

ESB X Country 5k Results

Jan 7 2018



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Next race: [FMC 6k](#)

Sun Jan 14 at 11am

AGM on Thur Jan 11 8pm Ambassador Hotel

The course was measured and marked by Jones Counter

Men			Women	
1	Michael Harrington		1	Breda Gaffney
2	Trevor Woods		2	Ide Donovan
3	Ian Tivy		3	Colette O'Donoghue
Category Winners				
			0/35	
				1 Sheila Buckley
				2 Clodagh Carroll
				3 Mary Elizabeth Lane
			0/40	
1	Michael Buckley			1 Anna Horgan
2	Darryl Broderick			2 Linda O Connor
3	Liam Lewis			3 Rachael O'Callaghan
			0/45	
1	David Barrett			1 Angie Amoedo
2	John Sheahan			2 Mary De Barra
3	Stephen Geoghegan			3 Sharyn O'Callaghan
			0/50	
1	Paul Curley			1 Orla Crosbie
2	Andrew O'Callaghan			2 Deirdre Sheahan
3	Denis Kelleher			3 Celia O'Regan
			0/55	
1	Brian Linehan			1 Ruth Phelan
2	Martin Lynch			2 Bernadette Gallagher
3	Denis Carroll			3 Catherine Costello
			0/60	
1	Ger Down			1 Marion Lyons
2	Willie O'Riordan			2 Kathleen O'Connell
3	Tom Hannon			3
			0/65	
1	Ken Higgs			1
2	Donie O'Connell			2
3				3
			0/70	
1	Richard Piotrowski			
2				
3				

