

# Vmware 5k Results

Jun 26 2019



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Next race: **BHAA 5k**

Wed Jul 3 at 8pm

Change of venue to Tramore Valley Park

*The course was measured and marked by Jones Counter*

Men				Women	
1	Niall Shanahan			1	Grainne O'Donnell
2	Shane Collins			2	Niamh Roe
3	James Grufferty			3	Linda O'Sullivan
<b>Category Winners</b>					
				<b>0/35</b>	
				1	Colette O' Donoghue
				2	Margaret Hegarty
				3	Gillian Bransfield
<b>0/40</b>				<b>0/40</b>	
1	John O'Mahony			1	Karen Bevan
2	Trevor Collins			2	Roisin Ronayne
3	Shane Meyler			3	Karen Kelleher
<b>0/45</b>				<b>0/45</b>	
1	Damien O'Brien			1	Linda O Connor
2	Trevor Woods			2	Lisa Crowley
3	Denis McCaul			3	Anne Bamford
<b>0/50</b>				<b>0/50</b>	
1	Ken Devine			1	Colette Ryan
2	Paul Duggan			2	Elaine Rodrigues
3	Thomas Fox			3	Catherine Clancy
<b>0/55</b>				<b>0/55</b>	
1	Edmond O'Sullivan			1	Mary Sweeney
2	Brian Linehan			2	Marie Gillman
3	John Cashman			3	
<b>0/60</b>				<b>0/60</b>	
1	Noel O'Connor			1	Carmel Parnell
2	John O'Driscoll			2	Frances O'Connor
3	Paul MacCotter			3	
<b>0/65</b>				<b>0/65</b>	
1	Willie O'Riordan			1	Jean O Sullivan
2	Ken Higgs			2	
3				3	
<b>0/70</b>					
1	Bernard Sisk				
2					
3					
<b>W/C</b>					
1					



