

Results of the Iniscarra 4 Mile Classic Road Race
23rd November 2008 (Under B.H.A.A. Rules)

Pos.	Athlete	Business	Cat.	Time
1	Raivis Zakis	Glaxo		21 : 23
2	Tim Murphy	Carrigcourt		22 : 02
3	Tim O'Connor	John F Supple		22 : 03
4	Shane Simcox	Simcox Training		22 : 10
5	Colm O'Donovan	O'Donovan		22 : 13
6	Kevin Wilmot	Bandon Tyres		22 : 43
7	Liam Reale	Wild Orchard Smoothies		22 : 52
8	Brian Hegarty	Pfizers Little Island		23 : 01
9	John Meade	Temp		23 : 06
10	George Waugh	FAS		23 : 09
11	Wesley McNamara	Temp		23 : 18
12	Donal Coakley	Carrigcourt		23 : 19
13	Mark Bickerdyke	Blarney School of Motoring	M45	23 : 32
14	Liam Slattery	Simcox Training		23 : 51
15	Fergus Wall	Sallyport	M40	24 : 12
16	Brian O'Connor	Carrigcourt		24 : 16
17	Mark McMahon	Phoenix Clinic		24 : 19
18	Kieran Collins	Temp		24 : 28
19	Conor McMahon	Phoenix Clinic	M40	24 : 47
20	Denis Carroll	Blarney Woollen Mills	M45	24 : 53
21	Paul Kearney	Temp		24 : 56
22	John Desmond	Hormann Electronics	M40	24 : 57
23	Grattan O'Rourke	Army		24 : 59
24	Willie Walsh	Army		25 : 07
25	Claire McCarthy	Ulster Bank		25 : 08
26	David O'Callaghan	Temp		25 : 10
27	Chris Harrington	Temp		25 : 21
28	David O'Mahony	Citco		25 : 24
29	Conor Collins	Temp		25 : 33
30	Owen Cummins	IPS		25 : 36
31	Jim Mannix	Temp		25 : 40
32	Ken Devine	UCC	M40	25 : 41
33	Mary Sweeney	Private Hospitals	F45	25 : 45
34	Michael Lynch	Temp		25 : 52
35	John Dunphy	Midleton News		25 : 58
36	Paul O'Driscoll	Temp		26 : 00
37	Michael Mulcahy	EMC		26 : 01
38	Declan Murphy	Temp		26 : 05
39	Pat Twomey	UCC	M55	26 : 12
40	Paul Shanahan	Navy	M40	26 : 13
41	John O'Driscoll	FAS	M50	26 : 17
42	Sean O'Sullivan	ESB		26 : 21
43	Matt Cussen	Rorsa		26 : 23
44	James Barry	Temp		26 : 24
45	Mark Bulman	Army	M45	26 : 26
46	Gary Relihan	Boston Scientific		26 : 29
47	Tadhg Lynch	Dillon & Co		26 : 32
48	Ronan Power	Power		26 : 34
49	Christy O'Connell	Temp		26 : 39
50	Eddie Byrne	IPS	M40	26 : 49
51	John Whiriskey	Temp		26 : 51
52	Peter McCarthy	Kearney & Kavanagh		26 : 53
53	Cathal McCarthy	Temp		26 : 54
54	Eddie McDonnell	Denis Cronin Electrical		26 : 55

