

CPO 5k Results

Jul 4 2018



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Next race: [DELL EMC](#)

Thurs Jul 19 at 8pm

*The course was measured and marked by
 Jones Counter*

Men			Women	
1	Alan O'Shea		1	Meadhbh Moynihan
2	John Meade		2	Breda Gaffney
3	Chris O'REILLY		3	Ali O'Connor

Category Winners				
			0/35	
				1 Karen Bevan
				2 Marie Kissane
				3 Siobhan Lillis
0/40			0/40	
1	John O'Mahony			1 Linda O Connor
2	Shane Cooney			2 Jill McCarthy
3	Michael Mulcahy			3 Olga O'Sullivan
0/45			0/45	
1	Alan Bateman			1 Josephine Kelleher
2	Alan Daly			2 Mary De Barra
3	Stephen Geoghegan			3 Sharyn O'Callaghan
0/50			0/50	
1	Paul Duggan			1 Geraldine O'Shea
2	Andrew O'Callaghan			2 Mary Buckley
3	Liam Murphy			3 Colette Ryan
0/55			0/55	
1	Mike McGrath			1 Orla O'Rourke
2	Brian Linehan			2 Frances O'Connor
3	Edmond O'Sullivan			3 Mary Cotter
0/60			0/60	
1	John O'Driscoll			1 Marion Lyons
2	Noel O'Connor			2 Kay Birch
3	Joe Murphy			3
0/65			0/65	
1	Phil McGrath			1 Mary Linehan
2	Ken Higgs			2
3				3
0/70				
1	Richard Piotrowski			
2				
3				
W/C				
1	Jerry Forde			

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Team Results					
Men		Points		Women	Points
A				A	
1	Murphy Construction	72		1	HSE 205
2	UCC	256		2	Musgrave 239
3	Zenith Technologies	623			
B				B	
1	Musgrave	95		1	UCC 283
2	Dell-EMC	120		2	Simply Suits 300
3	Dell-EMC	267			
C				C	
1	Janssen	122		1	HSE 175
2	Apple	188		2	Complete Financial 209
3	CIT	219			

