

**FMC 5k Results**

Jan 13 2019



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Next race: [Janssen 6k](#)

Sun Feb 10 at 11am

*The course was measured and marked by  
 Jones Counter*

| Men                     |                    |  |  | Women       |                       |
|-------------------------|--------------------|--|--|-------------|-----------------------|
| 1                       | Anthony Mannix     |  |  | 1           | Niamh Moore           |
| 2                       | Eric Curran        |  |  | 2           | Claire O'Brien        |
| 3                       | Jeremy O Donovan   |  |  | 3           | Jennifer Goggin Walsh |
|                         |                    |  |  |             |                       |
|                         |                    |  |  |             |                       |
| <b>Category Winners</b> |                    |  |  |             |                       |
|                         |                    |  |  | <b>0/35</b> |                       |
|                         |                    |  |  | 1           | Lorraine Bolster      |
|                         |                    |  |  | 2           | Deirdre Ansbro        |
|                         |                    |  |  | 3           | Orla Kelly            |
|                         |                    |  |  |             |                       |
| <b>0/40</b>             |                    |  |  | <b>0/40</b> |                       |
| 1                       | Kieran McKeown     |  |  | 1           | Linda O Connor        |
| 2                       | Tim O'Connor       |  |  | 2           | Elaine Guinane        |
| 3                       | Darren Molloy      |  |  | 3           | Siobhan Holland       |
|                         |                    |  |  |             |                       |
| <b>0/45</b>             |                    |  |  | <b>0/45</b> |                       |
| 1                       | Joe Cunningham     |  |  | 1           | Breda Gaffney         |
| 2                       | Finbarr O Dwyer    |  |  | 2           | Anne Bamford          |
| 3                       | John Murphy        |  |  | 3           | Angeles Amoedo-Perez  |
|                         |                    |  |  |             |                       |
| <b>0/50</b>             |                    |  |  | <b>0/50</b> |                       |
| 1                       | Ian O'Leary        |  |  | 1           | Joan Ennis            |
| 2                       | Paul Duggan        |  |  | 2           | Geraldine O'Shea      |
| 3                       | Thomas Fox         |  |  | 3           | Mary Buckley          |
|                         |                    |  |  |             |                       |
| <b>0/55</b>             |                    |  |  | <b>0/55</b> |                       |
| 1                       | Cathal O'Connell   |  |  | 1           | Aine Murphy           |
| 2                       | Brian Linehan      |  |  | 2           | Frances O'Connor      |
| 3                       | Mark Walsh         |  |  | 3           | Carmel Geaney         |
|                         |                    |  |  |             |                       |
| <b>0/60</b>             |                    |  |  | <b>0/60</b> |                       |
| 1                       | Eddie O'Regan      |  |  | 1           | Joan Hough            |
| 2                       | Tom Hannon         |  |  | 2           | Marion Lyons          |
| 3                       | Noel O'Connor      |  |  | 3           |                       |
|                         |                    |  |  |             |                       |
| <b>0/65</b>             |                    |  |  | <b>0/65</b> |                       |
| 1                       | Joe Gough          |  |  | 1           | Mary Linehan          |
| 2                       | Andrew O'Farrell   |  |  | 2           |                       |
| 3                       |                    |  |  | 3           |                       |
|                         |                    |  |  |             |                       |
| <b>0/70</b>             |                    |  |  |             |                       |
| 1                       | Richard Piotrowski |  |  |             |                       |
| 2                       |                    |  |  |             |                       |
| 3                       |                    |  |  |             |                       |
|                         |                    |  |  |             |                       |
| <b>W/C</b>              |                    |  |  |             |                       |
| 1                       | Jerry Forde        |  |  |             |                       |