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55	Barry O'Connell	UCC	M45	26	: 56
56	Kevin Sievewright	Statsol	M40	26	: 57
57	Dan Kennedy	DMP	M55	27	: 00
58	Fidelma Kirwan	Sensory Labs	F40	27	: 02
59	Margo Dinan	Leasing Co of Ireland	F40	27	: 03
60	Maurice Tobin	Carrigcourt	M55	27	: 12
61	TJ Buck	HSE	M55	27	: 15
62	Fergal Quinlan	PFH Computers		27	: 18
63	Padraig McCarthy	Temp		27	: 21
64	Mike McGrath	Stryker	M45	27	: 24
65	Brian Healy	An Post Eircom		27	: 24
66	Pat Dineen	Eli Lilly	M45	27	: 26
67	Adam Duchniz	Temp		27	: 26
68	Michael Meade	Temp		27	: 27
69	Tony O'Brien	Dept of Ed	M45	27	: 28
70	Brian Ahern	Temp		27	: 29
71	Michael Dooley	IPS	M40	27	: 33
72	Pat O'Connor	Temp		27	: 46
73	James Ryan	Temp		27	: 50
74	John Morrissey	UCC		27	: 53
75	Richard Forrest	Temp		27	: 59
76	Paudie Birmingham	Simcox Training		28	: 02
77	Conor O'Brien	Temp		28	: 06
78	Stephen Creedon	Temp		28	: 10
79	Denis Sheehan	UCC	M45	28	: 14
80	Joe Murphy	Cork County Council		28	: 17
81	Sean Twomey	Temp		28	: 22
82	Grace Crowley	Temp		28	: 26
83	Niall Ambrose	Temp		28	: 31
84	John Griffin	Blarney Woollen Mills		28	: 33
85	John Walshe	Temp		28	: 34
86	Caitriona Leahy	Musgraves		28	: 35
87	Donie Shine	Duhallow Business	M50	28	: 38
88	Seamus Cahill	IPS	M45	28	: 47
89	Jason Kelly	Pfizers Little Island		28	: 53
90	John O'Callaghan	Temp		28	: 54
91	Kieran Mullane	EMC		28	: 56
92	Martin Neville	Denis Cronin Electrical		28	: 58
93	Paddy Gyves	ITW Hi Cone	M60	28	: 59
94	Donal Kelly	Pfizers Little Island		29	: 00
95	Gillian Cotter	UCC		29	: 03
96	Stephen Murphy	Denis Cronin Electrical	M50	29	: 07
97	Denis Cronin	Denis Cronin Electrical	M45	29	: 09
98	Gail Mullaney	Musgraves		29	: 10
99	Bridget Liston	Leisure World		29	: 11
100	Victor Kiely	Temp		29	: 13
101	Tom Kelly	Navy	M50	29	: 17
102	Claire Buckley	Temp		29	: 21
103	Nicola Goulding	Temp		29	: 22
104	Ned Ramsell	Midleton News		29	: 24
105	Geraldine O'Shea	Cork City Council	F40	29	: 28
106	Jonathan Barrett	Temp		29	: 29
107	John Holland	An Post Eircom	M55	29	: 32
108	Fergal O'Meara	AA Archer		29	: 33
109	Derek Duggan	Temp		29	: 36