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Pos	Name	Cat	Prize	Time	Company	Team
1	Alan O'Shea		M1	00:15:25	Mercy Hospital	
2	John Meade		M2	00:16:05	Joyce Wolfe Physiotherapy	
3	Chris O'REILLY		M3	00:16:09	Murphy Construction	
4	Tim Twomey			00:16:21	Cork Independent Newspaper	
5	Naoise O'Flaitheartaigh			00:16:38	Temp Reg	
6	Anthony Flynn			00:16:40	Temp Reg	
7	Jonathan Murphy			00:16:43	Temp Reg	
8	Ian O'Dwyer			00:17:01	Temp Reg	
9	David McEvoy			00:17:04	Dept of Ed	
10	Nathan O'Leary			00:17:06	Student	
11	John O'Mahony	0/40A	0/40A1	00:17:20	SR Technics	
12	Connor McCrory			00:17:27	Navy	
13	Bjorn Downes			00:17:29	Temp Reg	
14	Shane Cooney	0/40A	0/40A2	00:17:39	PM Group	
15	Sean O' Brien			00:17:44	Simply Suits	
16	Karl Preston			00:17:50	Temp Reg	
17	Ruairi O'Mahony			00:17:50	Temp Reg	
18	Paul Duggan	0/50C	0/50C1	00:17:57	Musgrave	M-B-1
19	Timmy O'Reilly			00:18:06	Murphy Construction	
20	Edwin Cashman			00:18:11	Midleton Town Council	
21	Katherine Cashell			00:18:12	Temp Reg	
22	Peter Martin			00:18:20	Temp Reg	
23	Alan Bateman	0/45B	0/45B1	00:18:21	Janssen	M-C-1
24	Eric Browne			00:18:26	Temp Reg	
25	Colm O'Connor			00:18:41	Temp Reg	
26	James Condon			00:18:42	Cork Builders Providers	
27	Alan Daly	0/45B	0/45B2	00:18:44	Army	
28	Feargal O'Shea			00:18:49	Musgrave	M-B-1
29	Stephen Geoghegan	0/45B	0/45B3	00:18:49	Dell-EMC	M-B-2
30	Meadhbh Moynihan		F1	00:18:55	Complete Financial	F-C-2
31	Andrew O'Callaghan	0/50C	0/50C2	00:18:58	Blarney Woolen Mills	
32	Mike McGrath	0/55D	0/55D1	00:18:58	CIT	M-C-3
33	Cian McParland			00:18:59	Navy	
34	Jonathan Finn			00:19:01	Cork City Council	
35	Michael Mulcahy	0/40A	0/40A3	00:19:04	Dell-EMC	M-B-2
36	Daryl Mossop			00:19:05	Janssen	M-C-1
37	Shane Hanley	0/40A		00:19:06	NeoDyne	
38	Paul Murphy			00:19:11	Apple	M-C-2
39	Padraig Coughlan			00:19:15	ESB	
40	Breda Gaffney	0/45J	F2	00:19:20	Dept Of Social Protection	
41	Darren Ahern			00:19:21	Stryker	
42	Philip O'Riordan			00:19:23	Temp Reg	
43	Iain O'Callaghan			00:19:26	GSK	
44	Kevin McCourt	0/40A		00:19:30	Fota Collection	
45	Steven Darby			00:19:35	CIT	M-C-3
46	Brian Linehan	0/55D	0/55D2	00:19:36	G4S Security	
47	Liam Murphy	0/50C	0/50C3	00:19:38	Yves Rocher	
48	Philip Hayes			00:19:39	Temp Reg	
49	Joe O'Loughlin	0/45B		00:19:40	Musgrave	M-B-1
50	Jamesie O'Reilly			00:19:41	Murphy Construction	
51	Sean Mehigan			00:19:42	Temp Reg	
52	Paul O'Donoghue			00:19:43	Cork Builders Providers	
53	Martin Twomey			00:19:44	Temp Reg	
54	John Kissane	0/50C		00:19:46	UCC	
55	Niall Buckley	0/45B		00:19:51	Merck Millipore	
56	Andrew Rodrigues	0/45B		00:19:52	Dell-EMC	M-B-2
57	Justin Barry			00:19:53	Temp Reg	
58	Damien O'Riordan			00:19:53	Fota Collection	
59	Dermot Woods			00:19:56	Temp Reg	
60	Fiona Everarad			00:19:57	Temp Reg	
61	Dave Sheehan			00:19:58	Musgrave	
62	Brendan McEvoy	0/45B		00:20:01	Cork County Council	
63	Ken Dermody			00:20:04	Janssen	M-C-1
64	David O'Riordan	0/40A		00:20:12	UCC	
65	Dermot Gallagher	0/40A		00:20:15	Novartis	
66	Peter Howie			00:20:19	Temp Reg	