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| Pos | Name                  | Cat   | Prize  | Time     | Company                  | Team  |
|-----|-----------------------|-------|--------|----------|--------------------------|-------|
| 1   | Anthony Mannix        |       | M1     | 00:15:49 | Dell-EMC                 | M-A-3 |
| 2   | Eric Curran           |       | M2     | 00:15:55 | Heineken                 |       |
| 3   | Jeremy O Donovan      | 0/40A | M3     | 00:15:59 | Eli Lilly                | M-A-1 |
| 4   | Kieran McKeown        | 0/40A | 0/40A1 | 00:16:11 | Kieran McKeown Fitness   |       |
| 5   | Joe Cunningham        | 0/45B | 0/45B1 | 00:16:13 | Eli Lilly                | M-A-1 |
| 6   | Tim O'Connor          | 0/40A | 0/40A2 | 00:16:15 | Ervia                    | M-C-1 |
| 7   | Darren Molloy         | 0/40A | 0/40A3 | 00:16:15 | Navy                     | M-A-2 |
| 8   | Rory O'Sullivan       | 0/40A |        | 00:16:22 | Dept of Ed               |       |
| 9   | Michael Morgan        | 0/40A |        | 00:16:22 | Musgrave                 |       |
| 10  | Donal Coakley         |       |        | 00:16:25 | Gilead Sciences          |       |
| 11  | Vivian Foley          |       |        | 00:16:27 | Temp Reg                 |       |
| 12  | Finbarr O Dwyer       | 0/45B | 0/45B2 | 00:16:56 | CPO                      |       |
| 13  | Gavin O'Rourke        |       |        | 00:16:58 | Eli Lilly                | M-A-1 |
| 14  | Garrett Lordan        |       |        | 00:17:00 | Temp Reg                 |       |
| 15  | Graham Swords         |       |        | 00:17:02 | Navy                     | M-A-2 |
| 16  | Chris Murnane         |       |        | 00:17:03 | Temp Reg                 |       |
| 17  | Cathal O'Connell      | 0/55D | 0/55D1 | 00:17:03 | UCC                      |       |
| 18  | Claire Mccarthy       |       |        | 00:17:06 | Temp Reg                 |       |
| 19  | Fergus Nugent         | 0/40A |        | 00:17:06 | Sam McCauleys            |       |
| 20  | Tobi Grab             | 0/40A |        | 00:17:17 | Apple                    | M-C-3 |
| 21  | Sean O'Keeffe         |       |        | 00:17:20 | Temp Reg                 |       |
| 22  | Nick Hogan            |       |        | 00:17:23 | UCC                      |       |
| 23  | Padraig Sheehan       |       |        | 00:17:24 | Cork County Council      | M-B-1 |
| 24  | John O'Mahony         | 0/40A |        | 00:17:25 | SR Technics              |       |
| 25  | Ian O'Leary           | 0/50C | 0/50C1 | 00:17:29 | HSE                      |       |
| 26  | Paul Duggan           | 0/50C | 0/50C2 | 00:17:30 | Musgrave                 |       |
| 27  | Michael Coakley       |       |        | 00:17:32 | Navy                     | M-A-2 |
| 28  | John Murphy           | 0/45B | 0/45B3 | 00:17:34 | McCarthy Insurance Group |       |
| 29  | Fergal O'Shea         |       |        | 00:17:39 | Temp Reg                 |       |
| 30  | Shane Cooney          | 0/40A |        | 00:17:40 | PM Group                 |       |
| 31  | Derek O'Keeffe        | 0/40A |        | 00:17:42 | Dell-EMC                 | M-A-3 |
| 32  | Daniel Gallagher      |       |        | 00:17:46 | Arup                     |       |
| 33  | John Callanan         |       |        | 00:18:03 | Temp Reg                 |       |
| 34  | Niamh Moore           |       | F1     | 00:18:05 | HSE                      | F-A-1 |
| 35  | Darren McCann         |       |        | 00:18:05 | Navy                     |       |
| 36  | Kevin Smith           | 0/40A |        | 00:18:06 | Keary Motor Group        |       |
| 37  | Thomas Fox            | 0/50C | 0/50C3 | 00:18:09 | Ronan Daly Jermyn        |       |
| 38  | Brendan Coleman       | 0/40A |        | 00:18:19 | Flanagan Print           |       |
| 39  | Richard Bourke        | 0/40A |        | 00:18:25 | Musgrave                 |       |
| 40  | Mike Mckeown          |       |        | 00:18:27 | Temp Reg                 |       |
| 41  | Stephen Geoghegan     | 0/45B |        | 00:18:30 | Dell-EMC                 | M-A-3 |
| 42  | Gerard Geary          |       |        | 00:18:32 | Fota Collection          | M-B-2 |
| 43  | Claire O'Brien        |       | F2     | 00:18:35 | Dept of Ed               | F-A-2 |
| 44  | Don Keohane           | 0/50C |        | 00:18:45 | CPO                      |       |
| 45  | Cian Mccafferty       |       |        | 00:18:47 | Temp Reg                 |       |
| 46  | Joe Gough             | 0/65F | 0/65F1 | 00:18:48 | Mileeven Ltd             |       |
| 47  | Denis Murphy          |       |        | 00:18:49 | Temp Reg                 |       |
| 48  | Michael Colohan       |       |        | 00:18:50 | Army                     |       |
| 49  | Michael Mulcahy       | 0/40A |        | 00:18:55 | Dell-EMC                 |       |
| 50  | Damien Buttimer       |       |        | 00:18:56 | Stryker                  |       |
| 51  | Jennifer Goggin Walsh | 0/35H | F3     | 00:18:57 | Novartis                 |       |
| 52  | Breda Gaffney         | 0/45J | 0/45J1 | 00:18:58 | Cork Tag Rugby           |       |
| 53  | Seamus Cogan          | 0/40A |        | 00:18:59 | Ervia                    | M-C-1 |
| 54  | Ciaran Courtney       | 0/40A |        | 00:19:0  | Eli Lilly                |       |
| 55  | Brian Linehan         | 0/55D | 0/55D2 | 00:19:04 | G4S Security             |       |
| 56  | James Naughton        | 0/45B |        | 00:19:07 | Alcon                    |       |
| 57  | Ciaran Coleman        | 0/45B |        | 00:19:10 | Pfizer                   |       |
| 58  | Joe Jordan            |       |        | 00:19:15 | Temp Reg                 |       |
| 59  | Nial O'Leary          | 0/45B |        | 00:19:18 | UCC                      |       |
| 60  | Lorraine Bolster      | 0/35H | 0/35H1 | 00:19:23 | Denis Cronin Electrical  |       |
| 61  | Liam Murphy           | 0/45B |        | 00:19:24 | Ervia                    | M-C-1 |
| 62  | Stephen Crowley       |       |        | 00:19:27 | Stryker                  |       |
| 63  | Darryl Broderick      | 0/40A |        | 00:19:29 | Ronan Daly Jermyn        |       |
| 64  | Daryl Mossop          |       |        | 00:19:33 | Janssen                  |       |
| 65  | Trevor Collins        | 0/40A |        | 00:19:37 | VMware                   |       |
| 66  | Ger O'Regan           | 0/45B |        | 00:19:39 | Midleton Town Council    | M-C-2 |

