

Results of the Grandons 5 Mile Road Race - 31st May, 2010

(Under B.H.A.A. Rules)

Pos.	Athlete	Business	Cat.	Time	Pace	Pos.	Athlete	Business	Cat.	Time	Pace
1	Con Marshall	HSE		27:03	05:25	70	Denis O'Shea	Cork Garda	M50	33:54	06:47
2	Sam Petit	Temp		27:31	05:30	71	John McCoughlan	Janssen		34:00	06:48
3	Sean Dowling	Temp		27:40	05:32	72	Seamus Cahill	IPS	M45	34:08	06:50
4	Shane Simcox	Leisureworld		27:54	05:35	73	Willie Horgan	Army		34:08	06:50
5	Don Keohane	IPS	M40	28:36	05:43	74	Peter Guinning	Dept of Ed	M50	34:17	06:51
6	Denis Dunne	Army		28:41	05:44	75	Leonard Lyons	Temp		34:32	06:54
7	Paul Duggan	Fair Lane Tavern	M40	28:47	05:45	76	John O'Connell	Midleton News		34:36	06:55
8	John Lynch	Temp		29:05	05:49	77	Darragh Walsh	Temp		34:38	06:56
9	Kieran Sullivan	Cork Garda		29:33	05:55	78	Sally Drennan	Dept of Ed	F40	34:41	06:56
10	Tony O'Keeffe	Temp		29:37	05:55	79	Peter Stanley	Temp		34:48	06:58
11	Brian Linehan	Group 4 Securicor	M45	29:57	05:59	80	Michael Meade	Temp		34:50	06:58
12	Norman Kelly	Statsol		29:58	06:00	81	Brian Mullins	Temp		34:52	06:58
13	John Collins	Team Adidas	M50	29:58	06:00	82	Tony Cooke	Flexible Connectors	M45	34:53	06:59
14	Alan Whitaker	UCC		29:59	06:00	83	Allan McNamara	Nestle		34:56	06:59
15	Brendan Lynch	Temp		30:02	06:00	84	Aoife O'Mahony	Temp		34:59	07:00
16	George Murray	Murray Coaches		30:04	06:01	85	Clare O'Callaghan	Mercer/IBTS		35:02	07:00
17	Robbie Willaims	Temp		30:06	06:01	86	Richard Clifford	Temp		35:06	07:01
18	Rhona Lynch	GE Healthcare		30:25	06:05	87	Michael Brennan	Dept of Ed		35:13	07:03
19	Neilus Aherne	Midleton UDC	M50	30:27	06:05	88	Coleen Bennett	Temp		35:16	07:03
20	Stephan Allan	Temp		30:36	06:07	89	Michael O'Donovan	Graphics Source	M40	35:16	07:03
21	Ivor Crocker	Novartis		30:37	06:07	90	Paul O'Connor	Temp		35:17	07:03
22	Donal Broderick	Midleton UDC	M40	30:39	06:08	91	Clo Fitzgibbon	Avondhu Motor Factors	F40	35:21	07:04
23	Willie Hayes	An Post Eircom	M50	30:46	06:09	92	Ciaran Lynch	Temp		35:22	07:04
24	Billy Carr	Temp		30:50	06:10	93	Liam Donovan	Janssen		35:23	07:05
25	Jonathon Leniston	Temp		30:55	06:11	94	Brian Kavanagh	Temp		35:24	07:05
26	Kevin Curran	EMC		30:55	06:11	95	Pio Treacy	Cork County Council		35:30	07:06
27	Michael Corbett	Corbetts		31:00	06:12	96	John Halloran	ESB	M55	35:32	07:06
28	John Cashman	Midleton News	M45	31:11	06:14	97	Pat J Murphy	Navy	M45	35:37	07:07
29	Paul O'Connell	Navy		31:12	06:14	98	John Finn	Treasury Solutions	M40	35:37	07:07
30	Edmond O'Sullivan	Midleton UDC	M45	31:16	06:15	99	Paul Dillon	Proscon	M40	35:39	07:08
31	Elmer Morrissey	RPS		31:25	06:17	100	Sean Freeman	IPS	M40	35:41	07:08
32	Michelle Nolan	Midleton News	F35	31:32	06:18	101	Stephan Egan	Temp		35:43	07:09
33	Neil Dineen	Southern Law		31:35	06:19	102	Michael Kiely	W + M Kiely	M65	35:44	07:09
34	John Griffin	Blarney Woollen Mills	M40	31:38	06:20	103	Therese Crowley	Dept of Ed	F35	35:52	07:10