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110	Karen Kenny	Carrigcourt		29	: 37
111	Niall Coughlan	Temp		29	: 39
112	Michael Hanrahan	Navy		29	: 41
113	John O'Halloran	IPS	M40	29	: 41
114	Laurence Courtney	Cork City Council	M45	29	: 42
115	Andrew Geaney	Apple Computers	M50	29	: 43
116	PJ Murphy	Navy	M40	29	: 45
117	Damien Nagle	Temp		29	: 46
118	Batt Kearney	Blarney Woollen Mills	M50	29	: 47
119	Patrick Hession	IPS		29	: 49
120	Tom Cuddihy	Temp		29	: 58
121	Eddie Lowe	Temp		30	: 03
122	Jerry Casey	Temp		30	: 07
123	Jimmy Murray	HSE	M60	30	: 09
124	Neilus Aherne	Temp		30	: 10
125	Maurice Kelly	Temp		30	: 12
126	Christy Murphy	Johnson & Perrott	M50	30	: 13
127	Mary Buckley	Temp		30	: 18
128	Aine Murphy	UCC	F45	30	: 21
129	Anthony Walsh	Sisk Builders	M45	30	: 23
130	Kieran Crean	Temp		30	: 27
131	Andrew Ghelfi	Janssen	M70	30	: 33
132	Liam Cashman	LSI Storage		30	: 34
133	Mary Murphy	HSE	F45	30	: 38
134	Don O'Riordan	FRS Network	M50	30	: 40
135	Michael O'Cruaioi	Ballyburden Meats	M40	30	: 41
136	Liam O'Donovan	Janssen	M50	30	: 43
137	John Cotter	ESB	M60	30	: 44
138	Don O'Hanlon	O'Hanlon		30	: 52
139	Anne Marie Power	Temp		30	: 53
140	Deirdre Buckley	Temp		31	: 00
141	Monica Twohig	Sensory Labs	F45	31	: 02
142	Dave Cotter	Cork Painters	M60	31	: 03
143	Sinead Buckley	Temp		31	: 06
144	Michael O'Brien	Cork County Council		31	: 13
145	Kevin Quilligan	AIB	M50	31	: 17
146	Marie Murphy	Temp		31	: 20
147	Mark Gettigan	Temp		31	: 22
148	Tony Neiland	Temp		31	: 28
149	Caroline Geary	Cork Solicitors		31	: 28
150	Dylan Merrick	Temp		31	: 33
151	Pat O'Mahony	Sisk Builders		31	: 33
152	Frank Linehan	Plant Hire	M55	31	: 36
153	Patrick Rahilly	Temp		31	: 36
154	John O'Leary	Bookdeal		31	: 37
155	Gerry O'Sullivan	Temp		31	: 45
156	Charlie Cooney	An Post Eircom	M50	31	: 46
157	Mike McCarthy	Sisk Builders	M45	31	: 47
158	Barry O'Sullivan	Temp		31	: 48
159	Donie O'Connell	Midleton News	M55	31	: 53
160	Danny McCarthy	An Post Eircom	M55	32	: 01
161	Jerry O'Connor	Plant Hire	M50	32	: 01
162	Kevin Phelan	CSO		32	: 03
163	George Webb	Plant Hire	M65	32	: 04
164	Elaine Guinnane	Temp		32	: 07

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165	Margaret Hegarty	Temp		32	: 15
166	Dan Nagle	ITW Hi Cone	M60	32	: 29
167	Richard Archer	AA Archer		32	: 31
168	Oneri Kovachi	Temp		32	: 37
169	Bernard Sisk	Sisk Builders	M60	32	: 37
170	Tony O'Sullivan	RPS	M50	32	: 39
171	Sein O'Laoghaire	Colaiste C		32	: 41
172	Aidan Duffy	Temp		32	: 46
173	Judith O'Keeffe	Togher Pallets	F40	32	: 52
174	John Fitzgerald	Temp		32	: 57
175	Kevin Morrisson	Temp		33	: 04
176	Tim O'Donoghue	West Cork Electrical	M45	33	: 06
177	John O'Mahony	UCC	M65	33	: 22
178	Chrissie Buckley	Temp		33	: 27
179	Patrick Fitzgibbon	Dept of Ed	M55	33	: 45
180	Roberto	NSC	M45	33	: 46
181	Mary Mulcahy	BOI	F45	33	: 48
182	Emma Mooney	WYG		33	: 57
183	Jane McGrath	Temp		33	: 58
184	Paddy Daly	Army	M60	34	: 04
185	Roy Cummins	Cummins	M60	34	: 05
186	Fintan Hunt	Newhunt		34	: 06
187	Willie O'Mahony	Quality	M60	34	: 12
188	Elaine Hennessy	Temp		34	: 17
189	Imelda Lyons	Temp		34	: 21
190	Tricia Murray	Temp		34	: 29
191	Christy O'Driscoll	Pfizers Ringaskiddy	M60	34	: 35
192	Laurence Murphy	Temp		34	: 44
193	Marian Lyons	Flextronic Core	F50	34	: 45
194	Mairead Green	Dept of Ed		34	: 48
195	Aine Corrigan	Dept of Ed		35	: 15
196	Donal O'Donoghue	NSC	M40	35	: 19
197	Margaret Beausang	Midleton News	F50	35	: 37
198	Heidi Robertson	Robertson	F35	35	: 39
199	Marian Fitton	Private Hospitals	F45	35	: 43
200	Michael Sexton	NSC		35	: 46
201	Daithi Merrick	Irish Aggregates		35	: 56
202	Elaine Woods	Temp		36	: 05
203	Kerrie Braun	Temp		36	: 11
204	Maggie Dunne	Carrigcourt	F60	36	: 47
205	Margaret O'Shea	Temp		36	: 47
206	Sean O'Shea	Temp		36	: 58
207	Frank Kelleher	Cork City Council	M65	36	: 58
208	Ellen O'Mahony	Temp		37	: 01
209	Niamh Fleming	Temp		37	: 09
210	Jim McMurtry	Midleton News	M60	37	: 25
211	Eleanor O'Leary	Temp		37	: 36
212	Billy Caball	Cork Weightliftin	M65	37	: 36
213	Patricia O'Mahony	Temp		37	: 42
214	Marie Creedon	CSO	F40	37	: 49
215	Bernard Brosnan	Temp		37	: 51
216	Leonie Merrick	Coachford College	F35	37	: 58
217	Chris McLennon	EMC		37	: 58
218	Frankie Kelleher	Temp		38	: 19
219	Betty O'Riordan	JF Gould Solicitors	F50	38	: 23