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|     |                       |       |        |          |                          |       |
|-----|-----------------------|-------|--------|----------|--------------------------|-------|
| 67  | John Kissane          | 0/50C |        | 00:19:40 | UCC                      | M-B-3 |
| 68  | Micheal Lucey         | 0/45B |        | 00:19:41 | Cork Garda               |       |
| 69  | Con Burns             |       |        | 00:19:42 | CIT                      |       |
| 70  | Padraig Coughlan      |       |        | 00:19:43 | ESB                      |       |
| 71  | Jonathan Kenneally    |       |        | 00:19:44 | Solarwinds               |       |
| 72  | Alex Eaton            | 0/40A |        | 00:19:45 | SR Technics              |       |
| 73  | Donal Twomey          |       |        | 00:19:47 | Temp Reg                 |       |
| 74  | Kieran Lynch          | 0/45B |        | 00:19:47 | Ervia                    |       |
| 75  | Joe O'Loughlin        | 0/45B |        | 00:19:48 | Musgrave                 |       |
| 76  | Kate Veale            |       |        | 00:19:49 | Temp Reg                 |       |
| 77  | Alan Cummins          |       |        | 00:19:52 | G.E. Healthcare          |       |
| 78  | Dermot Woods          |       |        | 00:19:52 | Temp Reg                 |       |
| 79  | Damien O Riorrdan     |       |        | 00:19:53 | Fota Collection          | M-B-2 |
| 80  | Enda Kiernan          | 0/45B |        | 00:19:54 | Cork County Council      | M-B-1 |
| 81  | Brian Leahy           |       |        | 00:19:54 | Ervia                    |       |
| 82  | John Dunphy           | 0/45B |        | 00:19:55 | Cork County Council      | M-B-1 |
| 83  | Micheal O'Draighneain |       |        | 00:19:56 | Temp Reg                 |       |
| 84  | Mark Walsh            | 0/55D | 0/55D3 | 00:19:58 | Midleton Town Council    | M-C-2 |
| 85  | Edmond O'Sullivan     | 0/55D |        | 00:19:58 | Midleton Town Council    | M-C-2 |
| 86  | Don Horan             | 0/40A |        | 00:20:01 | CPO                      |       |
| 87  | Alan O'Sullivan       |       |        | 00:20:02 | Red Hat Ltd              |       |
| 88  | Niall Mcsweeney       |       |        | 00:20:02 | Temp Reg                 |       |
| 89  | Siobhan Murphy        |       |        | 00:20:14 | Temp Reg                 |       |
| 90  | Joan Ennis            | 0/50K | 0/50K1 | 00:20:16 | Avondhu MF               |       |
| 91  | Nigel Lucas           |       |        | 00:20:17 | Stryker                  |       |
| 92  | Deirdre Ansbro        | 0/35H | 0/35H2 | 00:20:17 | Flanagan Print           |       |
| 93  | Stephen Creedon       | 0/40A |        | 00:20:19 | Solarwinds               |       |
| 94  | Fionan O'Haodain      | 0/45B |        | 00:20:20 | Midleton Town Council    |       |
| 95  | Martin Lynch          | 0/55D |        | 00:20:21 | Boston Scientific        |       |
| 96  | Brian Cott            | 0/40A |        | 00:20:26 | PM Group                 |       |
| 97  | Mark McMahan          |       |        | 00:20:28 | Temp Reg                 |       |
| 98  | Jonathan Hogan        |       |        | 00:20:36 | Navy                     |       |
| 99  | Sean Kenneally        |       |        | 00:20:38 | Flanagan Print           |       |
| 100 | Linda O Connor        | 0/40I | 0/40I1 | 00:20:43 | Musgrave                 |       |
| 101 | Kevin McCourt         | 0/40A |        | 00:20:44 | Fota Collection          | M-B-2 |
| 102 | John Santry           |       |        | 00:20:44 | Dell-EMC                 |       |
| 103 | Dara O'Sullivan       |       |        | 00:20:47 | Temp Reg                 |       |
| 104 | Dave Sheehan          |       |        | 00:20:47 | Musgrave                 |       |
| 105 | Keith Buckley         |       |        | 00:20:48 | Avondhu MF               |       |
| 106 | Jon Waterman          |       |        | 00:20:49 | Carrig Print Litho Press |       |
| 107 | Anthony Creed         |       |        | 00:20:50 | Happy Feet               |       |
| 108 | David O'Leary@ucc.ie  | 0/45B |        | 00:20:51 | UCC                      | M-B-3 |
| 109 | Ali O'Connor          |       |        | 00:20:52 | Musgrave                 |       |
| 110 | John Cashman          |       |        | 00:20:53 | Flanagan Print           |       |
| 111 | Keith Lee             |       |        | 00:20:54 | VMware                   |       |
| 112 | Annmarie Burns        |       |        | 00:20:55 | CIT                      |       |
| 113 | Geraldine O'Shea      | 0/50K | 0/50K2 | 00:20:58 | UCC                      |       |
| 114 | Phillip O'Sullivan    |       |        | 00:21:0  | Cork County Council      |       |
| 115 | Mary Buckley          | 0/50K | 0/50K3 | 00:21:03 | HSE                      | F-A-1 |
| 116 | Brian Maher           | 0/45B |        | 00:21:04 | CAB Motor Company        |       |
| 117 | Fergal Quinlan        | 0/45B |        | 00:21:04 | Keen on Sport            |       |
| 118 | Conor O'Regan         |       |        | 00:21:06 | Temp Reg                 |       |
| 119 | Dan Twohig            | 0/40A |        | 00:21:12 | Midleton Town Council    |       |
| 120 | Steve Palmer          | 0/50C |        | 00:21:13 | Fota Collection          |       |
| 121 | Derek Murphy          |       |        | 00:21:15 | Temp Reg                 |       |
| 122 | Trevor Horgan         | 0/40A |        | 00:21:16 | Army                     |       |
| 123 | Barrie Kenny          |       |        | 00:21:16 | CAB Motor Company        |       |
| 124 | Richard Piotrowski    | 0/70G | 0/70G1 | 00:21:17 | The Edge Sports Shop     |       |
| 125 | Nihad Zarkik          |       |        | 00:21:18 | Apple                    | M-C-3 |
| 126 | Diamuid Kenefick      |       |        | 00:21:19 | Stryker                  |       |
| 127 | Linda Dorgan          |       |        | 00:21:21 | Temp Reg                 |       |
| 128 | Graham Bickerstaffe   | 0/40A |        | 00:21:22 | Cork Bearing Co.         |       |
| 129 | David Hurley          | 0/45B |        | 00:21:23 | Musgrave                 |       |
| 130 | Eddie O'Regan         | 0/60E | 0/60E1 | 00:21:26 | Janssen                  |       |
| 131 | Brian Regan           | 0/55D |        | 00:21:26 | CPO                      |       |
| 132 | Anne Bamford          | 0/45J | 0/45J2 | 00:21:27 | Dept of Ed               | F-A-2 |
| 133 | Colm O'Shea           | 0/45B |        | 00:21:28 | Carrig Print Litho Press |       |