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67	Mike O'Connor			00:20:20	Temp Reg	
68	John Santry			00:20:22	Dell-EMC	M-B-3
69	Donnacha Moynihan			00:20:23	Temp Reg	
70	Darryl Broderick	0/40A		00:20:24	Ronan Daly Jermyn Solicitors	
71	Robert Flynn			00:20:25	Apple	M-C-2
72	Andrew Burns			00:20:28	Temp Reg	
73	Derek Costello	0/40A		00:20:29	Novartis	
74	Edmond O'Sullivan	0/55D	0/55D3	00:20:30	Midleton Town Council	
75	Ian Montgomery			00:20:34	Temp Reg	
76	Richard Piotrowski	0/70G	0/70G1	00:20:35	The Edge Sports Shop	
77	Anthony Creed			00:20:36	Temp Reg	
78	Paul Doyle	0/40A		00:20:39	Dell-EMC	M-B-3
79	John Scannel	0/45B		00:20:41	Apple	M-C-2
80	Ali O'Connor		F3	00:20:42	Belvedere Dental Clinic	
81	Karen Bevan	0/35H	0/35H1	00:20:43	HSE	F-C-1
82	Michael Óg Manley			00:20:44	Breastcheck	
83	Declan Clancy			00:20:50	Goldstar Telecom	
84	Sean Finn	0/50C		00:20:52	Joyce Wolfe Physiotherapy	
85	Keith Buckley			00:20:59	Avondhu MF	
86	Linda O Connor	0/40I	0/40I1	00:21:01	Musgrave	F-A-2
87	Simon Gallagher			00:20:08	ESI Technologies	
88	Philip Corcoran	0/45B		00:21:09	Laya Healthcare	
89	Keith Hogan			00:21:10	GSK	
90	Keitaro Ado	0/55D		00:21:12	ROHM Powervation	
91	Orla O Rourke	0/55L	0/55L1	00:21:15	Keen on Sport	
92	Geraldine O'Shea	0/50K	0/50K1	00:21:17	UCC	F-B-1
93	Enda Kiernan	0/45B		00:21:18	Cork County Council	
94	Josephine Kelleher	0/45J	0/45J1	00:21:19	HSE	F-C-1
95	Mary Buckley	0/50K	0/50K2	00:21:22	HSE	F-A-1
96	Eoin O'Connor			00:21:23	Temp Reg	
97	Micheal O'Mullial			00:21:29	Temp Reg	
98	Dermot Desmond			00:21:31	Temp Reg	
99	Stephen Ryan	0/45B		00:21:36	Keen on Sport	
100	Phil McGrath	0/65F	0/65F1	00:21:36	McGrath Landscapes	
101	Alan Murphy			00:21:37	Temp Reg	
102	Declan Healy			00:21:39	Temp Reg	
103	Marie Kissane	0/35H	0/35H2	00:21:39	Eli Lilly	
104	Denis Kelleher	0/50C		00:21:43	Kelleher	
105	John O'Driscoll	0/60E	0/60E1	00:21:46	FAS	
106	Benny Barrett			00:21:47	Temp Reg	
107	Colm Kennedy			00:21:50	Temp Reg	
108	Billy Geaney			00:21:53	Temp Reg	
109	Laura Fitzgerald			00:21:56	Temp Reg	
110	Jill McCarthy	0/40I	0/40I2	00:21:58	HSE	F-A-1
111	Paul Healy	0/45B		00:21:58	Simply Suits	
112	Ger Enright	0/50C		00:21:59	Musgrave	
113	Greg Moore			00:22:07	Temp Reg	
114	Olga O'Sullivan	0/40I	0/40I3	00:22:07	Dell-EMC	
115	Dave Robb			00:22:08	Temp Reg	
116	Joe Murphy			00:22:09	Musgrave	
117	Charles Russell	0/45B		00:22:10	Moog	
118	Colin Murphy	0/40A		00:22:20	Legal IT	
119	Tony Johnson			00:22:21	Solarwinds	
120	Lisa Crowley	0/40I		00:22:24	Simply Suits	F-B-2
121	Noel O'Connor	0/60E	0/60E2	00:22:26	Dell-EMC	M-B-3
122	John Griffin	0/45B		00:22:32	Blarney Woolen Mills	
123	Calum Walsh			00:22:33	APC Microbiome Institute	
124	Emily Whittaker			00:22:35	Temp Reg	
125	Ben Henry			00:22:42	Arup	
126	Alan Jenkin			00:22:45	Temp Reg	
127	Thomas Fitzgerald			00:22:51	Depuy Synthes	
128	Kevin Donovan			00:22:55	Temp Reg	
129	Mike Terry	0/40A		00:22:56	ESI Technologies	
130	Siobhan Lillis	0/35H	0/35H3	00:22:59	Apple	
131	Robert Murphy			00:23:0	Temp Reg	
132	Ronan Kelleher			00:23:03	Temp Reg	
133	John O'Callaghan			00:23:03	Temp Reg	

