 04
318	Carol Twomey	Temp		35	: 04
319	Sean Sexton	Novartis	M40	35	: 04
320	Dermot Cashman	Little Island Pharmacy	M45	35	: 06
321	Rose Barrett	Temp		35	: 08
322	Eamonn Nash	Temp		35	: 08
323	Francis Buckley	UCC	F45	35	: 12
324	Margaret Beausang	Midleton News		35	: 19
325	Claire Mullins	Temp		35	: 23
326	Eimear O'Flanagan	Temp		35	: 28
327	Darren O'Brien	Temp		35	: 29
328	Sharon Mulcahy	Temp		35	: 29
329	Frank Kelleher	Cork City Council	M65	35	: 33

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330	Aileen Woods	Temp		35	: 34
331	Laura Fitzpatrick	Temp		35	: 35
332	Daithi Merrick	Irish Aggregates	M40	35	: 37
333	Joan McCarthy	Bank of Ireland	F50	35	: 38
334	Vincent O'Neill	EMC		35	: 52
335	Sinead O'Flanagan	Temp		35	: 54
336	Mark Murphy	Janssen	M40	36	: 00
337	Ann Marie O'Donovan	Temp		36	: 03
338	Leonie Merrick	Dept of Ed		36	: 05
339	Lorraine Mann	Temp		36	: 07
340	Stephen Coralan	Temp		36	: 08
341	Billy Caball	BHAA	M65	36	: 11
342	Noel McEvoy	Slumberdown	M55	36	: 13
343	Heidi Robinson	Dept of Ed	F35	36	: 16
344	Ann Oxboro	Temp		36	: 24
345	Tom Cunningham	Temp		36	: 28
346	Ann Toibin	Millipore	F40	36	: 28
347	Catherine Kelly	Temp		36	: 28
348	Nicola Ghelfi	Janssen	F35	36	: 34
349	Fiona Geary	Temp		36	: 37
350	David McKeown	Leisure World		36	: 38
351	Billy Griffin	Temp		36	: 41
352	Cathy D'Arcy	Temp		37	: 01
353	Michelle Ryan	Temp		37	: 07
354	Tom Coakley	Temp		37	: 12
355	Sinead Cullinane	Temp		37	: 20
356	Niamh Hallihan	Temp		37	: 25
357	Kate Cuddihy	Temp		37	: 25
358	Fiachra Bracken	Novartis	M35	37	: 39
359	Olivia Deasy	Temp		37	: 48
360	Mary Tuohy	Temp		37	: 56
361	Antoinette Mulcahy	Temp		38	: 06
362	Sandra Morey	Temp		38	: 08
363	Michael Daly	Temp		38	: 12
364	Dave Herlihy	Pfizers Little Island	M35	38	: 18
365	Sinead McDaid	Temp		38	: 19
366	Aileen O'Keefe	Temp		38	: 24
367	Pat Harrington	Pfizers Little Island	M40	38	: 41
368	Pat Fleming	Temp		38	: 42
369	Caitriona Gillane	Temp		39	: 01
370	Savit Biba	Temp		39	: 17
371	Elaine Lyons	Temp		39	: 23
372	Aine Barrett	Temp		39	: 35
373	Steve Guinane	Temp		39	: 37
374	Mary Linehan	Temp		39	: 45
375	Kate O'Callaghan	Temp		40	: 33
376	Kate Gibney	Temp		40	: 42
377	Emma Tierney	Temp		40	: 44
378	Grainne Kearns	Temp		40	: 52
379	Caroline Treacy	Temp		41	: 34
380	Ann Marie Sheehan	Temp		41	: 43
381	Billy Timlin	Temp		41	: 57
382	Donna Marie McLoughlin	Temp		45	: 49
383	Mary Toher	Dept of Ed	F50	46	: 17
384	Louise O'Connell	Temp		47	: 15

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385	David Walsh	Temp		47	:	16
386	Eimear Kelly	Temp		47	:	37
387	Louise Mahon	Temp		48	:	05
388	Audrey Young	Ronnie Moore		50	:	02
	Wheelchair					
	Jerry Forde	HSE				

	Men's Results
1	James McCarthy
2	Sean McGrath
3	Colin Merritt
	O/40
1	Noel O'Regan
2	Kevin Edwards
3	Conor McMahan
	O/45
1	Stanislaw Byczek
2	Denis Carroll
3	Mark Bulman
	O/50
1	John Collins
2	Dan Horgan
3	Willie O'Riordan
	O/55
1	Joe Gough
2	John O'Halloran
3	Frank Linehan
	O/60
1	Liam O'Leary
2	Paddy Gyves
	O/65
1	John Cotter
2	John O'Mahony
	Wheelchair
1	Jerry Forde

	Mens A Team	Points
1	Army	70
2	UCC	158
3	Dept of Ed	176
	Mens B Teams	Points
1	FAS	122
2	Proscion	130
3	IPS	213
4	Army	242
5	Midleton UDC	251

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6	Midleton News	273
7	UCC	345
8	Pfizers Ringaskiddy	533
9	Novartis	686
	Mens C Teams	Points
1	Navy	311
2	ESB	460
3	An Post	477
4	Millipore	491
5	Plant Hire	646
6	EMC	697

	Ladies Individual
1	Ann McPhail
2	Mary Sweeney
3	Linda Geary
	O/35
1	Anne Marie Power
2	Catherine O'Sullivan
3	Sonia Clifford
	O/40
1	Sally Drennan
2	Hanora Kelleher
3	Maria Collins
	O/45
1	Mary Murphy
2	Aine Murphy
3	Mary Mulcahy
	O/50
1	Margaret Beausang
2	Joan McCarthy
	O/55
1	Margaret Barry

	Womens A Teams	Points
1	Dept of Ed	14
2	UCC	14
3	HSE	18
4	BOI	21
	Womens B Teams	Points
1	Joyce Wolfe Physio	30
2	Midleton News	43
3	UCC	44
4	Janssen	51
5	Ronnie Moore	52
6	Dept of Ed	52
7	Midleton News	57

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Next Cork BHAA Events -

Cross Country - 15th Feb @ 11am
Beaumont Park

ESB 5k - 1st March @ 11 am
Mahon