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|     |                      |       |        |          |                              |       |
|-----|----------------------|-------|--------|----------|------------------------------|-------|
| 134 | Michelle Ahearne     |       |        | 00:21:29 | Temp Reg                     |       |
| 135 | Ciaran O Conghaile   |       |        | 00:21:30 | Dept of Ed                   |       |
| 136 | Elaine Guinane       | 0/40I | 0/40I2 | 00:21:30 | Dept of Ed                   |       |
| 137 | Mark Twohig          |       |        | 00:21:31 | CAB Motor Company            |       |
| 138 | James Ahern          |       |        | 00:21:32 | Fota Collection              |       |
| 139 | Lee Doherty          | 0/45B |        | 00:21:33 | CIT                          |       |
| 140 | Donal McCarthy       |       |        | 00:21:34 | Dept of Ed                   |       |
| 141 | Tom Hannon           | 0/60E | 0/60E2 | 00:21:35 | UCC                          | M-B-3 |
| 142 | John Casey           | 0/55D |        | 00:21:36 | Permanent Tsb                |       |
| 143 | Adolfo Garcia        | 0/40A |        | 00:21:38 | Apple                        | M-C-3 |
| 144 | Sean O'Riordan       | 0/50C |        | 00:21:39 | SR Technics                  |       |
| 145 | Conin O'Donovan      |       |        | 00:21:41 | Temp Reg                     |       |
| 146 | Tim O'Sullivan       | 0/50C |        | 00:21:42 | Cork County Council          |       |
| 147 | Noel O'Connor        | 0/60E | 0/60E3 | 00:21:43 | Dell-EMC                     |       |
| 148 | Kevin Rooney         |       |        | 00:21:45 | Temp Reg                     |       |
| 149 | Adil Cahit Ansaroglu |       |        | 00:21:45 | Apple                        |       |
| 150 | Siobhan Holland      | 0/40I | 0/40I3 | 00:21:47 | Novartis                     |       |
| 151 | Mick Daly            | 0/45B |        | 00:21:48 | Navy                         |       |
| 152 | Alison Donnelly      |       |        | 00:21:50 | Temp Reg                     |       |
| 153 | George Bullman       | 0/60E |        | 00:21:51 | CIT                          |       |
| 154 | Kevin O Connor       | 0/50C |        | 00:21:56 | CPO                          |       |
| 155 | Willie O'Riordan     | 0/60E |        | 00:21:57 | Army                         |       |
| 156 | Sinead Barnett       |       |        | 00:21:59 | CIT                          |       |
| 157 | Jj Murphy            |       |        | 00:22:02 | Temp Reg                     |       |
| 158 | Kieran Curtin        |       |        | 00:22:03 | Dept of Ed                   |       |
| 159 | Ger Enright          | 0/50C |        | 00:22:05 | Musgrave                     |       |
| 160 | Billy Menton         | 0/60E |        | 00:22:07 | Cork City Council            |       |
| 161 | Tiarnan Roche        |       |        | 00:22:08 | Temp Reg                     |       |
| 162 | Ger Kelleher         |       |        | 00:22:10 | Phelans Pharmacy             |       |
| 163 | Seamus Cahill        | 0/55D |        | 00:22:12 | CPO                          |       |
| 164 | Jason O'Mahony       |       |        | 00:22:14 | Dell-EMC                     |       |
| 165 | Bryan Humphreys      |       |        | 00:22:15 | GSK                          |       |
| 166 | Angeles Amoedo-Perez | 0/45J | 0/45J3 | 00:22:15 | Cork Shops                   |       |
| 167 | Keidaro Ado          |       |        | 00:22:16 | Temp Reg                     |       |
| 168 | Paul Healy           | 0/45B |        | 00:22:17 | Simply Suits                 |       |
| 169 | Dario Giuliano       | 0/40A |        | 00:22:18 | Apple                        |       |
| 170 | Dan Cronin           |       |        | 00:22:19 | Keary Motor Group            |       |
| 171 | David Lynch          | 0/50C |        | 00:22:21 | CIT                          |       |
| 172 | Tony Johnson         |       |        | 00:22:22 | Solarwinds                   |       |
| 173 | Mark Barrett         | 0/45B |        | 00:22:23 | Ronan Daly Jermyn            |       |
| 174 | Josephine Kelleher   | 0/45J |        | 00:22:25 | HSE                          | F-B-1 |
| 175 | Sean O'Brien         | 0/50C |        | 00:22:26 | Cork County Council          |       |
| 176 | Kealan Gallagher     |       |        | 00:22:28 | ESB                          |       |
| 177 | Orla Kelly           | 0/35H | 0/35H3 | 00:22:30 | Carrig Print Litho Press     |       |
| 178 | Ollie Leahy          | 0/40A |        | 00:22:31 | Carrig Print Litho Press     |       |
| 179 | Trevor Moore         | 0/40A |        | 00:22:31 | Musgrave                     |       |
| 180 | Joe Murphy           | 0/60E |        | 00:22:32 | Cork County Council          |       |
| 181 | Tim McCormack        | 0/45B |        | 00:22:33 | Dell-EMC                     |       |
| 182 | Ray Ahern            |       |        | 00:22:37 | Apple                        |       |
| 183 | Philip White         |       |        | 00:22:38 | Fota Collection              |       |
| 184 | Andrew O'Farrell     | 0/65F | 0/65F2 | 00:22:40 | Pfizer                       |       |
| 185 | Barry Ahearne        |       |        | 00:22:46 | Temp Reg                     |       |
| 186 | Denis Looney         | 0/50C |        | 00:22:50 | Marriott Vacations Worldwide |       |
| 187 | John Morrissey       | 0/50C |        | 00:22:51 | UCC                          |       |
| 188 | Michael Creed        | 0/55D |        | 00:22:53 | Happy Feet                   |       |
| 189 | Alan Bradfield       |       |        | 00:22:55 | Solarwinds                   |       |
| 190 | Aidan Twomey         |       |        | 00:22:58 | Temp Reg                     |       |
| 191 | Brian Quinn          |       |        | 00:22:59 | Temp Reg                     |       |
| 192 | Ciara Magnier        |       |        | 00:23:02 | Temp Reg                     |       |
| 193 | Maurice Ring         | 0/40A |        | 00:23:04 | Midleton Town Council        |       |
| 194 | Joan Hough           | 0/60M | 0/60M1 | 00:23:06 | Dept of Ed                   |       |
| 195 | Colin Garde          |       |        | 00:23:07 | Temp Reg                     |       |
| 196 | Alan Smith           |       |        | 00:23:13 | Temp Reg                     |       |
| 197 | Vincent Lucey        | 0/50C |        | 00:23:17 | Eli Lilly                    |       |
| 198 | David Mccann         |       |        | 00:23:17 | Temp Reg                     |       |
| 199 | Adrian O'Leary       |       |        | 00:23:18 | Xanadu                       |       |
| 200 | Aine Murphy          | 0/55L | 0/55L1 | 00:23:19 | UCC                          |       |