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Pos	Name	Cat	Prize	Time	Company	Team
1	Niall Shanahan		M-1	00:14:58	Dept of Ed	
2	Shane Collins		M-2	00:16:16	Apple	M-A-2
3	James Grufferty		M-3	00:16:31	Glanmire Medical Centre	
4	Trevor Cummins			00:16:48	Temp Reg	
5	Mohamed Wahbi			00:16:54	UTRC-I	M-C-1
6	John O'Mahony	0/40A	0/40A1	00:17:13	SR Technics	
7	Ken Devine	0/50C	0/50C1	00:17:16	UCC	M-A-1
8	Paul Duggan	0/50C	0/50C2	00:17:25	Musgrave	M-B-1
9	Craig Harrington			00:17:39	CIT	M-B-2
10	Nick Hogan			00:17:41	UCC	M-A-1
11	David Carr			00:17:42	Temp Reg	
12	Damien O'Brien	0/45B	0/45B1	00:17:42	Samson Martial Arts	
13	Peter Martin			00:17:48	Murphy Matson O'Sullivan	
14	David Comber			00:17:49	Temp Reg	
15	Trevor Woods	0/45B	0/45B2	00:17:50	UCC	M-A-1
16	Liam Ryan			00:17:54	Temp Reg	
17	Denis McCaul	0/45B	0/45B3	00:18:02	Go Online Web Design	
18	John Longan			00:18:09	Temp Reg	
19	Thomas Fox	0/50C	0/50C3	00:18:12	Ronan Daly Jermyn Solicitors	
20	Clive Kerrisk			00:18:28	Temp Reg	
21	Peter Hanrahan			00:18:31	Temp Reg	
22	Trevor Collins	0/40A	0/40A2	00:18:34	VMware	M-B-3
23	Gary Noonan			00:18:37	Temp Reg	
24	Paul Murphy			00:18:40	Apple	M-A-2
25	Grainne O'Donnell	0/35H	F-1	00:18:44	Kumon Douglas	
26	Shane Meyler	0/40A	0/40A3	00:18:48	Navy	
27	Richard Bourke	0/40A		00:18:50	Musgrave	M-B-1
28	Barrie Kenny			00:18:52	CAB Motor Company	
29	Aidan Noone			00:18:57	Temp Reg	
30	David Sweeney			00:19:01	Temp Reg	
31	Ciaran Courtney	0/40A		00:19:05	Eli Lilly	
32	Phillip O'Riordan			00:19:06	Temp Reg	
33	Damien Buttimer			00:19:07	Stryker	
34	Aidan O'Neill			00:19:08	Temp Reg	
35	Niamh Roe		F-2	00:19:10	Dept of Ed	F-A-1
36	John Collins			00:19:11	Temp Reg	
37	Stephen Geoghegan	0/45B		00:19:16	Dell-EMC	M-C-2
38	Daniel Diaz Lopez			00:19:17	UTRC-I	M-C-1
39	Stephen Creedon	0/40A		00:19:19	Solarwinds	
40	Paul Coughlan			00:19:26	Temp Reg	
41	Victor Baraza			00:19:27	Temp Reg	
42	Edwin Cashman			00:19:28	Temp Reg	
43	John O'Farrell			00:19:32	CIT	M-B-2
44	Alan O'Sullivan			00:19:33	Red Hat Ltd	
45	Darryl Broderick	0/40A		00:19:33	Ronan Daly Jermyn Solicitors	
46	Eoin Breathnach	0/40A		00:19:34	Kumon Douglas	
47	Edmond O'Sullivan	0/55D	0/55D1	00:19:35	Midleton Town Council	
48	Paul Penny			00:19:36	Temp Reg	
49	Robin Daly			00:19:37	GSK	
50	Ian Montgomery			00:19:38	HG Construction	
51	Brian Linehan	0/55D	0/55D2	00:19:41	G4S Security	
52	Ruairi Egan			00:19:42	Temp Reg	
53	Joe O'Loughlin	0/45B		00:19:44	Musgrave	M-B-1
54	Linda O'Sullivan	0/45J	F-3	00:19:47	Cope	
55	Damien O'Riordan			00:19:48	Fota Collection	
56	Steven Darby			00:19:54	CIT	M-B-2
57	David O'Riordan	0/40A		00:19:55	UCC	
58	James Hodgins	0/45B		00:19:57	Cognex Irl Ltd	
59	John Cashman	0/55D	0/55D3	00:19:59	Flanagan Print	
60	John Santry			00:20:06	Dell-EMC	M-C-2
61	Colette O' Donoghue	0/35H	0/35H1	00:20:07	Down2Earth Materials	
62	Linda O'Connor	0/45J	0/45J1	00:20:12	Musgrave	F-A-2
63	Andrew O'Callaghan	0/50C		00:20:13	Blarney Woolen Mills	
64	Shane O'Rourke	0/45B		00:20:14	CIT	M-C-3
65	John O'Mahoney			00:20:15	VMware	M-B-3
66	Anton Frank			00:20:17	Schuf Valve Technology	M-A-3

