

Depuy Synthes 4 Mile Results

Jul 27 2022



www.corkbhaa.com
[www.fb.com/corkbhaa](https://www.facebook.com/corkbhaa)
 Twitter: @corkbhaa

Next race: [Novartis 5k](#)
 Wed Aug 3 at 8pm

*The course was measured and marked by
 Jones Counter courtesy of Kevin Cummins
 (A.A.I. Certified course measurer)*

Men				Women	
1	Tony Forristal			1	Michelle Kenny
2	Michael Corbett			2	Linda O Connor
3	Nick Hogan			3	Meadhbh Moynihan

Category Winners					
				0/35	
					1 Anita Locke
					2 Deirdre Flanagan
					3 Yan Zhang
0/40				0/40	
1	Alan O'Brien			1	Margaret Hegarty
2	Darren Ahern			2	Olga O'Loughlin
3	Richard Bourke			3	Joy Barry Black
0/45				0/45	
1	Alfie Davis			1	Lisa Crowley
2	Finbar O'Dwyer			2	Paula Mulcahy
3	Declan Dorgan			3	Maire Marshall
0/50				0/50	
1	John O'Brien			1	Fiona Downey
2	Seamus Mc Sweeney			2	Ita Kirwan
3	Stephen Geoghegan			3	Elaine Rodrigues
0/55				0/55	
1	Cathal O'Connell			1	Orla O'Rourke
2	Martin Lynch			2	Mary Buckley
3	Thomas Fox			3	Orla Crosbie
0/60				0/60	
1	Denis Browne			1	Mary Sweeney
2	Noel O'Connor			2	Frances O'Connor
3	Paul Cotter			3	Maire Ui Chonghaile
0/65				0/65	
1	Bob Anglin			1	Carmel Parnell
2	Joseph Power			2	Marion Lyons
3	Willie O'Riordan			3	
0/70				0/70	
1	John Holland			1	Maggie Dunne
2	Pat Twomey				
0/75					
3	Tony Dunne				
W/C					
1	Jerry Forde				

Depuy Synthes 4 Mile Results

Jul 27 2022



www.corkbhaa.com
[www.fb.com/corkbhaa](https://www.facebook.com/corkbhaa)
 Twitter: @corkbhaa

Next race: [Novartis 5k](#)
 Wed Aug 3 at 8pm

*The course was measured and marked by
 Jones Counter courtesy of Kevin Cummins
 (A.A.I. Certified course measurer)*