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|-----|---------------------|-------|--------|----------|--------------------------|-------|
| 201 | Gavin Quaine        | 0/40A |        | 00:23:20 | Stryker                  |       |
| 202 | Cian McCarthy       |       |        | 00:23:22 | Carrig Print Litho Press |       |
| 203 | Martin Herlihy      | 0/40A |        | 00:23:24 | Cork Mental Health       |       |
| 204 | Damien Manning      |       |        | 00:23:25 | Temp Reg                 |       |
| 205 | Colin Murphy        | 0/45B |        | 00:23:25 | Legal IT                 |       |
| 206 | J J Casey           | 0/60E | J J    | 00:23:26 | An Post/Eir              |       |
| 207 | Ben O'Neill         |       |        | 00:23:27 | Temp Reg                 |       |
| 208 | Mark Ahearne        |       |        | 00:23:28 | Temp Reg                 |       |
| 209 | Jason Deasy         | 0/55D |        | 00:23:29 | CPO                      |       |
| 210 | Keith Ansbro        | 0/40A |        | 00:23:30 | Flanagan Print           |       |
| 211 | Pat Walsh           | 0/55D |        | 00:23:31 | Carrig Print Litho Press |       |
| 212 | Andrew Geaney       | 0/60E |        | 00:23:32 | Apple                    |       |
| 213 | Donal O'Donogue     | 0/50C |        | 00:23:33 | NSC                      |       |
| 214 | Joe Murphy          |       |        | 00:23:33 | Musgrave                 |       |
| 215 | Peter O'Hanlon      | 0/40A |        | 00:23:34 | UCC                      |       |
| 216 | Jimmy O'Sullivan    |       |        | 00:23:35 | Temp Reg                 |       |
| 217 | Siobhan Lillis      | 0/40I |        | 00:23:35 | Apple                    |       |
| 218 | David Twomey        |       |        | 00:23:36 | Temp Reg                 |       |
| 219 | Noreen O'Keefe      | 0/45J |        | 00:23:37 | Dept of Ed               | F-C-1 |
| 220 | Eoin O'Shea         |       |        | 00:23:37 | Dept of Ed               |       |
| 221 | Sean Murphy         | 0/40A |        | 00:23:38 | ESB                      |       |
| 222 | Michael Comyns      | 0/50C |        | 00:23:39 | Cork Garda               |       |
| 223 | Geraldine Hartnett  | 0/35H |        | 00:23:40 | Avondhu MF               |       |
| 224 | Eileen Finn         | 0/35H |        | 00:23:40 | Avondhu MF               |       |
| 225 | Adam O Donovan      |       |        | 00:23:41 | CIT                      |       |
| 226 | Paula Mulcahy       | 0/45J |        | 00:23:43 | UCC                      | F-C-2 |
| 227 | Dan Metzger         | 0/40A |        | 00:23:45 | Apple                    |       |
| 228 | Mick Power          |       |        | 00:23:46 | Temp Reg                 |       |
| 229 | Des White           | 0/55D |        | 00:23:46 | Avondhu MF               |       |
| 230 | Brian Hegarty       |       |        | 00:23:47 | Eli Lilly                |       |
| 231 | Brian Johnston      | 0/40A |        | 00:23:49 | Apple                    |       |
| 232 | Marjorie Packham    |       |        | 00:23:50 | Temp Reg                 |       |
| 233 | Pat Tynan           | 0/45B |        | 00:23:51 | Musgrave                 |       |
| 234 | Micheal Monahan     |       |        | 00:23:52 | Temp Reg                 |       |
| 235 | Kevin Butterworth   |       |        | 00:23:53 | Temp Reg                 |       |
| 236 | Keith Fortune       |       |        | 00:23:54 | Temp Reg                 |       |
| 237 | Michael Brennan     | 0/50C |        | 00:23:54 | CIT                      |       |
| 238 | Robert Walsh        |       |        | 00:23:56 | Temp Reg                 |       |
| 239 | Carol Murphy        | 0/35H |        | 00:23:58 | Flanagan Print           |       |
| 240 | Marie-Therese Brady | 0/45J |        | 00:24:01 | Pfizer                   |       |
| 241 | Kieran Healy        |       |        | 00:24:02 | Temp Reg                 |       |
| 242 | Frances O'Connor    | 0/55L | 0/55L2 | 00:24:02 | Dept of Ed               | F-C-1 |
| 243 | Dave Herlihy        | 0/45B |        | 00:24:03 | GSK                      |       |
| 244 | Colette Ryan        | 0/50K |        | 00:24:04 | Douglas Meet and Train   |       |
| 245 | Patrick Murphy      | 0/50C |        | 00:24:09 | Navy                     |       |
| 246 | John O'Driscoll     | 0/60E |        | 00:24:13 | FAS                      |       |
| 247 | Mark Healy          |       |        | 00:24:14 | Temp Reg                 |       |
| 248 | Dermot Fitzgerald   |       |        | 00:24:16 | Happy Feet               |       |
| 249 | Olive Dooley        | 0/40I |        | 00:24:17 | Musgrave                 | F-B-2 |
| 250 | Mick Dooley         | 0/50C |        | 00:24:19 | CPO                      |       |
| 251 | Kevin O'Donoghue    | 0/40A |        | 00:24:23 | ESB                      |       |
| 252 | Gerard Rasmussen    | 0/60E |        | 00:24:24 | CIT                      |       |
| 253 | Pauline Callan      | 0/45J |        | 00:24:25 | Callan Kitchens          |       |
| 254 | Michael O'Mahony    | 0/50C |        | 00:24:26 | CIT                      |       |
| 255 | Vincent O'Neill     | 0/50C |        | 00:24:27 | Dell-EMC                 |       |
| 256 | Olga O'Loughlin     | 0/35H |        | 00:24:28 | Musgrave                 | F-B-2 |
| 257 | Willie Gould        | 0/40A |        | 00:24:29 | CPO                      |       |
| 258 | Niamh O'Regan       |       |        | 00:24:30 | Arup                     |       |
| 259 | Rodger O'Connor     |       |        | 00:24:30 | Temp Reg                 |       |
| 260 | Batt Kearney        |       |        | 00:24:31 | Temp Reg                 |       |
| 261 | Padraig O'Regan     |       |        | 00:24:32 | Temp Reg                 |       |
| 262 | Denis Cashman       | 0/45B |        | 00:24:32 | CPO                      |       |
| 263 | Alan Morley         |       |        | 00:24:36 | Temp Reg                 |       |
| 264 | Mary Coyne          | 0/40I |        | 00:24:40 | Eli Lilly                |       |
| 265 | John Walsh          |       |        | 00:24:40 | Temp Reg                 |       |
| 266 | Mark Mulcahy        | 0/45B |        | 00:24:41 | UCC                      |       |
| 267 | Tom Cody            | 0/60E |        | 00:24:43 | Midleton Town Council    |       |