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67	Lisa Crowley	0/45J	0/45J2	00:20:19	Virgin Atlantic	
68	Karen Bevan	0/40I	0/40I1	00:20:21	HSE	F-B-1
69	Mark Dunne			00:20:27	VMware	M-B-3
70	Keiran Twomey			00:20:30	Temp Reg	
71	Keith Buckley			00:20:31	Avondhu MF	
72	Ryan Kruschel			00:20:35	Temp Reg	
73	Colin Garde			00:20:39	Itron Management Services	
74	Eoin O Shea			00:20:40	Apple	M-A-2
75	Colin Condon			00:20:41	Temp Reg	
76	Sean O'Riordan	0/50C		00:20:42	SR Technics	
77	Mark Twohig			00:20:43	CAB Motor Company	
78	Cathal Hickey	0/45B		00:20:45	ESB	
79	Trevor Harty			00:20:48	Temp Reg	
80	Anne Bamford	0/45J	0/45J3	00:20:49	Dept of Ed	F-A-1
81	Patrick Walsh			00:20:50	Cork County Council	
82	Carmel Parnell	0/60M	0/60M1	00:20:50	Cork Shops	
83	Jason O'Mahony			00:20:51	Dell-EMC	M-C-2
84	Christopher Greenan			00:20:53	Temp Reg	
85	Karl Hogan			00:20:59	Dept of Ed	
86	Denise Twohig	0/45J		00:21:0	Tusla	
87	Anne Wolfe	0/45J		00:21:0	Joyce Wolfe Physiotherapy	
88	Krishna Santhanam			00:21:01	Schuf Valve Technology	M-A-3
89	Gary Gibbons	0/45B		00:21:02	Dell-EMC	
90	Richard Reilly			00:21:03	Temp Reg	
91	David Coleman			00:21:04	Temp Reg	
92	Patrick McGowan	0/40A		00:21:05	CIT	M-C-3
93	John Scannel	0/50C		00:21:08	Apple	
94	Jamie Kent			00:21:10	John Healy Gates	
95	John Doherty			00:21:13	Temp Reg	
96	Rose Smyth			00:21:14	Temp Reg	
97	Dermot Gallagher			00:21:15	Novartis	
98	Gearoid Lennon			00:21:16	Transunion	
99	Lee Doherty	0/45B		00:21:17	CIT	M-C-3
100	Denis Carroll	0/55D		00:21:19	Blarney Woolen Mills	
101	Gerard O'Donoghue			00:21:20	Temp Reg	
102	Ian Mac Cormack			00:21:21	Schuf Valve Technology	M-A-3
103	David Lorigan			00:21:22	Temp Reg	
104	Clodagh Creedon			00:21:28	Temp Reg	
105	Mairead Perez			00:21:29	Temp Reg	
106	Ciaran O'donnell			00:21:32	Zenith Technologies	
107	Trevor Moore	0/40A		00:21:33	Musgrave	
108	Cian Quigley			00:21:34	Dept of Ed	
109	Michael Doona			00:21:35	Alcon	
110	Paul Griffin			00:21:38	Transunion	
111	Paul Healy	0/45B		00:21:39	Simply Suits	
112	Noel O'Connor	0/60E	0/60E1	00:21:42	Dell-EMC	
113	Michael Og Manley			00:21:44	Breastcheck	
114	Liam Cashman	0/45B		00:21:46	Apple	
115	Kealan Gallagher			00:21:47	ESB	
116	Graham O'Neill	0/40A		00:21:48	VMware	
117	Denis Cashman	0/45B		00:21:49	CPO	
118	Gonzalo Salinas Hernando			00:21:50	UTRC-I	M-C-1
119	Dave Sheehan			00:21:51	Musgrave	
120	Paudie O'Riordan	0/40A		00:21:52	VMware	
121	Jason Long			00:21:53	Temp Reg	
122	Jerry Murphy			00:21:54	Temp Reg	
123	Willie O'Riordan	0/65F	0/65F1	00:21:55	Army	
124	John O'Driscoll	0/60E	0/60E2	00:21:57	FAS	
125	Margaret Hegarty	0/35H	0/35H2	00:21:58	UCC	
126	Jimmy O Sullivan	0/50C		00:21:59	Depuy Synthes	
127	Aidan O'Callaghan	0/40A		00:22:01	VMware	
128	Ciara Magner			00:22:03	Temp Reg	
129	Paul Dowling			00:22:04	Ervia	
130	Brendan Buckley			00:22:04	Schuf Valve Technology	
131	Mary Sweeney	0/55L	0/55L1	00:22:05	Fit for Life	
132	Adrian O Driscoll			00:22:07	Temp Reg	
133	Pat O'Brien			00:22:10	Temp Reg	

