

Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

| Pos. | Athlete | Business | Cat. | Time |
|------|-------------------|-----------------------|------|-------|
| 1 | Colin Merritt | Army | | 25:45 |
| 2 | Sean McGrath | McGrath Landscapes | | 26:06 |
| 3 | Tim Twomey | Senator Windows | | 26:49 |
| 4 | Cillian O'Tuama | Arris | | 26:56 |
| 5 | Danny Smith | Team Adidas | | 27:18 |
| 6 | Alan Whitaker | UCC | | 27:26 |
| 7 | Paul Gallagher | UCC | | 28:09 |
| 8 | Kevin Smith | Midleton UDC | | 28:29 |
| 9 | Tom Laffan | HSE | M40 | 28:34 |
| 10 | Anthony O'Brien | IPS | M40 | 28:57 |
| 11 | Rory O'Sullivan | Dept of Ed | | 29:00 |
| 12 | Ronan O'Shea | Cork County Council | | 29:02 |
| 13 | Conor Tierney | McGrath Landscapes | | 29:08 |
| 14 | Tim Clarke | The Edge Sports Shop | | 29:15 |
| 15 | Colm O'Leary | Bord Gais | | 29:28 |
| 16 | Ken Devine | UCC | M45 | 29:33 |
| 17 | Marc Dalton | Midleton UDC | | 29:43 |
| 18 | Michael Corbett | Musgraves | | 29:48 |
| 19 | Alex O'Shea | Cork City Council | | 29:56 |
| 20 | Aidan Looney | EMC | | 30:01 |
| 21 | Norman Kelly | Statsol | | 30:02 |
| 22 | John O'Connell | Temp | | 30:03 |
| 23 | Dave Lyons | The Edge Sports Shop | | 30:10 |
| 24 | Anthony McGuire | Eli Lilly | | 30:14 |
| 25 | John Collins | Team Adidas | M50 | 30:21 |
| 26 | David Craig | Cork Garda | | 30:32 |
| 27 | Brian McSweeney | Temp | | 30:35 |
| 28 | Alan O'Brien | Temp | | 30:39 |
| 29 | Colin O'Herlihy | Logitech | M40 | 30:41 |
| 30 | Brendan O'Reilly | Temp | | 30:47 |
| 31 | Stephen Geoghegan | EMC | | 30:52 |
| 32 | Ann Marie Holland | Travel Ireland | F45 | 30:55 |
| 33 | Mark McMahan | Solvit Food Solutions | M40 | 30:56 |
| 34 | John Desmond | Statsol | M45 | 30:56 |
| 35 | Jonathan Finn | Cork City Council | | 30:59 |
| 36 | James Ryan | Temp | | 30:59 |
| 37 | Niall O'Herlihy | Team Adidas | | 31:00 |
| 38 | Tom Cody | Midleton UDC | M55 | 31:01 |
| 39 | John Dunphy | Flexible Connectors | M40 | 31:08 |
| 40 | Sean Finn | Joyce Wolfe Physio | M45 | 31:10 |
| 41 | Willie Hayes | An Post Eircom | M55 | 31:12 |
| 42 | John Kelly | Temp | | 31:23 |
| 43 | Sonia Urbannovska | TGV Express | | 31:23 |
| 44 | Tony Cambridge | Temp | | 31:33 |
| 45 | Carmel Parnell | Cork Shops | F55 | 31:35 |
| 46 | Sean O'Sullivan | MSL | | 31:37 |
| 47 | Fergal O'Meara | Midleton UDC | M40 | 31:37 |
| 48 | John Griffin | Flexible Connectors | M40 | 31:43 |
| 49 | John Cashman | Midleton News | M45 | 31:52 |
| 50 | Geraldine O'Shea | Cork County Council | F40 | 31:54 |
| 51 | John O'Mahony | Musgraves | M40 | 31:56 |
| 52 | Fergal Sargent | Cork Airport | | 31:59 |
| 53 | Finbarr O'Dwyer | IPS | | 31:59 |
| 54 | Daithi O'Reilly | Bord Gais | M45 | 32:00 |
| 55 | Deirdre Nagle | Colour is Magic | | 32:00 |
| 56 | James Callanan | Temp | | 32:02 |
| 57 | Mark Bulman | Army | M45 | 32:04 |