**FMC 5k Results**

Jan 13 2019



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|     |                          |       |        |          |                              |       |
|-----|--------------------------|-------|--------|----------|------------------------------|-------|
| 268 | John Hallissey           | 0/65F |        | 00:24:43 | Cork Mental Health           |       |
| 269 | James Spillane           |       |        | 00:24:48 | Temp Reg                     |       |
| 270 | Michael O'Sullivan       |       |        | 00:24:49 | Temp Reg                     |       |
| 271 | John Holland             | 0/65F |        | 00:24:49 | An Post/Eir                  |       |
| 272 | Kieran O'Sullivan        |       |        | 00:24:52 | Temp Reg                     |       |
| 273 | Ken Tierney              |       |        | 00:24:53 | Temp Reg                     |       |
| 274 | Shane Walsh              | 0/45B |        | 00:24:55 | Landsbridge Transport        |       |
| 275 | Mate Adjukovic           |       |        | 00:25:04 | Xanadu                       |       |
| 276 | Colm Herlihy             | 0/40A |        | 00:25:07 | Cork Mental Health           |       |
| 277 | Donie O'Connell          | 0/65F |        | 00:25:08 | Midleton Town Council        |       |
| 278 | Kitty Harrington Buckley | 0/50K |        | 00:25:09 | HSE                          | F-B-1 |
| 279 | Julie Buckley            |       |        | 00:25:10 | Temp Reg                     |       |
| 280 | Clifford Killeen         |       |        | 00:25:12 | Arup                         |       |
| 281 | John O'Leary             | 0/70G |        | 00:25:14 | Bookdeal                     |       |
| 282 | Louise Lynch             |       |        | 00:25:22 | Temp Reg                     |       |
| 283 | Barrie Drennan           | 0/60E |        | 00:25:28 | Amarex                       |       |
| 284 | Mick Murphy              | 0/50C |        | 00:25:31 | MOB DOORS                    |       |
| 285 | Maria Stone              |       |        | 00:25:33 | Janssen                      |       |
| 286 | Patrick Houlihan         |       |        | 00:25:33 | Janssen                      |       |
| 287 | Marion Lyons             | 0/60M | 0/60M2 | 00:25:35 | Fit4Life                     |       |
| 288 | Siobhan Murphy           |       |        | 00:25:36 | Temp Reg                     |       |
| 289 | Geraldine Kirwan         | 0/40I |        | 00:25:38 | Itron Management Services    |       |
| 290 | Tom O'Meara              |       |        | 00:25:39 | Temp Reg                     |       |
| 291 | Sinead O'Leary           |       |        | 00:25:39 | Temp Reg                     |       |
| 292 | Allen Cotter             |       |        | 00:25:41 | UCC                          |       |
| 293 | Olive McCarthy           | 0/45J |        | 00:25:42 | UCC                          | F-C-2 |
| 294 | Grainne Carmody          |       |        | 00:25:44 | Temp Reg                     |       |
| 295 | John Fitzgerald          | 0/50C |        | 00:25:51 | Cork County Council          |       |
| 296 | Frank Linehan            | 0/65F |        | 00:25:54 | Fiservices                   |       |
| 297 | Ger O'Shaughnessy        | 0/45B |        | 00:25:55 | Apple                        |       |
| 298 | Paddy Gyves              | 0/70G |        | 00:25:56 | Itw Hi-Cone                  |       |
| 299 | Brian Martin             | 0/50C |        | 00:25:57 | CPO                          |       |
| 300 | Seamus Stone             | 0/60E |        | 00:26:07 | Flanagan Print               |       |
| 301 | Susan O'Sullivan         |       |        | 00:26:08 | Temp Reg                     |       |
| 302 | Orna O'Halloran          |       |        | 00:26:08 | HSE                          |       |
| 303 | Kevin Mulcahy            |       |        | 00:26:09 | Temp Reg                     |       |
| 304 | Eoin Deane               | 0/45B |        | 00:26:10 | CIT                          |       |
| 305 | Francis Lynch            |       |        | 00:26:11 | Temp Reg                     |       |
| 306 | Collette Dalton          |       |        | 00:26:12 | Temp Reg                     |       |
| 307 | Marion Cotter            | 0/35H |        | 00:26:17 | Musgrave                     |       |
| 308 | Christy Ryng             |       |        | 00:26:21 | Temp Reg                     |       |
| 309 | Mary O'Shea              | 0/40I |        | 00:26:24 | Musgrave                     |       |
| 310 | Ciaran Cahill            | 0/55D |        | 00:26:29 | Happy Feet                   |       |
| 311 | Gillian Bransfield       | 0/35H |        | 00:26:30 | Midleton Town Council        |       |
| 312 | Finbarr Kiely            | 0/55D |        | 00:26:32 | HSE                          |       |
| 313 | Aibhin O'Brien           |       |        | 00:26:33 | Eli Lilly                    |       |
| 314 | Sinead Twomey            |       |        | 00:26:34 | Dept of Ed                   |       |
| 315 | Niamh Mulholland         |       |        | 00:26:35 | Temp Reg                     |       |
| 316 | Ber Looney               | 0/45J |        | 00:26:36 | Marriott Vacations Worldwide |       |
| 317 | Maire Ui Chonghaile      | 0/60M |        | 00:26:37 | Dept of Ed                   |       |
| 318 | Gillian Murphy           | 0/40I |        | 00:26:40 | The Movement Macroom         |       |
| 319 | Tim O'Donovan            |       |        | 00:26:42 | CAB Motor Company            |       |
| 320 | Celia O'Regan            | 0/50K |        | 00:26:44 | HSE                          |       |
| 321 | Mairead Kelleher         | 0/40I |        | 00:26:46 | Phelan'S Pharmacy            |       |
| 322 | Kate Rowan               |       |        | 00:26:47 | Temp Reg                     |       |
| 323 | Carmel Geaney            | 0/55L | 0/55L3 | 00:26:51 | ESB                          |       |
| 324 | Mike Mckeown             |       |        | 00:26:52 | Temp Reg                     |       |
| 325 | Dympna Murphy            | 0/50K |        | 00:26:54 | Cork County Council          |       |
| 326 | Collette Rowan           |       |        | 00:26:55 | Temp Reg                     |       |
| 327 | Aidan Buckley            | 0/50C |        | 00:26:56 | Cork Painters                |       |
| 328 | Angela Murphy            |       |        | 00:26:58 | Temp Reg                     |       |
| 329 | Jimmy Murray             | 0/70G |        | 00:27:0  | Cork Mental Health           |       |
| 330 | John Mccarthy            |       |        | 00:27:01 | Temp Reg                     |       |
| 331 | Don Fitzgerald           |       |        | 00:27:08 | Temp Reg                     |       |
| 332 | Mike Deeney              |       |        | 00:27:10 | Temp Reg                     |       |
| 333 | Therese O'Keeffe         |       |        | 00:27:11 | Temp Reg                     |       |
| 334 | Paul Mcguirk             |       |        | 00:27:12 | Temp Reg                     |       |