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134	Aiden Twomey	0/40A		00:22:11	Irish Distillers Pernod Ricard	
135	Gillian Cotter	0/45J		00:22:18	UCC	
136	Adolfo Garcia	0/40A		00:22:20	Apple	
137	Colm Kennedy			00:22:23	Temp Reg	
138	Roisin Ronayne	0/40I	0/40I2	00:22:25	M.Feeney Builders	
139	Teddy Hornibrook	0/40A		00:22:25	VMware	
140	Susan Cardiff			00:22:26	Temp Reg	
141	Sean O'Brien	0/55D		00:22:27	Cork County Council	
142	Dave Conway	0/45B		00:22:29	Janssen	
143	Paul MacCotter	0/60E	0/60E3	00:22:30	UCC	
144	Sam Russell			00:22:30	Temp Reg	
145	Gillian Bransfield	0/35H	0/35H3	00:22:30	Midleton Town Council	
146	Karen Kelleher	0/40I	0/40I3	00:22:31	Marymount	F-C-1
147	Colin Murphy	0/45B		00:22:32	Legal IT	
148	Brian O Connell			00:22:33	Temp Reg	
149	George Bullman	0/60E		00:22:35	CIT	
150	Alan O'Halloran			00:22:35	Dell-EMC	
151	Donal O'Donogue	0/50C		00:22:36	NSC	
152	Dermot Foley	0/60E		00:22:37	Super Value Macroom	
153	Marie-Therese Brady	0/45J		00:22:38	Pfizer	
154	Ken Higgs	0/65F	0/65F2	00:22:39	UCC	
155	Kenneth Hussey			00:22:40	Temp Reg	
156	Alannah Keena			00:22:41	VMware	
157	Claire Madden			00:22:43	Temp Reg	
158	Benvon Deasy	0/45J		00:22:45	HSE	F-B-1
159	Alan Foley			00:22:47	Temp Reg	
160	Ronan Hennessy			00:22:50	Temp Reg	
161	Gearoid Morley			00:22:55	Temp Reg	
162	Olga O'Sullivan	0/40I		00:22:57	Dell-EMC	
163	Rachael Kohler	0/45J		00:23:04	Janssen	
164	Olga O'Loughlin	0/40I		00:23:06	Musgrave	F-A-2
165	Finbarr O'Shea			00:23:07	Temp Reg	
166	James Spillane	0/40A		00:23:11	Logitech	
167	Paul Smith			00:23:12	Itron Management Services	
168	Marie Gillman	0/55L	0/55L2	00:23:13	Merck Millipore	
169	Ronan Brett			00:23:14	Temp Reg	
170	Laura Albiol-Tendillo			00:23:15	UTRC-I	
171	Tim McCormack	0/45B		00:23:18	Dell-EMC	
172	Dario Giuliano	0/40A		00:23:19	Apple	
173	Martin O'Sullivan	0/60E		00:23:21	Dept of Ed	
174	Patrick Murphy	0/50C		00:23:22	Navy	
175	Eileen Finn	0/35H		00:23:23	Avondhu MF	
176	Ian O'driscoll			00:23:23	Itron Management Services	
177	Marco Cosenza	0/45B		00:23:24	Apple	
178	Trevor Kelleher			00:23:25	Temp Reg	
179	Andrew Geaney	0/60E		00:23:25	Apple	
180	Geraldine Hartnett	0/35H		00:23:30	Avondhu MF	
181	Michael Morrissey			00:23:32	Morgan McKinley	
182	Proinnsias O'Keeffe	0/55D		00:23:33	VMware	
183	Michael Comyns	0/50C		00:23:34	Cork Garda	
184	Tomas McCormaic	0/45B		00:23:39	MccCormaic	
185	Pauric O'Connor			00:23:41	Legal IT	
186	Brendan Deane	0/50C		00:23:42	CIT	
187	James O'Leary			00:23:43	Temp Reg	
188	John Paul Mannix			00:23:44	Temp Reg	
189	Tom Cody	0/60E		00:23:45	Midleton Town Council	
190	Ulysses Franca			00:23:46	Transunion	
191	Amit Kumar			00:23:47	Temp Reg	
192	Bryan Humphreys			00:23:48	GSK	
193	Steven Murphy			00:23:50	Temp Reg	
194	Iolo Pearse			00:23:51	Complete Financial	
195	Keith Comyn			00:23:52	Temp Reg	
196	Adam O Donovan			00:23:53	CIT	
197	J J Casey	0/65F		00:23:54	An Post/Eir	
198	Tommy Desmond			00:23:55	Temp Reg	
199	Steve Young	0/55D		00:23:57	Musgrave	
200	Rose Lapierre			00:24:0	Temp Reg	

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Next race: [BHA4 5k](#)