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134	Donal O'Callaghan	0/50C		00:23:04	Arup	
135	Dan Cronin			00:23:04	Temp Reg	
136	Shane Walsh	0/45B		00:23:05	Landsbridge Transport	
137	Padraig O'herlihy			00:23:07	AIB	
138	Ken Higgs	0/65F	0/65F2	00:23:08	UCC	
139	Jason O'Mahony			00:23:09	Dell-EMC	
140	Vincent Groarke	0/50C		00:23:10	Analog Devices	
141	Jj O Donoghue			00:23:12	Temp Reg	
142	Brendan Deane	0/50C		00:23:17	CIT	M-C-3
143	Bernard Coleman			00:23:19	Complete Financial	
144	Donal O'Donogue	0/50C		00:23:21	NSC	
145	Yvonne Sheehan			00:23:28	Temp Reg	
146	Michael Creed	0/55D		00:23:34	Happy Feet	
147	Joe Murphy	0/60E	0/60E3	00:23:41	Cork County Council	
148	Dave O'Leary			00:23:42	CIT	
149	Niamh Sheehan			00:23:45	HSE	
150	Frances O'Connor	0/55L	0/55L2	00:23:47	Dept of Ed	
151	Colette Ryan	0/50K	0/50K3	00:23:50	Douglas Meet and Train	
152	Rory Galvin	0/40A		00:23:54	Apple	
153	Olga O'Loughlin	0/35H		00:23:59	Musgrave	F-A-2
154	Mary De Barra	0/45J	0/45J2	00:24:0	HSE	
155	Dan O'Donovan			00:24:06	Temp Reg	
156	Tom Byrne			00:24:07	Temp Reg	
157	Conor Murphy			00:24:10	MOB DOORS	
158	Sharyn O'Callaghan	0/45J	0/45J3	00:24:12	Cork Shops	
159	Gus Murphy			00:24:19	NeoDyne	
160	Denis Allen	0/50C		00:24:20	Furniture Removal	
161	Keith Ryan			00:24:21	Temp Reg	
162	Shauna Murphy			00:24:22	Temp Reg	
163	Martin O'Callaghan			00:24:26	Ronan Daly Jermyn Solicitors	
164	Michael O'Mahony	0/50C		00:24:27	CIT	
165	Mark O'Brien			00:24:29	Itron Management Services	
166	Mick Murphy	0/50C		00:24:35	MOB DOORS	
167	Mary Cotter	0/55L	0/55L3	00:24:37	Fit4Life	
168	Rory Clarke			00:24:39	ESI Technologies	
169	Derry Keane			00:24:52	Temp Reg	
170	James Spillane	0/40A		00:24:54	Stryker	
171	Deirdre O'Connell			00:25:04	Temp Reg	
172	Catherine O'Donovan			00:25:07	Temp Reg	
173	Daniel Stafford	0/40A		00:25:08	G.E. Healthcare	
174	Iolo Pearse			00:25:10	Complete Financial	
175	Ciaran O'Laighin	0/40A		00:25:11	Dell-EMC	
176	J J Casey	0/60E		00:25:13	An Post/Eir	
177	Emma O'Riordan			00:25:15	Temp Reg	
178	John Cagney	0/50C		00:25:21	Dell-EMC	
179	Mary O'Halloran	0/45J		00:25:21	Complete Financial	F-C-2
180	Catherine Linehan	0/55L		00:25:22	Simply Suits	F-B-2
181	John Hayes	0/60E		00:25:25	FAS	
182	Gordon Brooks			00:25:27	Temp Reg	
183	Batt Kearney	0/60E		00:25:36	Blarney Woolen Mills	
184	Ian O'Brien	0/45B		00:25:37	Mondelez Irl	
185	Paddy Gyves	0/70G		00:25:42	Itw Hi-Cone	
186	Eoin Deane	0/45B		00:25:43	CIT	
187	Proinnsias O'Keefe	0/55D		00:25:46	VMware	
188	Kitty Harrington Buckley	0/50K		00:25:47	HSE	
189	Allen Cotter			00:25:48	UCC	
190	Marion Lyons	0/60M	0/60M1	00:25:53	Fit4Life	
191	Olive McCarthy	0/45J		00:25:54	UCC	F-B-1
192	Phelim Barry	0/50C		00:25:55	VMware	
193	Breda Good	0/40I		00:25:56	UCC	
194	Caroline Murnane			00:25:58	GSK	
195	Shauna Wallace			00:25:59	APC Microbiome Institute	
196	Frank Linehan	0/65F		00:26:05	Flservices	
197	Tadgh Hanley	0/50C		00:26:06	G.E. Healthcare	
198	Maire Ui Chonghaile	0/55L		00:26:10	Dept of Ed	
199	Jimmy Murray	0/70G		00:26:13	Cork Mental Health	
200	Gavan O' Sullivan	0/55D		00:26:27	Marymount	