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(Under B.H.A.A. Rules)

| | | | | |
|-----|-------------------|-------------------------|-----|-------|
| 58 | Paul McGrath | Temp | | 32:12 |
| 59 | Pat Twomey | UCC | M60 | 32:12 |
| 60 | Helen Leonard | Shournagh Childcare | F35 | 32:22 |
| 61 | Michael Lucy | Temp | | 32:22 |
| 62 | Kevin O'Leary | Purcell Scaffolding | M55 | 32:26 |
| 63 | Philip Hayes | Temp | | 32:27 |
| 64 | Paul Walsh | Pfizers Little Island | | 32:37 |
| 65 | Martyn Underhill | Army | M40 | 32:39 |
| 66 | Ann Moore | Orion Sports | F45 | 32:41 |
| 67 | Ronan Boland | Temp | | 32:42 |
| 68 | Niall Mackey | Temp | | 32:47 |
| 69 | Niall O'Donovan | Temp | | 32:48 |
| 70 | Cian McParthalain | Navy | | 32:49 |
| 71 | Owen Harte | Temp | | 32:53 |
| 72 | Owen O'Connell | Cork City Council | | 32:56 |
| 73 | Neil Dineen | Southern Law | | 32:58 |
| 74 | Charlie Gannon | Xilinx | | 32:59 |
| 75 | Dermot Kelly | Southern Law | | 33:01 |
| 76 | Joe Murphy | Cork County Council | M55 | 33:04 |
| 77 | Fergal Quinlan | PFH Computers | M40 | 33:05 |
| 78 | Robert Lynch | Temp | | 33:07 |
| 79 | Denis Carroll | Blarney Woollen Mills | M50 | 33:11 |
| 80 | Tim Kelleher | IPS | | 33:13 |
| 81 | Shane Mulcahy | Temp | | 33:24 |
| 82 | John O'Sullivan | Bord Gais | | 33:24 |
| 83 | Ray Harrington | Trend Micro | | 33:30 |
| 84 | Niall O'Callaghan | Cork County Council | | 33:31 |
| 85 | Dan Horgan | Midleton UDC | M55 | 33:35 |
| 86 | Denis Cronin | Denis Cronin Electrical | M45 | 33:36 |
| 87 | Stephen Creedon | Denis Cronin Electrical | | 33:39 |
| 88 | Roger O'Mahony | CBC Staff | | 33:46 |
| 89 | Michael Corcoran | Temp | | 33:55 |
| 90 | Brendan Power | Cork Garda | | 33:56 |
| 91 | Brian Coll | Temp | | 33:58 |
| 92 | Ryan Quinn | GMC Motorcycles | | 33:59 |
| 93 | Charlie Byrd | Musgraves | M45 | 34:00 |
| 94 | David Tate | Temp | | 34:01 |
| 95 | Niall Manning | Temp | | 34:02 |
| 96 | Gillian Hennessy | Temp | | 34:03 |
| 97 | Liam Murphy | Bord Gais | | 34:05 |
| 98 | Denis Kelleher | Temp | | 34:06 |
| 99 | Trevor O'Neill | Flexible Connectors | | 34:06 |
| 100 | Breda Cahill | Midleton News | M70 | 34:12 |
| 101 | Ann Wolfe | Atkins | F35 | 34:14 |
| 102 | Terry Dalton | Temp | | 34:15 |
| 103 | Jim Joe Buckley | HSE | M60 | 34:18 |
| 104 | Paul Kenny | VM Ware | | 34:30 |
| 105 | Esther Murphy | Temp | | 34:31 |
| 106 | Michael O'Connor | Army | M60 | 34:42 |
| 107 | Michael Brennan | Dept of Ed | M40 | 34:46 |
| 108 | Orla Crosbie | HSE | M70 | 34:50 |
| 109 | Dan Kennedy | DMP | M55 | 34:50 |
| 110 | Ian Burke | Burkes | M40 | 34:52 |
| 111 | Michael Dooley | IPS | M45 | 34:52 |
| 112 | John Holland | An Post Eircom | M60 | 34:53 |
| 113 | Nick Bent | Army | M50 | 34:54 |
| 114 | David Moloney | GE Healthcare | | 34:54 |
| 115 | Gerard Down | Temp | | 34:56 |