35	Mary Sweeney	Private Hospitals	M45	31:46	06:21	104	Padraig O'Regan	Temp		35:52	07:10
36	Eddie Byrne	IPS	M40	31:53	06:23	105	Vincent O'Connell	Temp		35:54	07:11
37	Kevin O'Leary	Purcell Scaffolding	M55	31:58	06:24	106	David Burke	UCC	M40	35:56	07:11
38	Michael Dooley	IPS	M40	32:01	06:24	107	Joan Hough	Dept of Ed	F50	35:59	07:12
39	Bob Moloney	Temp		32:07	06:25	108	Denise Twohig	HSE	F35	36:05	07:13
40	William O'Riordan	Army	M55	32:09	06:26	109	Steve O'Halloran	IPS	M45	36:06	07:13
41	Ronan Kenneally	Temp		32:13	06:27	110	John Carey	Temp		36:07	07:13
42	Bernard O'Sullivan	Temp		32:14	06:27	111	Breda Cahill	Midleton News	F35	36:08	07:14
43	Tom Hennessey	Navy	M45	32:16	06:27	112	Denis O'Sullivan	Temp		36:11	07:14
44	John O'Mahony	Temp		32:21	06:28	113	Chris Herilhy	Temp		36:13	07:15
45	Philip Coffey	Southern Law	M40	32:22	06:28	114	Enda McCarthy	Temp		36:14	07:15
46	Brian Cotter	IPS		32:24	06:29	115	David Barry	Temp		36:14	07:15
47	Darran Mulcahy	Temp		32:33	06:31	116	Christy O'Driscoll	Pfizers Ringaskiddy	M60	36:17	07:15
48	Donal Courtney	Temp		32:38	06:32	117	Stephan McCarthy	Temp		36:23	07:17
49	Marc Dalton	Midleton UDC		32:44	06:33	118	Declan Daly	Statsol	M40	36:26	07:17
50	Dermot Murphy	Temp		32:53	06:35	119	Richard O'Byrne	Temp		36:30	07:18
51	Richard Leahy	Temp		32:54	06:35	120	Richard Casey	Temp		36:35	07:19
52	Colman O'Hanlon	Denis Cronin Electrical		33:07	06:37	121	Paul Healy	EMC		36:38	07:20
53	Kieran Shannon	Temp		33:08	06:38	122	Vincent Shearidan	Temp		36:39	07:20
54	Karol Watson	Temp		33:11	06:38	123	Jimmy Murray	HSE	M60	36:41	07:20
55	John Dunphy	Flexible Connectors	M40	33:13	06:39	124	Assumpta Barry	BOI	F35	36:42	07:20
56	Philip Oakley	Irish Hockey Ltd		33:21	06:40	125	Neil Alistir	Temp		36:42	07:20
57	Michael Clancey	Clancy Calibration		33:22	06:40	126	Tony Neiland	Millipore	M45	36:47	07:21
58	Denis Cronin	Cronins Electrical	M45	33:23	06:41	127	Ann Marie Perry	Midleton News	F35	36:48	07:22
59	John O'Donovan	Temp		33:28	06:42	128	Aine Murphy	UCC	F45	36:54	07:23
60	Ned Ramsell	Flexible Connectors		33:30	06:42	129	Michael O'Tuara	Temp		36:58	07:24
61	David McMahan	Temp		33:31	06:42	130	Kevin Quilligan	AIB	M55	36:59	07:24
62	Phil Corcoran	Temp		33:31	06:42	131	Barry Collins	Temp		37:00	07:24
63	Dunnchad O'Dannabhain	Newsweaver		33:32	06:42	132	Karen Neiland	Cognis Irl Ltd	F40	37:01	07:24
64	Neil Creedon	Temp		33:33	06:43	133	Emmett Foley	Temp		37:03	07:25
65	Nick Bent	Army	M45	33:34	06:43	134	Ted O'Leary	Temp		37:05	07:25
66	Michael O'Connor	Army	M60	33:45	06:45	135	Martin O'Sullivan	Dept of Ed	M55	37:10	07:26
67	Karen Prendergast	Temp		33:50	06:46	136	Niamh O'Dwyer	Temp		37:10	07:26
68	Liam Cashman	Temp		33:51	06:46	137	Alan Heffernan	Temp		37:13	07:27
69	Eric Oars	ADT Fire & Security		33:53	06:47	138	Ciara Mangan	Temp		37:14	07:27

