

UCC 10K 2011

	Name	Club	Time
Men	1 James McCarthy	Runners Loft	32:58:00
	2 Roy Fahy	Biopharm	33:39:00
	3 John Meade	Joyce Woulfe	33:50:00
	4 Donal Coakley	Gilead Sciences	34:01:00
	5 Gavin Sweeney	Army	34:06:00
Women	1 RHONA LYNCH	GE HEALTHCARE	37:06:00
	2 EMMA MURPHY	CORK SHOPS	37:36:00
	3 HELEN LEONARD	SHOURNAGH CHILDCARE	39:00:00
Wheelch	1 Gerru Forde	HSE	
Men O 40	1 Tom Laffin	HSE	35:41:00
	2 Noel O'Regan	Army	35:47:00
	3 Paddy Murphy	Crossfit	36:26:00
Men O 45	1 Tom Sheehan	Bandon Tyres	37:18:00
	2 Mark Bulman	Army	39:27:00
	3 Eddie Byrne	IPS	
Men O 50	1 John Collins	Team Addidas	39:38:00
	2 Alan Carey	Carey Tools	
	3 Denis O'Shea	Garda	
Men O 55	1 Pat Maloney	Army	38:23:00
	2 Willie O'Riordan	Army	39:47:00
	3 Joe Murphy	Cork County Council	39:57:00
Men O 60	1 Jimmy Murray	HSE	43:30:00
	2 John Holland	An Post	44:00:00
	3 Paddy Gives	ITW	46:12:00
Men O 65	1 John Cotter	ESB	46:55:00
	2 Paddy Daly	Army	51:17:00
	3 Frank Kelleher	Cork City Council	59:25:00
Men O 70	1 John O'Leary	Bookdeal	48:02:00
	2 Peter Gafney	HSE	48:20:00
Women O 35	1 MICHELLE NOLAN	MIDLETON NEWS	39:21:00
	2 KATHLEEN HORGAN	IRISH LIFE & PER	40:53:00
	3 EDEL CONNOR	DE PUY IRELAND	42:17:00
Women O 40	1 ORLA CROSBIE	HSE	43:31:00
	2 ASSUMPTA BARRY	BANK OF IRELAND	45:26:00
	3 MARY HISTON DE BARRA	HSE	45:45:00
Women O 45	1 MARY BUCKLEY	BUCKELY	45:08:00
	2 MONICA TWOHIG	EOLAS	47:49:00

	3 FRANCES LYNCH	HAYDEN TRAINING	48:27:00
Women O 50	1 FRANCES O' CONNOR	DEPT OF EDUCATION	48:25:00
	2 AMANDA STAVROU	PRIVATE HOSPICE	49:59:00
Women O 55	1 MARION LYONS	FIT 4 LIFE	51:13:00

Teams

Men A

1 Army	22
2 Cork Garda	103
3 Bord Gais	313
4 Army	465
5 Vmware	900

Mens B

1 EMC	93
2 Bord Gais	122
3 Army	161
4 HSE	201
5 Statsol	227
6 Gilead Sciences	250
7 Southern Law As	340
8 Cork Airport	463
9 Duhallow Bis	987

Mens C

1 Team Addidas	184
2 Cork City Council	351
3 Janssan	354
4 Flexible Conn	360
5 EMC	379
6 Midleton News	388
7 Procon	574
8 An Post/Eircom	591
9 Dept of Ed	604
10 Cork Garda	646
11 Bord Gais	702
12 Cork Painters	825

Womens A

1 Midleton News	187
2 HSE	241
3 Dept Of Ed	325
4 HSE	350
5 Novartis	406
6 Bank of Ireland	408
7 Dept Of Ed	431

Womens B

1 Midleton News	511
2 Army	530
3 Hayden Training	545
4 Pranic Healer	622
5 HSE	636
6 Southern Law	652
7 EMC	688
8 Bord Gais	781
9 HSE	812
10 Dept Of Ed	835