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(Under B.H.A.A. Rules)

| | | | | |
|-----|---------------------|-----------------------|-----|-------|
| 116 | Jamie Cotter | Temp | | 34:58 |
| 117 | Tony Huff | Team Adidas | M55 | 34:58 |
| 118 | Denis White | Temp | | 34:59 |
| 119 | Marian Dillon | Orion Sports | | 35:00 |
| 120 | John Carey | Cork Airport | M45 | 35:02 |
| 121 | Cathal Kelly | ESB | | 35:03 |
| 122 | Aidan Henry | Flexible Connectors | M40 | 35:09 |
| 123 | Colm Cosgrave | Temp | | 35:09 |
| 124 | Richard Leahy | Temp | | 35:12 |
| 125 | Stephen O'Mahony | Cork Airport | | 35:16 |
| 126 | Kevin Power | Hill Rom | M40 | 35:20 |
| 127 | Niamh Cronin | Temp | | 35:20 |
| 128 | Clive Daunt | Temp | | 35:21 |
| 129 | Simon Long | Pilz Irl | | 35:24 |
| 130 | Gillian Cotter | UCC | F35 | 35:28 |
| 131 | Shane Brogrin | Temp | | 35:33 |
| 132 | Rob Scanlon | Eli Lilly | | 35:36 |
| 133 | Dara O'Sullivan | Temp | | 35:36 |
| 134 | Gordon Flaghan | Temp | | 35:39 |
| 135 | Michael Mullain | Southern Law | | 35:41 |
| 136 | Elaine Guinane | Dept of Ed | | 35:44 |
| 137 | Denis Looney | Marriot | M40 | 35:45 |
| 138 | Jerry O'Connor | Plant Hire | M55 | 35:47 |
| 139 | Denis Gogan | Temp | | 35:48 |
| 140 | Pat O'Keeffe | Temp | | 35:50 |
| 141 | Vincent O'Neill | EMC | M40 | 35:52 |
| 142 | Paul Scannell | Ferrero | | 35:53 |
| 143 | Kathleen Kelly | Pfizers Ringaskiddy | F35 | 35:56 |
| 144 | Charles Russell | Moog Ltd. | | 35:57 |
| 145 | Jimmy Murray | HSE | M60 | 36:00 |
| 146 | Richard Forrest | Temp | | 36:05 |
| 147 | Michael O'Keeffe | Temp | | 36:10 |
| 148 | Margaret Dempsey | Temp | | 36:12 |
| 149 | Kate O'Donnell | Temp | | 36:14 |
| 150 | Chris Carroll | HSE | M55 | 36:14 |
| 151 | John McCarthy | Terry & Co | M50 | 36:18 |
| 152 | Mary Histon DeBarra | HSE | F40 | 36:19 |
| 153 | Mary O'Keeffe | Midleton News | F45 | 36:19 |
| 154 | Padraig O'Connor | Temp | | 36:20 |
| 155 | Don Ryan | Southern Law | M45 | 36:21 |
| 156 | Sharon McNamara | Cork Garda | F35 | 36:22 |
| 157 | Alan McNamara | Cork Garda | M40 | 36:23 |
| 158 | Brendan Tobin | Temp | | 36:27 |
| 159 | Ger Keohane | Temp | | 36:32 |
| 160 | Gearoid Ferriter | Temp | | 36:37 |
| 161 | Ronan McCarthy | Pfizers Ringaskiddy | | 36:40 |
| 162 | Batt Kearney | Blarney Woollen Mills | M50 | 36:41 |
| 163 | Paul O'Brien | Temp | | 36:41 |
| 164 | Tony Neiland | Millipore | M45 | 36:42 |
| 165 | Martin O'Sullivan | Dept of Ed | M55 | 36:46 |
| 166 | Cathal Casey | Temp | | 36:48 |
| 167 | Colm O'Regan | Temp | | 36:50 |
| 168 | Brendan Coakley | Janssen | | 36:51 |
| 169 | Darragh Walsh | Xilinx | | 36:52 |
| 170 | Briain Madden | The Edge Sports Shop | | 36:58 |
| 171 | Trevor Murphy | Cork Airport | | 37:00 |
| 172 | Susan Harte-Barry | Temp | | 37:04 |
| 173 | John Cotter | Novartis | | 37:05 |

Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

| | | | | |
|-----|---------------------|----------------------|-----|-------|
| 174 | John Delaney | Temp | | 37:07 |
| 175 | Eamonn Murphy | St. Patricks College | M50 | 37:07 |
| 176 | Rhona Campbell | Cork Garda | | 37:08 |
| 177 | Frank Linehan | Plant Hire | M60 | 37:08 |
| 178 | Ken Tierney | Temp | | 37:12 |
| 179 | Mike Mullane | Temp | | 37:15 |
| 180 | John Paul Deasy | Moog Ltd | | 37:15 |
| 181 | John O'Riordan | Temp | | 37:16 |
| 182 | Kevin McKeown | Temp | | 37:19 |
| 183 | Shane O'Connell | Temp | | 37:22 |
| 184 | Brian Smyth | Temp | | 37:23 |
| 185 | Colin O'Brien | Moog Ltd | | 37:24 |
| 186 | Alan Foley | Temp | | 37:29 |
| 187 | Paul Hannon | Temp | | 37:32 |
| 188 | Ian Gregory | Temp | | 37:33 |
| 189 | Colin Lawless | Temp | | 37:46 |
| 190 | Stephen Koch | UCC | M40 | 37:49 |
| 191 | Mary Cotter | EPA | F45 | 37:56 |
| 192 | Paul Griffin | Temp | | 37:59 |
| 193 | John Buckley | Temp | F40 | 38:00 |
| 194 | Simon Fitzgerald | Temp | | 38:01 |
| 195 | Ned Ramsell | Flexible Connectors | | 38:02 |
| 196 | Adrian O'Connor | Mercer | | 38:03 |
| 197 | Eleanor Fennessy | Novartis | | 38:04 |
| 198 | Christine Murphy | Mercer | | 38:07 |
| 199 | Luke Mahony | Temp | | 38:08 |
| 200 | Tom O'Neill | IPS | M50 | 38:09 |
| 201 | John Murphy | ADT | F65 | 38:10 |
| 202 | Barry Ryan | Novartis | | 38:11 |
| 203 | Mick Murphy | MOB Doors | M40 | 38:13 |
| 204 | Kate Moore | Temp | | 38:15 |
| 205 | Anthony Quinn | Temp | | 38:15 |
| 206 | James Weldon | Temp | F50 | 38:15 |
| 207 | Francis O'Connor | Dept of Education | M55 | 38:16 |
| 208 | Kerry Constant | Irish Oxygen | | 38:21 |
| 209 | Roberta O'Brien | Navy | F35 | 38:21 |
| 210 | Martina Burke | EPA | M40 | 38:27 |
| 211 | Anthony Horgan | Cork Painters | | 38:42 |
| 212 | Kevin O'Donovan | EMC | M70 | 38:43 |
| 213 | John O'Leary | Bookdeal | | 38:45 |
| 214 | Kevin Phelan | Temp | | 38:46 |
| 215 | Judy O'Brien | Temp | | 38:48 |
| 216 | Alan Foley | Temp | | 38:49 |
| 217 | Colin McTaggart | Temp | | 38:49 |
| 218 | Richard Murphy | Temp | M60 | 38:49 |
| 219 | Donie O'Connell | Mid News | F35 | 38:53 |
| 220 | Mary O'Connell | IPS | M40 | 38:54 |
| 221 | Vincent Murray | CBC staff | | 39:00 |
| 222 | Kevin Looney | Temp | | 39:04 |
| 223 | Jonathon Hyde | Temp | | 39:05 |
| 224 | David O'Connell | Temp | | 39:05 |
| 225 | Deirdre Quinlan | Temp | | 39:06 |
| 226 | Manuel Nadac | GNC Motorcycles | | 39:08 |
| 227 | Gerard Stapleton | ESB | | 39:09 |
| 228 | Grainne O'Callaghan | HSE | F35 | 39:10 |
| 229 | Anthony Walsh | Sisks Builders | M45 | 39:13 |
| 230 | Kieran Curtin | Temp | | 39:15 |
| 231 | Danny Mc Carthy | An Post-Eircom | M60 | 39:16 |