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201	Anna Matilainen	0/35H		00:24:06	Apple	
202	Nelius Flynn			00:24:06	CIT	
203	Barry Buckley	0/45B		00:24:08	Schuf Valve Technology	
204	Maria Stone			00:24:09	Janssen	
205	Patrick Houlihan			00:24:10	Janssen	
206	John Hayes	0/60E		00:24:11	FAS	
207	Colette Ryan	0/50K	0/50K1	00:24:12	Douglas Meet and Train	
208	Breda Maguire			00:24:14	Temp Reg	
209	Dan Leahy			00:24:15	UCC STUDENT	
210	Dolores Casey	0/45J		00:24:15	Cork County Council	
211	Andrew O'Farrell	0/65F		00:24:16	Pfizer	
212	Dermot Fitzgerald			00:24:17	Happy Feet	
213	Paul McGrath			00:24:18	Musgrave	
214	Sheila Trunwit	0/45J		00:24:19	Dept of Ed	F-B-2
215	Conor Roche			00:24:20	Temp Reg	
216	Tom O Meara			00:24:20	Itron Management Services	
217	Mark O'Brien			00:24:21	Itron Management Services	
218	Leona Cremin			00:24:22	Temp Reg	
219	Marion Cotter	0/35H		00:24:22	Musgrave	F-C-2
220	Frances O'Connor	0/60M	0/60M2	00:24:24	Dept of Ed	F-B-2
221	Patrick Kenneally			00:24:25	Temp Reg	
222	Sonya O'Brien			00:24:25	Temp Reg	
223	Ann Donnelly			00:24:26	Temp Reg	
224	Ger O'Shaughnessy	0/45B		00:24:27	Apple	
225	Marina Seymour	0/40I		00:24:28	Avondhu MF	
226	Keith Ryan			00:24:30	Temp Reg	
227	Eddie O Carroll			00:24:32	Temp Reg	
228	Gerard Rasmussen	0/60E		00:24:33	CIT	
229	Joe Power			00:24:34	Temp Reg	
230	Deirdre Meyler	0/40I		00:24:35	Depuy Synthes	
231	Olive McCarthy	0/45J		00:24:36	UCC	
232	Fran Lynch	0/55L		00:24:36	Sanctuary Runners	
233	Mary O Connell	0/45J		00:24:37	CPO	
234	Mick Dooley	0/50C		00:24:40	CPO	
235	Brian Hegarty			00:24:40	Eli Lilly	
236	Gerry O'Driscoll	0/55D		00:24:41	Musgrave	
237	Batt Kearney	0/60E		00:24:42	Blarney Woolen Mills	
238	Josephine O Keefe			00:24:42	Temp Reg	
239	Michael O'Mahony	0/50C		00:24:46	CIT	
240	Ciara Grant			00:24:47	Temp Reg	
241	Stephen Murphy	0/60E		00:24:50	Auto Valet	
242	Mari Lyne			00:24:51	Temp Reg	
243	Mick McNamara	0/60E		00:24:53	Bus Eireann	
244	Mary O'Shea	0/40I		00:24:54	Musgrave	F-C-2
245	Mary Casey	0/35H		00:24:55	Logitech	
246	Tim O'Donovan			00:24:57	CAB Motor Company	
247	Susan Lyne	0/40I		00:25:04	EY	
248	Patrick Buckley			00:25:05	Red Hat Ltd	
249	Elaine Rodrigues	0/50K	0/50K2	00:25:14	UCC	
250	Peter O'Leary	0/40A		00:25:15	Happy Feet	
251	Humphrey Canty			00:25:17	Temp Reg	
252	Catherine Clancy	0/50K	0/50K3	00:25:21	M. Feeney Builders	
253	Sinead Twomey			00:25:22	Dept of Ed	
254	Michael Ventre	0/40A		00:25:23	VMware	
255	Gordon Adair	0/50C		00:25:25	Musgrave	
256	Mairead Hyland	0/50K		00:25:26	Marymount	F-C-1
257	Adrian Ryan	0/40A		00:25:27	Douglas Meet and Train	
258	Danielle Dubois			00:25:27	Merck Millipore	
259	Sheila Power	0/45J		00:25:28	Power	
260	Melanie White			00:25:29	Temp Reg	
261	Alan O'Keefe	0/55D		00:25:30	AOK COMPUTER SERVICE	
262	Olivia Holmes	0/40I		00:25:31	Malachy Walsh and Partners	
263	John Walshe			00:25:34	Temp Reg	
264	Siobhan Murphy	0/45J		00:25:34	Irish Distillers Pernod Ricard	
265	Orna O'Halloran			00:25:35	HSE	
266	Claire O'Reilly			00:25:36	Temp Reg	
267	Ruth Daunt			00:25:36	Marymount	