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(Under B.H.A.A. Rules)

Pos.	Athlete	Business	Cat.	Time	Pace	Pos.	Athlete	Business	Cat.	Time	Pace
139	Pat O'Regan	Regans		37:16	07:27	208	Martin Morrissey	Temp		40:44	08:09
140	Stephan Koch	UCC	M40	37:17	07:27	209	Denis Hegarty	Temp		40:45	08:09
141	John Gettings	Janssen		37:23	07:29	210	Margaret Barry	Midleton News	F55	40:46	08:09
142	Donal O'Donohue	NSC	M40	37:25	07:29	211	Rory O'Brien	Temp		40:47	08:09
143	Mick Allan	Temp		37:27	07:29	212	Breda Power	Temp		41:07	08:13
144	Susan Delaney	Temp		37:28	07:30	213	James Murphy	Temp		41:08	08:14
145	Paul O'Dea	Temp		37:34	07:31	214	Bridgid Boyd	Temp		41:08	08:14
146	Dave Herlihy	Pfizers Little Island	M40	37:36	07:31	215	Paddy Daly	Army	M60	41:19	08:16
147	Tadgh O'Brien	Temp	M40	37:44	07:33	216	Brendan Hayes	FAS	M55	41:20	08:16
148	John Walshe	Temp		37:48	07:34	217	Rikki Horgan	EMC		41:22	08:16
149	Frank Linehan	Plant Hire	M55	37:49	07:34	218	Ger Hayes	Temp		41:32	08:18
150	Alan Dwyer	Temp		37:52	07:34	219	Irene Eighan	Novartis		41:35	08:19
151	Michael Maolain	Temp		37:55	07:35	220	Niall O'Driscoll	Temp		41:57	08:23
152	John Fitzpatrick	An Post Eircom	M40	37:56	07:35	221	Niall Dunne	Temp		42:05	08:25
153	David Barrett	Cork Garda		37:57	07:35	222	Sheila Power	Temp		42:18	08:28
154	Gary McGlynn	Temp		38:00	07:36	223	Donal O'Sullivan	Temp		42:25	08:29
155	Peter Cowley	Temp		38:00	07:36	224	Brendan Dolan	Temp		42:26	08:29
156	Jerry O'Connor	Plant Hire	M50	38:01	07:36	225	Niall O'Sullivan	Temp		42:27	08:29
157	Andre Ghelfi	Janssen		38:01	07:36	226	Catherine Murphy	Temp		42:30	08:30
158	Danny McCarthy	An Post Eircom	M55	38:02	07:36	227	Margaret Rohan	Midleton News	F50	42:30	08:30
159	Marguerite Maher	Temp		38:05	07:37	228	Jer O'Brien	Janssen		42:31	08:30
160	Eoghan Burke	Temp		38:10	07:38	229	Daiithi Merrick	Irish Aggregates	M40	42:32	08:30
161	Dolores Duffey	Little Island Pharmacy	F40	38:12	07:38	230	Fintan Walsh	Temp		42:35	08:31
162	Sean Crowley	Temp		38:12	07:38	231	Leonie Merrick	Dept of Ed	F35	42:38	08:32
163	Liam Aherne	EMC		38:13	07:39	232	Adam Douglas	Temp		42:38	08:32
164	Roisin Buckley	Temp		38:14	07:39	233	Ken Anthony	Temp		42:45	08:33
165	Rhona Campbell	Cork Garda		38:15	07:39	234	Valerie Lynch	Lynch's	F35	43:07	08:37
166	Monica Twohig	Eolas	F45	38:22	07:40	235	Mark Murphy	Janssen	M40	43:10	08:38
167	Evan Barry	Temp		38:32	07:42	236	Elizabeth O'Dell	Temp		43:11	08:38
168	John Duggan	Temp		38:33	07:43	237	Gillian Guiney	Temp		43:13	08:39
169	Bernard Sisk	Sisk Builders	M60	38:35	07:43	238	Una Raggett	Ballincollig Runners	F50	43:18	08:40
170	John Earls	Temp		38:40	07:44	239	Kathleen Cronin	Temp		43:23	08:41
171	Batt Kearney	Blarney Woollen Mills	M50	38:44	07:45	240	Michael O'Sullivan	Temp		43:25	08:41