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Pos	Name	Cat	Prize	Time	Company	Team
1	Michael Harrington	0/45B	M1	00:18:03	Harrington Upvc Ltd	
2	Tim Twomey			00:18:18	Temp Reg	
3	Sean Dowling			00:18:21	Temp Reg	
4	Trevor Woods	0/45B	M2	00:18:26	UCC	M-A-2
5	Naoise O Flaitheartaigh			00:18:29	Temp Reg	
6	Ian Tivy		M3	00:18:31	DEM Enterprises	
7	Michael Buckley	0/40A	0/40A1	00:18:44	Joyce Wolfe Physiotherapy	
8	Brian Harty			00:18:46	Harty Tax Consulting	
9	Nick O'Donoghue			00:18:51	Temp Reg	
10	David Barrett	0/45B	0/45B1	00:18:56	Cork City Council	M-A-3
11	Shane Cooney			00:19:05	PM Group	
12	Kieran Sheehan			00:19:35	Temp Reg	
13	John Sheahan	0/45B	0/45B2	00:19:41	MSD Brinny	
14	Michael Colohan			00:20:20	Army	
15	Stephen Geoghegan	0/45B	0/45B3	00:20:28	Dell-EMC	
16	Nick Parkinson			00:20:29	Temp Reg	
17	Gerard Geary			00:20:37	Fota Collection	M-A-1
18	Paul Curley	0/50C	0/50C1	00:20:40	Flanagan Print	
19	Andrew O'Callaghan	0/50C	0/50C2	00:20:45	Blarney Woolen Mills	M-B-3
20	Brian Linehan	0/55D	0/55D1	00:20:47	G4S Security	
21	Eric Meade			00:20:54	Temp Reg	
22	Micheal Lucey	0/45B		00:21:01	Cork Garda	
23	Colm Walsh			00:21:09	Temp Reg	
24	Bryan Gallwey			00:21:12	Eli Lilly	
25	Breda Gaffney	0/45J	F1	00:21:17	Dept Of Social Welfare	
26	Brendan Mcevoy			00:21:23	Temp Reg	
27	Denis Kelleher	0/50C	0/50C3	00:21:44	Kelleher	
28	Darryl Broderick	0/40A	0/40A2	00:21:49	Ronan Daly Jermyn Solicitors	
29	Ide Donovan	0/45J	F2	00:21:58	HSE	F-A-1
30	Padraig Sheahan	0/50C		00:22:0	DCP Plastics Ltd	
31	Liam Lewis	0/40A	0/40A3	00:22:0	CIT	M-B-2
32	Edward O'Mahoney	0/40A		00:22:03	CBC staff	
33	Gary Macsweeney			00:22:06	Temp Reg	
34	Colette O'Donoghue	0/35H	F3	00:22:09	Goldstar Telecom	
35	Dave Sheehan			00:22:14	Musgrave	M-B-1
36	Fionan Ohaodain	0/40A		00:22:18	BHAA	
37	Eoin O'Loughlin			00:22:21	Cork City Council	M-A-3
38	Brian Maher	0/45B		00:22:23	Cork City Ford Centre	
39	Shauna Hurley			00:22:25	Arup	F-C-1
40	Trevor Collins	0/40A		00:22:29	VMware	
41	Stephen Ryan	0/45B		00:22:30	Keen on Sport	
42	Kerry Collins			00:22:31	Temp Reg	
43	Thulan Jalasi			00:22:32	Temp Reg	
44	John O'Mahoney			00:22:34	VMware	
45	Dermot Woods			00:22:39	Temp Reg	
46	Shane Keogh			00:22:41	Temp Reg	
47	Philip White			00:22:42	Fota Collection	M-A-1
48	Paul O'Donoghue			00:22:44	Temp Reg	
49	Fergal Quinlan	0/45B		00:22:50	Keen on Sport	
50	Anna Horgan	0/40I	0/40I1	00:22:52	UCC	F-A-2
51	Martin Lynch	0/55D	0/55D2	00:22:54	Boston Scientific	
52	Conor Mcgrath			00:22:57	Temp Reg	
53	Joe O'Loughlin	0/45B		00:22:58	Musgrave	M-B-1
54	Linda O Connor	0/40I	0/40I2	00:22:59	Musgrave	
55	Benjamin Gearey	0/45B		00:23:02	UCC	M-A-2
56	David Gardner			00:23:04	Temp Reg	
57	Damien O'Riordan			00:23:05	Fota Collection	M-A-1
58	Calum Walsh			00:23:05	Temp Reg	
59	Orla Crosbie	0/50K	0/50K1	00:23:06	HSE	F-A-1
60	John Scannell	0/45B		00:23:07	Apple	M-C-1
61	Richard Forrest	0/45B		00:23:08	Cork County Council	M-C-2
62	David Lynch	0/50C		00:23:09	CIT	M-B-2
63	Philip Sullivan			00:23:10	Temp Reg	
64	Steve Palmer	0/50C		00:23:12	Fota Collection	
65	Dermot Gallagher	0/40A		00:23:15	Novartis	
66	Enda Kiernan	0/45B		00:23:16	Cork County Council	M-C-2