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201	Tom O'Neill	0/60E		00:26:33	CPO	
202	Sinead Quinn			00:26:35	Temp Reg	
203	Ann Hayes	0/45J		00:26:39	John Healy Gates	
204	John Walshe			00:26:42	Temp Reg	
205	No Name			00:26:44	Temp Reg	
206	Kay Dressler	0/45B		00:26:45	Zenith Technologies	M-A-2
207	Rob McGowan			00:26:51	ESI Technologies	
208	John Harrington			00:27:09	Zenith Technologies	M-A-2
209	Conor O'sullivan			00:27:10	Zenith Technologies	M-A-2
210	Laura Cummins			00:27:19	Temp Reg	
211	Aislinn Mellamphy			00:27:19	Temp Reg	
212	Amy Nolan			00:27:20	Temp Reg	
213	John Healy	0/55D		00:27:22	John Healy Gates	
214	Margaret Murphy	0/50K		00:27:25	Complete Financial	
215	Helena Coleman	0/45J		00:27:25	Fire Eye	
216	Amanda Cooney	0/55L		00:27:37	Marymount	
217	Sunita Corcoran	0/45J		00:27:39	HSE	
218	Mary Casey			00:27:40	Temp Reg	
219	Angela O'Mahony	0/50K		00:27:42	Avondhu MF	
220	Jerry Forde	W/C	W/C1	00:27:42	HSE	
221	Francis O Shea	0/40A		00:27:48	Eli Lilly	
222	Jose Campos			00:27:48	Temp Reg	
223	Kerry Constant	0/60E		00:27:50	Constant	
224	Alan Morley			00:27:53	Temp Reg	
225	Mary Mulcahy	0/55L		00:27:57	Bank of Ireland	
226	Noreen O'Halloran			00:27:58	Temp Reg	
227	Denise Murphy			00:28:01	Temp Reg	
228	Regina Mcnamara			00:28:03	Temp Reg	
229	Gillian Murphy	0/40I		00:28:04	The Movement Macroom	
230	John Robinson	0/65F		00:28:12	Duhallow Business	
231	Clare Forde	0/35H		00:28:13	Fota Collection	
232	Irene Keohane	0/45J		00:28:18	IBM	
233	Daniella Aleves			00:28:19	Temp Reg	
234	Catherine Nyhan	0/35H		00:28:20	Morgan McKinley	
235	Denise O'Halloran			00:28:22	Temp Reg	
236	Yvonne Gough	0/50K		00:28:23	Pfizer	
237	Denis Fitzgerald			00:28:32	Temp Reg	
238	Karen Geasley	0/40I		00:28:36	Keen on Sport	
239	Tanya O'sullivan	0/40I		00:29:01	G.E. Healthcare	
240	Angela Tobin	0/55L		00:29:01	HSE	
241	Aisling O'Neill	0/40I		00:29:02	DMP	
242	Charles Kinnane	0/65F		00:29:15	Dell-EMC	
243	Margaret Horgan	0/55L		00:29:39	Horgan's Garage	
244	Elaine Moore	0/35H		00:29:46	Musgrave	
245	Maria Arriaza			00:29:46	Temp Reg	
246	Joe Ravenscroft			00:29:47	Temp Reg	
247	Marco Cosenza	0/45B		00:30:23	Apple	
248	Lorna Kelleher	0/40I		00:30:27	IBM	
249	Alan O'Keeffe	0/55D		00:30:43	AOK COMPUTER SERVICE	
250	Billy Caball	0/70G		00:30:47	FAS	
251	Kay Birch	0/60M	0/60M2	00:31:23	CSO	
252	Sarah Murphy			00:31:31	GSK	
253	Mary K Tobin	0/50K		00:32:42	M+G O'Neill	
254	Mary Healy	0/55L		00:33:09	John Healy Gates	
255	Mary Linehan	0/65N	0/65N1	00:33:09	Flservices	
256	Paddy Daly	0/70G		00:34:18	Army	
257	Bernice Glavin	0/55L		00:34:25	HSE	
258	Denise Kelleher			00:34:26	Temp Reg	
259	Kathleen O'Connell	0/60M		00:34:28	Midleton Town Council	
260	Noreen O'Callaghan	0/45J		00:34:28	Dept of Ed	