172	Kevin Cronin	Temp		38:45	07:45	241	Declan Kelly	Temp		43:26	08:41
173	David McCarthy	Temp		38:47	07:45	242	Denis Manning	Cork County Council		43:28	08:42
174	Padraig Maguire	Temp		38:51	07:46	243	Marie Creedon	Temp		43:29	08:42
175	Ger Murphy	Temp		38:54	07:47	244	Charlie Higgins	Temp		43:31	08:42
176	Kay Allen	Cope	F45	39:01	07:48	245	Rose Hackett	Temp		43:39	08:44
177	Sharon McNamara	Temp		39:01	07:48	246	Moirá Morrissey	IPS	F40	43:44	08:45
178	Justin Twomey	Temp		39:02	07:48	247	John Paul Hegarty	Temp		43:46	08:45
179	Dan Kingston	Graphics Source	M55	39:03	07:49	248	Chris O'Donovan	Temp		43:54	08:47
180	Mary Lucy	Temp		39:12	07:50	249	Margaret Beausang	Midleton News	F50	44:03	08:49
181	John O'Mahony	UCC	M70	39:13	07:51	250	Emer Holland	Temp		44:05	08:49
182	David Murphy	Temp		39:14	07:51	251	John Holland	An Post Eircom	M60	44:07	08:49
183	Ray Murphy	Temp		39:15	07:51	252	Trish Bruton	Temp		44:08	08:50
184	Jason Power	Temp		39:16	07:51	253	Pat Meaney	Temp		44:14	08:51
185	Denis Walsh	Temp		39:17	07:51	254	Jill Delaney	Temp		44:18	08:52
186	Charles Bogue	Temp		39:17	07:51	255	Jane Aherne	Cork Garda		44:21	08:52
187	Trish Murphy	Temp		39:18	07:52	256	George Finn	Temp		44:22	08:52
188	Aidan Buckley	Cork Painters	M45	39:30	07:54	257	Marion Fitton	Temp		44:23	08:53
189	Martin Mullane	Temp		39:32	07:54	258	Sripriya Nama	Temp		44:26	08:53
190	Grainne O'Callaghan	HSE	F35	39:34	07:55	259	Gillian O'Leary	Southern Law	F35	44:31	08:54
191	Liam Buckle	Temp		39:36	07:55	260	Aileen	Temp	F55	44:42	08:56
192	Derry O'Gorman	Temp		39:36	07:55	261	Claire Coleman	Southern Law	F35	44:44	08:57
193	Neilus Murphy	Army	M45	39:42	07:56	262	Jeremy McMellimey	Temp		44:45	08:57
194	Paul Harrington	Avondhu Motor Factors	M45	39:45	07:57	263	Jamie Reidy	Temp		44:49	08:58
195	John Quigley	Statsol		39:48	07:58	264	Aishling Hurley	Temp		44:49	08:58
196	Colm Harrington	Temp		39:50	07:58	265	Gobnait McGrath	McGraths	F45	45:04	09:01
197	James Spillane	Temp		39:50	07:58	266	Frankie Kelleher	Janssen	F35	45:05	09:01
198	Jem Mehmet	Temp		39:53	07:59	267	Colette O'Neill	Temp		45:11	09:02
199	Ray Hall	Temp		39:53	07:59	268	Sarah Sinnott	Temp		45:25	09:05
200	Seamus Bruton	Temp		39:54	07:59	269	Eileen Mylod	Mylods	F45	45:31	09:06
201	Denise Hickey	Janssen	F35	40:06	08:01	270	Jean McInerney	Temp		45:37	09:07
202	Kevin O'Driscoll	Pfizers Ringaskiddy		40:10	08:02	271	Theresa Tierney	Temp		45:40	09:08
203	Colm Murphy	Temp		40:30	08:06	272	Aishling Beauman	Temp		45:45	09:09
204	Noreen Hurley	Pfizers Ringaskiddy		40:39	08:08	273	Margaret Mulcahy	Temp		45:54	09:11
205	Noreen Kelleher	Temp		40:40	08:08	274	Nessa Goggin	Temp		45:55	09:11
206	Elaine Hennessy	Midleton News	F50	40:41	08:08	275	Cliona Kelleher	Temp		45:59	09:12
207	Pat Ryan	Temp		40:43	08:09	276	Michael O'Donohue	Temp		46:05	09:13