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67	John Kissane	0/50C		00:23:17	UCC	M-A-2
68	Niall O'Donovan			00:23:21	Temp Reg	
69	Ger Down	0/60E	0/60E1	00:23:27	Down	
70	Sheila Buckley	0/35H	0/35H1	00:23:29	Midleton Town Council	F-B-2
71	Richard Piotrowski	0/70G	0/70G1	00:23:32	The Edge Sports Shop	
72	Willie O'Riordan	0/60E	0/60E2	00:23:33	Army	
73	David O'Riordan	0/40A		00:23:34	UCC	M-C-3
74	David Hurley	0/45B		00:23:36	Musgrave	M-B-1
75	Rachael O'Callaghan	0/40I	0/40I3	00:23:41	Cork Shops	
76	Pat Dalton			00:23:44	Temp Reg	
77	Barry Finn	0/40A		00:23:45	Apple	M-C-1
78	Tom Hannon	0/60E	0/60E3	00:23:48	UCC	M-C-3
79	Denis Carroll	0/55D	0/55D3	00:23:53	Blarney Woolen Mills	M-B-3
80	Leonie Dolan			00:24:0	Temp Reg	
81	Micheal O Mullain			00:24:0	Temp Reg	
82	Vincent Groarke			00:24:02	Temp Reg	
83	George Bullman	0/55D		00:24:06	CIT	M-B-2
84	Ciaran O'Laighin	0/40A		00:24:15	Dell-EMC	
85	Mick O'Donovan	0/50C		00:24:18	Niall Keehy & Assoc	
86	Denis Looney	0/50C		00:24:20	Marriott Vacations Worldwide	
87	Pat Murphy	0/60E		00:24:30	UCC	M-C-3
88	Denis Cogan			00:24:30	Temp Reg	
89	Conor Feehily			00:24:32	Temp Reg	
90	Siobhan Holland	0/40I		00:24:33	Novartis	
91	John O'Driscoll	0/60E		00:24:34	FAS	
92	Cillian Hennessey			00:24:39	Temp Reg	
93	Graham Bickerstaffe			00:24:40	Temp Reg	
94	Olga O' Sullivan	0/40I		00:24:41	Dell-EMC	
95	Alan McGuinness	0/50C		00:24:44	Depuy Synthes	
96	Gabor Molnar			00:24:52	Cork City Council	M-A-3
97	Mattia Lovera			00:24:56	Apple	M-C-1
98	Seamus Cahill	0/55D		00:24:59	CPO	
99	Con O Se	0/40A		00:25:03	Ervia	
100	Gillian Cotter	0/40I		00:25:05	UCC	F-A-2
101	Niamh O'Regan			00:25:06	Arup	F-C-1
102	Richard Fahey			00:25:14	Temp Reg	
103	Angie Amoedo	0/45J	0/45J1	00:25:21	Cork Shops	
104	Hewbertus Wiese			00:25:25	Temp Reg	
105	Kevin Brady			00:25:27	Temp Reg	
106	Una Collins			00:25:28	Temp Reg	
107	Ken Higgs	0/65F	0/65F1	00:25:30	UCC	
108	Aoife Callan			00:25:38	Temp Reg	
109	Tim O'Sullivan	0/50C		00:25:41	Cork County Council	M-C-2
110	Frank Cotter	0/55D		00:25:43	CBC staff	
111	Eddie Trindle	0/40A		00:25:44	Laya Healthcare	
112	Colin Murphy	0/40A		00:25:46	Legal IT	
113	Donal Browne			00:25:51	Arup	
114	Adil Cahit Ansaroglu			00:25:53	Apple	
115	Derry Keyes			00:25:55	Temp Reg	
116	Manu Nadal	0/40A		00:26:02	Storagecraft	
117	Mary De Barra	0/45J	0/45J2	00:26:07	HSE	F-B-1
118	Sean Murphy			00:26:10	ESB	
119	Angela McCall	0/40I		00:26:13	Dept of Ed	
120	Pauline Callan	0/40I		00:26:17	Callan Kitchens	
121	John Morrissey	0/45B		00:26:23	UCC	
122	Brendan Deane	0/50C		00:26:25	CIT	
123	John Griffin	0/45B		00:26:31	Blarney Woolen Mills	M-B-3
124	Clodagh Carroll	0/35H	0/35H2	00:26:34	CIT	
125	Ita Kirwan			00:26:36	Temp Reg	
126	Andrew Geaney	0/60E		00:26:44	Apple	
127	Kei Ado			00:27:04	Temp Reg	
128	Michael Travers	0/55D		00:27:08	Bus Eireann	
129	Andrew O'Farrell	0/60E		00:27:11	Pfizer	
130	Sharyn O'Callaghan	0/45J	0/45J3	00:27:13	Cork Shops	
131	Marie-Therese Brady	0/40I		00:27:34	Pfizer	
132	Niamh Sheehan			00:27:36	HSE	F-B-1
133	Niall Lagrue			00:27:37	Temp Reg	