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220	Joan McCarthy	BOI	F50	38	24
221	Angela Tobin	HSE	F45	39	10
222	Angela Mulcahy	Temp		39	27
223	Tom Cunningham	Temp		39	53
224	Kathleen O'Connell	Midleton News	F55	41	00
225	Mary Toher	Dept of Ed	F50	41	37
226	Aine Barrett	Temp		42	58
227	Kitty Buckley	Temp		45	00
228	Pam Barry	Temp		46	00
	Wheelchair				
	Jerry Forde	HSE			

	Men's Results	
1	Raivis Zakis	Glaxo
2	Tim Murphy	Carrigcourt
3	Tim O'Connor	John F Supple
	O/40	
1	Fergus Wall	Sallyport
2	Conor McMahon	Phoenix Clinics
3	John Desmond	Hormanns Electronics
	O/45	
1	Mark Bickerdyke	Blarney School of Motoring
2	Denis Carroll	Blarney Woollen Mills
3	Mark Bulman	Army
	O/50	
1	John O'Driscoll	FAS
2	Joe Murphy	Cork County Council
3	Donie Shine	Duhallow Business
	O/55	
1	Pat Twomey	UCC
2	Dan Kennedy	DMP
3	Maurice Twomey	Carrigcourt
	O/60	
1	Paddy Gyves	ITW Hi Cone
2	Jimmy Murray	HSE
	O/65	
1	John O'Leary	Bookdeal
2	George Webb	Plant Hire
3	John O'Mahony	UCC
	Wheelchair	
1	Jerry Forde	HSE
	Mens A Team	Points
1	Carrigcourt	30
2	Simcox Training	93
3	Pfizers Little Island	189

Results of the Iniscarra 4 Mile Classic Road Race
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Mens B Teams		Points
1	Army	92
2	UCC	126
3	IPS	150
Mens C Teams		Points
1	ESB	212
2	Blarney Woollen Mills	220
3	Denis Cronin Electrical	240
Ladies Individual		
1	Claire McCarthy	Ulster Bank
2	Mary Sweeney	Private Hospitals
3	Fidhma Kirwan	Sensory Labs
O/35		
1	Heidi Robertson	Roberston
2	Leonie Merrick	Coachford College
O/40		
1	Margo Dinan	Leasing Co of Ireland
2	Geraldine O'Shea	Cork City Council
3	Judith O'Keeffe	Togher Pallets
O/45		
1	Aine Murphy	UCC
2	Mary Murphy	HSE
3	Monica Twohig	Sensory Labs
O/50		
1	Marian Lyons	Flextronic Core
2	Margaret Beausang	Midleton News
O/55		
1	Kathleen O'Connell	Midleton News
O/60		
1	Maggie Dunne	Carrigcourt
Womens A Teams		Points
1	Musgraves	12
2	Sensory Labs	16
Womens B Teams		Points
1	Bank of Ireland	45
2	Midleton News	51

Next Cork BHAA Events -

Simon Charity 5k, Saturday 13th December at 11am
 Entries at Mahon Community Centre

AGM - 10th December at 8pm at The Orchard Bar Ballinlough