**FMC 5k Results**

Jan 13 2019



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|     |                         |       |        |          |                          |
|-----|-------------------------|-------|--------|----------|--------------------------|
| 335 | Anne Marie O'Donovan    | 0/45J |        | 00:27:13 | GSK                      |
| 336 | Celine Morley           | 0/45J |        | 00:27:16 | Carrig Print Litho Press |
| 337 | Tom O'Neill             | 0/60E |        | 00:27:17 | CPO                      |
| 338 | Oonagh Coleman          | 0/55L |        | 00:27:18 | Douglas Meet and Train   |
| 339 | Clare Forde             | 0/35H |        | 00:27:19 | Fota Collection          |
| 340 | Linda Kelleher Carew    | 0/35H |        | 00:27:21 | Carrig Print Litho Press |
| 341 | Sean Madden             |       |        | 00:27:29 | Temp Reg                 |
| 342 | Gordon Adair            | 0/50C |        | 00:27:30 | Musgrave                 |
| 343 | Tadgh Hanley            | 0/50C |        | 00:27:34 | G.E. Healthcare          |
| 344 | Yvonne Gough            | 0/50K |        | 00:27:38 | Pfizer                   |
| 345 | Louise Duffy            | 0/35H |        | 00:27:39 | Eli Lilly                |
| 346 | Kathleen Cahill         | 0/55L |        | 00:27:41 | Dept of Ed               |
| 347 | Mary O'Halloran         | 0/45J |        | 00:27:42 | Complete Financial       |
| 348 | Betty O'Riordan         | 0/60M |        | 00:27:44 | Moog                     |
| 349 | Leslie Feeney           |       |        | 00:27:46 | Temp Reg                 |
| 350 | Kieran Murphy           |       |        | 00:27:50 | Temp Reg                 |
| 351 | Gary O'Neill            |       |        | 00:27:52 | Phelans Pharmacy         |
| 352 | John Hayes              | 0/60E |        | 00:27:54 | FAS                      |
| 353 | Clíodhna Ni Chonghaile  |       |        | 00:28:01 | Cork Garda               |
| 354 | Denise Murphy           |       |        | 00:28:07 | Temp Reg                 |
| 355 | Joanne Gaffney          | 0/35H |        | 00:28:13 | Cork Tag Rugby           |
| 356 | Conor Keane             |       |        | 00:28:14 | Cork Tag Rugby           |
| 357 | Olivia Forde            |       |        | 00:28:15 | Temp Reg                 |
| 358 | Conor Forde             |       |        | 00:28:16 | Temp Reg                 |
| 359 | Kevin Roche             |       |        | 00:28:16 | Temp Reg                 |
| 360 | Lorna Kelleher          | 0/40I |        | 00:28:26 | IBM                      |
| 361 | Laoise Bryan O'Sullivan |       |        | 00:28:33 | Musgrave                 |
| 362 | Aisling O'Neill         | 0/40I |        | 00:28:34 | Cork Tag Rugby           |
| 363 | Liam Donovan            | 0/60E |        | 00:28:38 | Janssen                  |
| 364 | Patricia O'Callaghan    |       |        | 00:28:45 | Temp Reg                 |
| 365 | Mary Mulcahy            | 0/55L |        | 00:28:47 | Bank of Ireland          |
| 366 | Tony Dunne              | 0/70G |        | 00:28:48 | Avondhu MF               |
| 367 | David Little            |       |        | 00:28:53 | Temp Reg                 |
| 368 | Noelle Gill             |       |        | 00:28:54 | Temp Reg                 |
| 369 | Michael Coakley         | 0/55D |        | 00:28:55 | Cork County Council      |
| 370 | Agnieszka Jozwiak       |       |        | 00:29:03 | Temp Reg                 |
| 371 | Anne Lucey Murphy       | 0/60M |        | 00:29:03 | Murphy                   |
| 372 | Sean Donovan            | 0/60E |        | 00:29:08 | CIT                      |
| 373 | Bernard Sisk            | 0/70G |        | 00:29:10 | Sisk Builders            |
| 374 | Irene Keohane           | 0/45J |        | 00:29:12 | IBM                      |
| 375 | Anthea O'Brien          |       |        | 00:29:18 | Temp Reg                 |
| 376 | Dennis Fitzgerald       |       |        | 00:29:20 | Temp Reg                 |
| 377 | Sheila Bulman           | 0/50K |        | 00:29:22 | Midleton Town Council    |
| 378 | Norma Murphy            | 0/55L |        | 00:29:23 | ESB                      |
| 379 | Mary Lee                |       |        | 00:29:33 | Temp Reg                 |
| 380 | Sonja Eisenberg         |       |        | 00:29:34 | Fota Collection          |
| 381 | Ann-Marie Phelan        | 0/45J |        | 00:29:34 | Ronan Daly Jermyn        |
| 382 | Elaine Moore            | 0/35H |        | 00:29:35 | Musgrave                 |
| 383 | Mark Sheehan            |       |        | 00:29:40 | Temp Reg                 |
| 384 | Jim O'Callaghan         | 0/60E |        | 00:29:47 | O'Callaghan Plastering   |
| 385 | Angela Tobin            | 0/55L |        | 00:29:48 | HSE                      |
| 386 | Christine Cott          |       |        | 00:29:52 | Temp Reg                 |
| 387 | Mary O'Keefe            |       |        | 00:29:53 | Musgrave                 |
| 388 | Charles Nicholl         | 0/40A |        | 00:29:56 | Pfizer                   |
| 389 | Catherine Twibill       | 0/40I |        | 00:30:03 | VMware                   |
| 390 | Brendan Cronin          |       |        | 00:30:07 | Temp Reg                 |
| 391 | Mary Corbett            | 0/50K |        | 00:30:13 | John Healy Gates         |
| 392 | Kay Birch               | 0/60M |        | 00:30:20 | CSO                      |
| 393 | Marie Ryan              |       |        | 00:30:22 | Temp Reg                 |
| 394 | Tanya Laffan            | 0/35H |        | 00:30:25 | Cork Shops               |
| 395 | Bridie O'Leary          |       |        | 00:30:27 | Temp Reg                 |
| 396 | Mags Reen               |       |        | 00:30:30 | Dept of Ed               |
| 397 | Mary Linehan            | 0/65N | 0/65N1 | 00:30:53 | Flservices               |
| 398 | Louise Carey            |       |        | 00:30:55 | Temp Reg                 |
| 399 | Aileen Donnelly         |       |        | 00:31:0  | Temp Reg                 |
| 400 | Margaret Barry          | 0/65N |        | 00:31:02 | Midleton Town Council    |
| 401 | Ann Hayes               | 0/60M |        | 00:31:09 | HSE                      |