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134	Gerard Rasmussen	0/55D		00:27:38	CIT	
135	John Hayes	0/60E		00:27:38	FAS	
136	Shane Walsh	0/45B		00:27:41	Landsbridge Transport	
137	Ursula Tobin	0/40I		00:27:45	DCP Plastics Ltd	
138	Dario Giuliano			00:27:50	Temp Reg	
139	Marco Cosenza	0/45B		00:27:50	Apple	
140	Tom O'Meara			00:27:52	Itron Management Services	
141	John Reynolds			00:27:59	Temp Reg	
142	J J Casey	0/60E		00:28:04	Open Eir	
143	Deirdre Sheahan	0/50K	0/50K2	00:28:07	DCP Plastics Ltd	
144	George Forrest			00:28:13	Temp Reg	
145	James Spillane	0/40A		00:28:16	Stryker	
146	Donie O'Connell	0/65F	0/65F2	00:28:40	Midleton Town Council	
147	Iolo Pearse			00:28:41	Temp Reg	
148	Mary O'Halloran	0/45J		00:28:49	Complete Financial	
149	Ger Enright	0/50C		00:28:52	Musgrave	
150	James Ahearne			00:28:56	Temp Reg	
151	Celia O'Regan	0/50K	0/50K3	00:28:56	HSE	
152	Paul O'Rourke			00:28:57	Temp Reg	
153	Batt Kearney	0/60E		00:29:04	Blarney Woolen Mills	
154	Alan O'Halorhan			00:29:10	Temp Reg	
155	Eugene McVeigh	0/55D		00:29:16	Dell-EMC	
156	Dave Herlihy	0/45B		00:29:20	GSK	
157	Finbarr Kiely	0/55D		00:29:26	HSE	
158	Marion Lyons	0/60M	0/60M1	00:29:27	Fit4Life	
159	Jimmy Murray	0/70G		00:29:27	HSE	
160	Alex Fleming			00:29:34	Arup	
161	Colette Ryan	0/50K		00:29:40	Douglas Meet and Train	
162	Ruth Phelan	0/55L	0/55L1	00:29:47	Keen on Sport	
163	Christy O'Driscoll	0/65F		00:29:49	Pfizer	
164	Mary Mulcahy	0/50K		00:30:01	Bank of Ireland	
165	Peter Crowley			00:30:05	Temp Reg	
166	Kevin Mulcahy	0/45B		00:30:10	Bus Eireann	
167	Bernard Sisk	0/70G		00:30:18	Sisk Builders	
168	Michael Coakley			00:30:27	Temp Reg	
169	Olive McCarthy	0/40I		00:30:28	UCC	F-C-2
170	Adelle O'Connor	0/45J		00:30:29	O'Connor Hc	
171	Ray Lagrue			00:30:32	Temp Reg	
172	Mary Elizabeth Lane	0/35H	0/35H3	00:30:39	Navy	
173	Willie Gould	0/40A		00:30:41	CPO	
174	Tadgh Hanley	0/45B		00:30:59	G.E. Healthcare	
175	Karen Syron			00:31:07	Temp Reg	
176	Jeremias Paz			00:31:23	Dell-EMC	
177	Noelle Gill			00:31:28	Temp Reg	
178	Paul Mullins			00:31:29	Temp Reg	
179	Justine Rudkin			00:31:53	UCC	F-C-2
180	Maretta Brennan	0/50K		00:31:55	CIT	
181	Teresa Griffin	0/45J		00:31:57	Pfizer	
182	Eoin Deane	0/45B		00:32:23	CIT	
183	Yvonne Gough	0/45J		00:32:25	Pfizer	
184	Bernadette Gallagher	0/55L	0/55L2	00:32:53	GSK	
185	Paul Kelleher (ms Cork)	0/45B		00:32:54	Dell-EMC	
186	Irene Keohane	0/45J		00:32:55	IBM	
187	Shauna Wallace			00:32:58	Temp Reg	
188	Jim O'Callaghan	0/60E		00:32:59	O'Callaghan Plastering	
189	Paddy Daly	0/70G		00:33:02	Army	
190	Lorna Kelleher	0/40I		00:33:02	IBM	
191	Clare Forde	0/35H		00:33:06	Fota Collection	
192	Catherine Costello	0/55L	0/55L3	00:33:09	CBC staff	
193	Aaron O'Leary			00:33:23	Temp Reg	
194	Marion O'Leary			00:33:25	Temp Reg	
195	Nessan Frawley	0/55D		00:33:38	Chubb/Otis	
196	Paul O'Leary			00:34:26	Temp Reg	
197	Michelle Masters			00:34:41	Temp Reg	
198	Deirdre Behan			00:34:42	Temp Reg	
199	Kathleen O'Connell	0/60M	0/60M2	00:36:50	Midleton Town Council	F-B-2