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268	Mary O'Halloran	0/45J		00:25:37	Complete Financial
269	Finbarr Kiely	0/55D		00:25:38	HSE
270	Lisa Cummins	0/35H		00:25:39	Bluemetrix Ltd
271	Bernard Sisk	0/70G	0/70G1	00:25:41	Sisk Builders
272	Sean Reidy			00:25:42	Dell-EMC
273	Ger Kiely	0/65F		00:25:43	UCC
274	Joe Murphy	0/60E		00:25:46	Cork County Council
275	Mark Mulcahy	0/45B		00:25:48	UCC
276	Andrew Palinkas			00:25:50	Temp Reg
277	Emma Rumley			00:25:56	Temp Reg
278	Gillian Murphy	0/40I		00:25:59	The Movement Macroom
279	Liz O'Brien			00:26:01	Temp Reg
280	Jean O Sullivan	0/65N	0/65N1	00:26:02	Douglas Meet and Train
281	Selina Healy			00:26:03	Temp Reg
282	Gearoid Maccoitir	0/40A		00:26:04	Pfizer
283	Dave Peet	0/50C		00:26:09	Pfizer
284	Phung Nguyen			00:26:11	Transunion
285	Mary Toohey	0/35H		00:26:17	GSK
286	Robert Buckley			00:26:18	Temp Reg
287	John Cudmore			00:26:19	UCC
288	John O'Sullivan	0/40A		00:26:26	Schuf Valve Technology
289	Brid Brosnan			00:26:27	Irish Distillers Pernod Ricard
290	John Quigley	0/65F		00:26:27	Douglas Meet and Train
291	Roy O'Keefe			00:26:28	Temp Reg
292	Filip Vorkapic			00:26:29	Temp Reg
293	Kitty Harrington Buckley	0/55L		00:26:30	HSE
294	Cliona Hurley	0/40I		00:26:31	Malachy Walsh and Partners
295	Louise Cooney			00:26:32	Temp Reg
296	Adrian Trant			00:26:36	Temp Reg
297	Frank Linehan	0/65F		00:26:39	Flservices
298	Phelim Barry	0/50C		00:26:41	VMware
299	Kieran Boyde	0/45B		00:26:44	VMware
300	Michael McRedmond			00:26:47	Temp Reg
301	Tadgh Hanley	0/50C		00:26:48	G.E. Healthcare
302	Bernie Twomey	0/45J		00:26:49	Midleton Town Council
303	Violeta Morari	0/40I		00:26:50	CIT
304	Oonagh Coleman	0/55L		00:26:51	Douglas Meet and Train
305	Anne-Marie Sheehan	0/35H		00:26:52	Logitech
306	Moray Russell			00:26:54	Johnson & Perrott
307	Carmel Geaney	0/60M		00:26:55	ESB
308	Maura O Sullivan			00:26:58	Temp Reg
309	Denis Fitzgerald			00:26:59	Dept of Ed
310	Mary Mulcahy	0/55L		00:27:03	Bank of Ireland
311	Margaret Murphy	0/50K		00:27:06	Complete Financial
312	Betty O'Riordan	0/60M		00:27:08	The Movement Macroom
313	Caoimhe Kennedy			00:27:14	Temp Reg
314	David Donnelly			00:27:15	Temp Reg
315	Niamh Kelly			00:27:16	Temp Reg
316	Adrian Foley	0/50C		00:27:18	Army
317	Alice Mc Carthy			00:27:20	Army
318	James Norhridge			00:27:27	Temp Reg
319	Sean Coen	0/55D		00:27:28	Musgrave
320	Denis Manning	0/45B		00:27:28	Cork County Council
321	Francis O'Shea	0/40A		00:27:30	Eli Lilly
322	Yvonne Gough	0/50K		00:27:31	Pfizer
323	Angus Hodge			00:27:41	Logitech
324	Jimmy Murray	0/70G		00:27:42	Cork Mental Health
325	Caroline Kennedy	0/35H		00:27:43	Logitech
326	Frances Byrne	0/60M		00:27:44	Dept of Ed
327	David O Leary			00:27:45	Temp Reg
328	Nicola O Leary			00:27:46	Temp Reg
329	Dennis Murphy			00:27:53	Temp Reg
330	Ella Cooper			00:27:57	Temp Reg
331	Mary O'Keefe			00:27:58	Musgrave
332	Jean Cotter			00:28:0	G.E. Healthcare
333	Amanda Cooney	0/55L		00:28:01	Marymount
334	Elaine O'Brien			00:28:03	Temp Reg

## Vmware 5k Results

Jun 26 2019



www.corkbhaa.com  
[www.fb.com/corkbhaa](http://www.fb.com/corkbhaa)  
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Next race: [BHA4 5k](#)