**FMC 5k Results**

Jan 13 2019



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|     |                     |       |      |          |                      |  |
|-----|---------------------|-------|------|----------|----------------------|--|
| 402 | Alan O'Keeffe       | 0/55D |      | 00:31:14 | AOK COMPUTER SERVICE |  |
| 403 | Siobhan Manning     |       |      | 00:31:29 | Temp Reg             |  |
| 404 | Ron Heaphy          |       |      | 00:31:30 | Temp Reg             |  |
| 405 | Suzanne O'Neill     |       |      | 00:31:31 | Temp Reg             |  |
| 406 | Sean Corkery        |       |      | 00:31:32 | Temp Reg             |  |
| 407 | Kathleen Dunne      |       |      | 00:31:36 | Temp Reg             |  |
| 408 | Laura Jane Redmond  |       |      | 00:31:39 | CAB Motor Company    |  |
| 409 | Billy Caball        | 0/70G |      | 00:31:40 | FAS                  |  |
| 410 | Conor Martin        |       |      | 00:31:56 | CPO                  |  |
| 411 | James Hogan         |       |      | 00:31:59 | Legal IT             |  |
| 412 | Paul Twomey         |       |      | 00:32:05 | Temp Reg             |  |
| 413 | Dale Berkeley       |       |      | 00:32:16 | Temp Reg             |  |
| 414 | Dennis Dungalvin    |       |      | 00:32:39 | Temp Reg             |  |
| 415 | Micheline Dungalvin |       |      | 00:32:40 | Temp Reg             |  |
| 416 | Joan McCarthy       | 0/60M |      | 00:32:42 | Bank of Ireland      |  |
| 417 | Craig Mills         | 0/40A |      | 00:32:47 | Fota Collection      |  |
| 418 | Liz Horan           |       |      | 00:32:52 | Temp Reg             |  |
| 419 | Kathleen O'Connell  | 0/65N |      | 00:33:06 | Midleton News        |  |
| 420 | Ann Mccarthy        |       |      | 00:33:12 | Temp Reg             |  |
| 421 | Holly Madden        |       |      | 00:34:32 | Temp Reg             |  |
| 422 | Abbey Madden        |       |      | 00:34:34 | Temp Reg             |  |
| 423 | Siobhan O'Shea      |       |      | 00:34:36 | Temp Reg             |  |
| 424 | Bernice Glavin      |       |      | 00:36:31 | Temp Reg             |  |
| 425 | Maggie Dunne        | 0/65N |      | 00:37:48 | Avondhu MF           |  |
| 426 | Mary Toher          | 0/60M |      | 00:42:53 | Dept of Ed           |  |
| 427 | Jerry Forde         | W/C   | W/C1 | 00:44:00 | HSE                  |  |
|     |                     |       |      |          |                      |  |