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Pos.	Athlete	Business	Cat.	Time	Pace	Pos.	Athlete	Business	Cat.	Time	Pace
277	Linda Harney	Southern Law	F40	46:08	09:14						
278	Kate Cuddy	Temp		46:16	09:15						
279	Colm Jordan	Flexible Connectors	F35	46:42	09:20						
280	Patrick Hallihan	Temp		46:42	09:20						
281	Niall O'Driscoll	Temp		46:47	09:21						
282	Michael O'Regan	Temp		47:02	09:24						
283	Frank Kelleher	Cork City Council	M65	47:52	09:34						
284	Susanne Moynihan	Temp		47:58	09:36						
285	Martha Keeley	Temp		48:07	09:37						
286	Valerie Foley	Temp		48:09	09:38						
287	Finbarr Harty	Temp		48:12	09:38						
288	Margaret Quain	Temp		48:13	09:39						
289	Monica McGrath	Temp		48:43	09:45						
290	Lilly Nugent	Temp		48:51	09:46						
291	Linda Watson	Temp		49:20	09:52						
292	Sarah O'Mahony	Temp		49:24	09:53						
293	Bernie Spelman	Temp		49:24	09:53						
294	Jacinta Mackey	Temp		50:01	10:00						
295	Cliona Ni Drisceol	Temp		50:02	10:00						
296	Orla Sheehan	Temp		50:40	10:08						
297	Siobhan Curtin	Temp		50:42	10:08						
298	Brendan Cronin	Temp		50:49	10:10						
299	Marie Curtin	Temp		51:04	10:13						
300	Sharon Power	Temp		51:05	10:13						
301	Cait Meighan	Southern Law		51:46	10:21						
302	Hillary Lynch	Temp		51:47	10:21						
303	Kenneth Lynch	Temp		53:06	10:37						
304	Susan McCarthy	Temp		53:42	10:44						
305	Valerie O'Callaghan	Temp		53:42	10:44						
306	Sheila Carey	Temp		53:59	10:48						
307	Claire Hanley	Temp		55:21	11:04						
308	Jane Healy	Temp		57:23	11:29						
309	Mary Toher	Dept of Ed		57:31	11:30						

Results of the Grandons 5 Mile Road Race - 31st May, 2010

(Under B.H.A.A. Rules)

Men's Results

- 1 Con Marshall
- 2 Shane Simcox
- 3 Don Keohane

O/40

- 1 Paul Duggan
- 2 Donal Broderick
- 3 Eddie Byrne

O/45

- 1 Brian Linehan
- 2 John Cashman
- 3 Edmond O'Sullivan

O/50

- 1 John Collins
- 2 Neilus Aherne
- 3 Willie Hayes

O/55

- 1 Kevin O'Leary
- 2 Willie O'Riordan
- 3 John O'Halloran

O/60

- 1 Michael O'Connell
- 2 Christy O'Driscoll

O/65

- 1 Michael Kiely

O/70

- 1 John O'Mahony

Mens A Team

	Points
1 Midleton UDC	71
2 IPS	79
3 Army	111

Mens B Team

	Points
1 Navy	169
2 Flexible Connectors	197
3 IPS	218

Mens C Team

	Points
1 Cork Garda	232
2 UCC	260
3 Dept of Ed	296

Ladies Individual

- 1 Rhona Lynch
- 2 Michelle Nolan
- 3 Mary Sweeney

O/35

- 1 Trish Crowley
- 2 Denise Twohig
- 3 Breda Cahill

O/40

- 1 Sally Drennan
- 2 Clo Fitzgerald
- 3 Karen Neiland

O/45

- 1 Anne Murphy
- 2 Monica Twohig
- 3 Kay Allen

O/50

- 1 Joan Hough
- 2 Elaine Hennessy
- 3 Margaret Rohan

O/60

- 1 Margaret Barry

Ladies A Team

	Points
1 Midleton News	143
2 Dept of Ed	181

Ladies B Team

	Points
1 HSE	298
2 Midleton News	333

Next BHAA Events

John Buckley Sports 5k

Tuesday 15th June 8:00pm

Entries & changing at Lee Rowing Club, Marina

AIB (Dan Kingston Memorial) 5k

Thursday 1st July 8:00 pm

Entries & changing at Community Centre, Macroom