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(Under B.H.A.A. Rules)

| | | | | |
|-----|--------------------------|--------------------|-----|-------|
| 232 | Liam O'Leary | Janssen | | 39:17 |
| 233 | Kevin O'Driscoll | Pfizer Ring | M55 | 39:20 |
| 234 | Donal O'Donoghue | NSC | M40 | 39:21 |
| 235 | Eileen Collins | Supervalue | F35 | 39:22 |
| 236 | John O'Leary | Temp | | 39:22 |
| 237 | Brian Twomey | EMC | | 39:26 |
| 238 | Sean O'Riordan | Temp | | 39:27 |
| 239 | Tim Mc Carthy | Bord Gais Eireann | | 39:29 |
| 240 | Peter Kelly | Moog Ltd | M50 | 39:30 |
| 241 | Rosaleen Kelly | Temp | F50 | 39:38 |
| 242 | Ken Nyhan | Temp | | 39:39 |
| 243 | William Sullivan | Temp | | 39:42 |
| 244 | Laura Galvin | Temp | | 39:45 |
| 245 | Brian Murphy | Temp | | 39:49 |
| 246 | Liam Callanan | McGinty & O'Shea | M40 | 39:51 |
| 247 | Earphones | Temp | | 39:52 |
| 248 | Robert McCarthy | Temp | | 39:55 |
| 249 | Andrew O'Farrell | Pfizer Ring | M55 | 39:56 |
| 250 | Dolores Duffy | Temp | | 39:47 |
| 251 | Mike O'Halloran | Temp | | 40:00 |
| 252 | John Quigley | Statsol | M55 | 40:01 |
| 253 | Andrew O'Leary | United Technology | F65 | 40:04 |
| 254 | Tony O'Sullivan | Cork City Council | M50 | 40:07 |
| 255 | Paul O'Connell | Temp | | 40:09 |
| 256 | Nan Kearney | Temp | | 40:16 |
| 257 | Margaret Bradfield | Southern Law | M70 | 40:18 |
| 258 | James Spillane | Temp | | 40:28 |
| 259 | Earphones | Temp | | 40:31 |
| 260 | Yvonne Kenny | Temp | | 40:31 |
| 261 | Evant Twomey | Temp | | 40:42 |
| 262 | John Walshe | Temp | | 40:45 |
| 263 | Mary Rose Gunn | TGV Express | F55 | 40:45 |
| 264 | Jerh Kelly | UCC | M55 | 40:48 |
| 265 | Kitty Buckley Harrington | HSE | F45 | 40:49 |
| 266 | Austin Murphy | Boyne Valley Sales | M60 | 40:51 |
| 267 | Niamh Ni Fhatharta | Navy | | 40:56 |
| 268 | Hilary Creedon | Faillte Ireland | F65 | 40:58 |
| 269 | Bernie Twomey | Pranice Healer | M70 | 40:59 |
| 270 | Mary Ellen O'Driscoll | Temp | | 41:08 |
| 271 | Charlotte Daly | Temp | | 41:08 |
| 272 | Bernard Sisk | Sisks Builders | M60 | 41:09 |
| 273 | Peter Gaffney | HSE | M70 | 41:14 |
| 274 | Susan Lyne | Temp | | 41:14 |
| 275 | Ruth Burke | Temp | | 41:15 |
| 276 | Brian O'Shea | Cork City Council | | 41:21 |
| 277 | Una Horgan | Janssen | | 41:29 |
| 278 | Cieran Brenock | BOI | M40 | 41:31 |
| 279 | Amanda Stavrou | Private Hospitals | F50 | 41:35 |
| 280 | Brendan Hayes | FAS | M55 | 41:39 |
| 281 | Adam Douglas | Temp | | 41:40 |
| 282 | Sara-Louise Mc Sweeney | Temp | | 41:41 |
| 283 | Ann Hayes | HSE | F50 | 41:47 |
| 284 | Charles Ryan Purcell | Temp | | 41:55 |
| 285 | John O'Mahony | UCC | M70 | 41:56 |
| 286 | Paddy Daly | Army | F50 | 42:12 |
| 287 | Noreen Hurley | Pfizer Ring | | 42:18 |
| 288 | Deridre Murphy | Pfizer Ring | | 42:21 |
| 289 | Orla Coughlan | Temp | | 42:26 |

Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

| | | | | |
|-----|------------------------|-------------------|-----|-------|
| 290 | Denis Manning | Cork City Council | | 42:29 |
| 291 | Conor O'Sullivan | Bord Gais Eireann | | 42:33 |
| 292 | Sheila Roche | Temp | | 42:49 |
| 293 | David Cotter | Cork Painters | M60 | 42:50 |
| 294 | Kenneth Long | Temp | | 42:51 |
| 295 | Dermot Woods | Temp | | 42:53 |
| 296 | Mary Mulcahy | BOI | F45 | 42:53 |
| 297 | Barry O'Donovan | Temp | | 42:56 |
| 298 | Michael O'Gorman | Temp | | 43:24 |
| 299 | Vivienne Penne Feacher | Temp | | 43:25 |
| 300 | Eleanor Bergin | Bergins | M70 | 43:28 |
| 301 | Marie Ryan | Tractor Playgroup | M70 | 43:34 |
| 302 | Helen Roche | Temp | | 43:38 |
| 303 | Catherine Relly | Temp | | 43:41 |
| 304 | Joe Curran | Temp | | 43:45 |
| 305 | Damian Harrington | Temp | | 43:51 |
| 306 | Anita Radley | Temp | | 43:51 |
| 307 | Louise Barry | Temp | | 43:54 |
| 308 | Michael Ruane | Temp | | 44:13 |
| 309 | Sinead Rowe | Temp | | 44:15 |
| 310 | Vickie Cronin | Mercer | F35 | 44:21 |
| 311 | Aidan O'Donovan | Temp | | 44:29 |
| 312 | Maria Hayes | Temp | | 44:47 |
| 313 | June O'Shea | Temp | | 44:48 |
| 314 | Kate Humphreys | Temp | | 44:49 |
| 315 | Aileen O'Sullivan | Temp | | 44:55 |
| 316 | Kieran Mannings | Mercer | M40 | 44:57 |
| 317 | Olive Hallahan | Temp | | 44:59 |
| 318 | Aidan O'Donovan | Temp | | 44:59 |
| 319 | Marion Fitton | Private Hospitals | | 45:02 |
| 320 | Ray Mullins | Temp | | 45:20 |
| 321 | Noel Quinn | GMC Motorcycles | M50 | 45:29 |
| 322 | William Griffin | Temp | | 45:30 |
| 323 | Mary Beck Ryan | Temp | | 45:33 |
| 324 | Claire Lehane | Temp | | 45:46 |
| 325 | Rohan Brady | Temp | | 45:48 |
| 326 | Ann O'Connor | O'Connor | F45 | 45:48 |
| 327 | Mary Linehan | Linehan | F60 | 45:51 |
| 328 | Paul Keating | Temp | | 45:52 |
| 329 | Karen Barry | Temp | | 45:57 |
| 330 | Aileen Murphy | Temp | | 45:57 |
| 331 | Lisa Egan | Boston Scientific | F35 | 45:57 |
| 332 | Audrey McSweeney | Temp | | 46:03 |
| 333 | Siobhan O'Mahony | Temp | | 46:11 |
| 334 | Susan Buckley | Mid News | | 46:12 |
| 335 | Carmel Hayes | Temp | | 46:13 |
| 336 | Regina Landy | Temp | | 46:20 |
| 337 | Maire Ni Chonghaile | Dept of Education | F50 | 46:44 |
| 338 | Francis Byrne | Temp | | 46:46 |
| 339 | Dan Mannine | Temp | | 47:08 |
| 340 | Annette Mulcahy | Temp | | 47:08 |
| 341 | Fiacka Brackey | Novartis | M45 | 47:57 |
| 342 | Declan O'Hanlon | Kerry Biosciences | M40 | 48:05 |
| 343 | Earphones | Temp | | 48:06 |
| 344 | Earphones | Temp | | 48:10 |
| 345 | Trish O'Herlihy | Temp | | 49:04 |
| 346 | Joan McCarthy | BOI | | 49:28 |
| 347 | Billy Caball | BHAA | F50 | 49:38 |

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(Under B.H.A.A. Rules)

| | | | | |
|-----|-------------------|--------|-----|-------|
| 348 | Margo Broderick | Temp | M50 | 50:04 |
| 349 | Shiela McMahon | Temp | | 50:11 |
| 350 | Leslie O'Donoghue | Temp | | 50:15 |
| 351 | John Duggan | Temp | | 50:25 |
| 352 | Steve Bevan | EMC | M40 | 50:59 |
| 353 | Carol Riordan | Temp | | 51:04 |
| 354 | Rachael Gaffney | Temp | | 51:36 |
| 355 | Ann Marie Rafhace | Temp | | 51:47 |
| 356 | Una Charke | Temp | | 52:12 |
| 357 | Bernice Glavin | HSE | F50 | 52:44 |
| 358 | Marian McSweeney | Abtran | | 55:03 |
| | Jerry Forde | HSE | | |