Wed Jul 3 at 8pm

Change of venue to **Tramore Valley Park**

*The course was measured and marked by  
 Jones Counter*

335	Avril O'Brien	0/35H	00:28:04	Zenith Technologies
336	Roisin Nimhairtin		00:28:05	Temp Reg
337	Ian Kohler	0/70G	00:28:20	Janssen
338	Hubert Crowe		00:28:31	Red Hat Ltd
339	Sandy Rumley		00:28:36	Temp Reg
340	Charles Kinnane	0/70G	00:28:40	Dell-EMC
341	Niamh Lee	0/40I	00:28:53	AIB
342	Eoin Deane	0/45B	00:28:54	CIT
343	Elaine Moore	0/40I	00:28:55	Musgrave
344	Adrian O'Regan		00:29:01	Temp Reg
345	Trevor O Sullivan		00:29:02	Johnson & Perrott
346	Sharon Keohane		00:29:09	Temp Reg
347	Anne Lucey Murphy	0/60M	00:29:11	Murphy
348	James Hogan		00:29:15	Legal IT
349	Jeremiah Murphy		00:29:18	Temp Reg
350	Jose Fernandez		00:29:22	Temp Reg
351	Satoko Flanagan		00:29:23	Temp Reg
352	David Cowhey		00:29:24	Temp Reg
353	Johann Olivier		00:29:25	Temp Reg
354	Tony Kenny		00:29:27	Logitech
355	Denise Murphy		00:29:31	Temp Reg
356	Mary Linehan	0/65N	00:29:37	Flservices
357	Charles Nicholl	0/40A	00:29:45	Pfizer
358	Jim O'Callaghan	0/60E	00:29:46	O'Callaghan Plastering
359	Judith O' Brien	0/40I	00:29:47	Marymount
360	Mark Rodo		00:29:56	Temp Reg
361	Daniella Alves		00:29:57	Temp Reg
362	Jose Campos		00:29:59	Temp Reg
363	Sophie Gandini		00:30:04	Red Hat Ltd
364	Sean Donovan	0/60E	00:30:09	CIT
365	Stephen O'Keefe		00:30:11	Temp Reg
366	Fengxian Tian		00:30:13	Temp Reg
367	Kay Birch	0/60M	00:30:14	CSO
368	Lilly Ahern		00:30:19	Temp Reg
369	Catherine O'Neill		00:30:20	Temp Reg
370	Anne Sheehy	0/60M	00:30:22	Mahon CDP
371	Kerry Constant	0/60E	00:30:27	Constant
372	Conor McManagan		00:30:28	Temp Reg
373	Billy Caball	0/70G	00:30:38	FAS
374	Anne O'Sullivan	0/60M	00:30:46	HSE
375	Mohamed Hamama		00:31:12	Eli Lilly
376	Catherine Twibill	0/40I	00:31:15	VMware
377	Roseanne Norris		00:31:22	Temp Reg
378	Brid Cahalane		00:31:29	Temp Reg
379	Denise Cullinane	0/50K	00:31:33	CSO
380	Kathleen O'Connell	0/65N	00:31:33	Midleton Town Council
381	Robert Murphy		00:31:37	Temp Reg
382	Joanne Murphy		00:31:39	Temp Reg
383	Karen O'Brien	0/35H	00:31:59	Itron Management Services
384	Maeve O'Hare		00:32:06	Itron Management Services
385	Noreen O'Neill		00:32:08	Temp Reg
386	Teresa Ludgate	0/50K	00:32:10	PM Group
387	Mairead Cummins	0/45J	00:32:37	PM Group
388	Paul O'Neill		00:32:42	Temp Reg
389	Siobhan O Shea		00:32:43	Temp Reg
390	Danielle Garvin		00:32:57	Temp Reg
391	Liz Lenehan		00:32:57	Temp Reg
392	Robyn Jenkinson Butler		00:32:59	Irish Distillers Pernod Ricard
393	Madalina Comanariu		00:33:43	Temp Reg
394	Bernice Glavin	0/60M	00:33:44	HSE
395	Nicolle Carvalho Ferreira		00:33:45	Logitech
396	Sinead Power	0/45J	00:33:46	Marymount
	Mary Toher	0/60M	00:42:46	Dept of Ed