Mens Individual

- 1 Colin Merrit
- 2 Sean McGrath
- 3 Tim Twomey

0/40

- 1 Tom Laffin
- 2 Anthony O'Brien
- 3 Colin O'Herilhy

0/45

- 1 Ken Devine
- 2 John Desmond
- 3 Sean Finn

0/50

- 1 John Collins
- 2 Denis Carroll
- 3 Nick Bent

0/55

- 1 Tom Cody
- 2 Willie Hayes
- 3 Kevin O'Leary

0/60

- 1 Pat Twomey
- 2 T.J. Buckley
- 3 Michael O'Connor

0/65

- 1 Paddy Daly
- 2 Billy Cable

0/70

- 1 John O'Leary

Wheelchair

- 1 Jerry Forde

Mens A Team

| | Points |
|----------------|--------|
| 1 UCC | 29 |
| 2 Midleton UDC | 57 |
| 3 Team Adidas | 60 |
| 4 Army | 93 |

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| | | |
|---|----------------------|-----|
| 5 | Bord Gais | 116 |
| 6 | Musgraves | 125 |
| 7 | The Edge Sports Shop | 141 |

Mens B Team

Points

| | | |
|---|---------------------|-----|
| 1 | Cork City Council | 99 |
| 2 | IPS | 109 |
| 3 | Flexible Connectors | 140 |
| 4 | Dept of Ed | 186 |
| 5 | Cork Garda | 188 |
| 6 | Statsol | 188 |

Mens C Team

Points

| | | |
|----|---------------------|-----|
| 1 | Cork County Council | 126 |
| 2 | EMC | 138 |
| 3 | HSE | 173 |
| 4 | Southern Law | 192 |
| 5 | Cork Airport | 206 |
| 6 | An Post Eircom | 240 |
| 7 | UCC | 299 |
| 8 | Army | 300 |
| 9 | Moog Irl | 314 |
| 10 | GMC Motorcycles | 346 |
| 11 | Bord Gais | 353 |
| 12 | Pfizers Ringaskiddy | 366 |
| 13 | Novartis | 380 |
| 14 | EMC | 388 |

Ladies Individual

| | |
|---|--------------------|
| 1 | Anne Marie Holland |
| 2 | Sonja Urbanovske |
| 3 | Carmel Parnell |

0/35

| | |
|---|----------------|
| 1 | Helen Leonard |
| 2 | Anne Wolfe |
| 3 | Gillian Cotter |

0/40

| | |
|---|------------------|
| 1 | Geraldine O'Shea |
| 2 | Breda Cahill |
| 3 | Orla Crosby |

0/45

| | |
|---|---------------|
| 1 | Anne Moore |
| 2 | Mary O'Keeffe |
| 3 | Mary Cotter |

0/50

| | |
|---|------------------|
| 1 | Frances O'Connor |
| 2 | Roselen Kelly |

0/55

| | |
|---|---------------|
| 1 | Rosemary Gunn |
|---|---------------|

0/60

| | |
|---|--------------|
| 1 | Mary Linehan |
|---|--------------|

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(Under B.H.A.A. Rules)

| Ladies A Team | | Points |
|----------------------|---------------------|---------------|
| 1 | Orion Sports Ltd | 18 |
| 2 | Midleton News | 24 |
| 3 | HSE | 25 |
| 4 | TGV Express | 32 |
| 5 | Cork Garda | 35 |
| 6 | Dept of Ed | 35 |
| 7 | Pfizers Ringaskiddy | 52 |

| Ladies B Team | | Points |
|----------------------|-------------------|---------------|
| 1 | EPA | 43 |
| 2 | Navy | 55 |
| 3 | HSE | 57 |
| 4 | BOI | 68 |
| 5 | Private Hospitals | 80 |
| 6 | HSE | 88 |

Next BHAA Events

Togher PTAA 5k Road Race - 31st August 2011

Entries & changing @ St. Finbarrs H & F Club

Start Time - 7:30pm

Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

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Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

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Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

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Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

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Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

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Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

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Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

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Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)

Results of the Army/Navy 5 Mile Road Race - 17th August, 2011

(Under B.H.A.A. Rules)