Pos	Name	Cat	Prize	Time	Company	Team
1	Tony Forristal		M1	00:21:20	Midleton Collective	M-A-2
2	Michael Corbett	0/45B	M2	00:21:41	Flextronics	
3	Nick Hogan	0/40A	M3	00:21:48	UCC	M-A-1
4	Darren Coleman			00:21:59	Temp Reg	
5	John O'Brien	0/50C	0/50C1	00:22:06	Stryker	
6	Alan O'Brien	0/40A	0/40A1	00:22:11	McCarthy Insurance Group	
7	Seamus Mc Sweeney	0/50C	0/50C2	00:22:20	Nestle	
8	Cathal O'Connell	0/55D	0/55D1	00:22:28	UCC	M-A-1
9	Alfie Davis	0/45B	0/45B1	00:22:49	UCC	M-A-1
10	Shane Cooney			00:22:55	Temp Reg	
11	Darren Ahern	0/40A	0/40A2	00:22:56	Stryker	
12	Finbar O'Dwyer	0/45B	0/45B2	00:23:08	CPO	M-B-1
13	Sheldon Kirkwood			00:23:13	MTU	M-B-3
14	Richard Bourke	0/40A	0/40A3	00:23:28	Musgrave	M-C-2
15	Shane Mullaney			00:23:36	Temp Reg	
16	Declan Dorgan	0/45B	0/45B3	00:23:44	Midleton Collective	M-A-2
17	Loic Garen			00:23:49	Temp Reg	
18	Mark Cronin			00:24:02	Midleton Collective	M-A-2
19	Michelle Kenny	0/40I	F1	00:24:09	Dept of Ed	F-A-2
20	Paul O'Donoghue			00:24:22	Cork Builders Providers	
21	Iain O'Dwyer			00:24:32	CPO	M-B-1
22	Jason O'Mahony	0/40A		00:24:38	Dell Technologies	M-C-1
23	Martin Lynch	0/55D	0/55D2	00:24:47	Boston Scientific	
24	Don Horan	0/40A		00:24:48	CPO	M-B-1
25	Thomas Fox	0/55D	0/55D3	00:24:54	Ronan Daly Jermyn Solicitors	
26	Stephen Geoghegan	0/50C	0/50C3	00:24:58	Dell Technologies	M-C-1
27	Adrian O'Driscoll			00:24:59	Musgrave	M-C-2
28	Linda O'Connor	0/45J	F2	00:25:13	Musgrave	F-A-1
29	Cormac O'Regan			00:25:23	Temp Reg	
30	Meadhbh Moynihan		F3	00:25:26	Complete Financial	F-B-1
31	Anita Locke	0/35H	0/35H1	00:25:30	AL Marketing Consultancy	
32	Hassan Jassim			00:25:32	Depuy Synthes	M-B-2
33	Brian Fox			00:25:36	Temp Reg	
34	Brendan O'Connor			00:25:48	Temp Reg	
35	Jonathon Moriarty	0/40A		00:25:58	Apple	M-C-3
36	Ken Dermody	0/40A		00:26:0	Janssen	
37	James Flack			00:26:03	Temp Reg	
38	Ciaran Courtney	0/45B		00:26:18	Eli Lilly	
39	Edward O'Mahony	0/45B		00:26:21	CBC staff	
40	David Delaney	0/40A		00:26:27	Depuy Synthes	M-B-2
41	Michael Naughton	0/50C		00:26:31	CES	
42	Philip Hayes			00:26:33	Temp Reg	
43	Andrew Rodrigues	0/45B		00:26:34	Dell Technologies	M-C-1
44	Lisa Crowley	0/45J	0/45J1	00:26:38	Virgin Atlantic	
45	Denis Browne	0/60E	0/60E1	00:26:41	Apple	M-C-3
46	Donnacha Moynihan	0/55D		00:26:45	Complete Financial	
47	Orla O'Rourke	0/55L	0/55L1	00:26:46	Keen On Sport	
48	Myles Lacey			00:26:47	Temp Reg	
49	Tom O'Riordan	0/45B		00:26:52	Avoncourt Packaging	
50	Edward Barry			00:26:54	Temp Reg	
51	Seán Crowley	0/45B		00:26:55	Apple	M-C-3
52	Sean O'Donoghue			00:27:10	PM Group	
53	Brian Linehan	0/55D		00:27:11	G4S Security	
54	Joe O'Loughlin	0/45B		00:27:16	Musgrave	M-C-2
55	Ger O'Donoghue			00:27:18	Temp Reg	
56	Shane O'Rourke	0/45B		00:27:21	MTU	M-B-3
57	Vinnie Shaughnessy			00:27:24	Temp Reg	
58	Igor Grubisic			00:27:27	Temp Reg	
59	Seán O'Brien	0/55D		00:27:28	Cork County Council	
60	Adil Cahit Ansaroglu	0/40A		00:27:29	Apple	
61	Damien O'Riordan			00:27:30	Fota Collection	
62	Micheal Kenneally			00:27:34	Temp Reg	
63	Dennis Lane			00:27:40	Temp Reg	
64	Mary Sweeney	0/60M	0/60M1	00:27:41	Fit4Life	F-B-2
65	Paul Lyons			00:27:43	Temp Reg	
66	Mary Buckley	0/55L	0/55L2	00:27:44	HSE	

Depuy Synthes 4 Mile Results

Jul 27 2022



www.corkbhaa.com
www.fb.com/corkbhaa
 Twitter: @corkbhaa

Next race: [Novartis 5k](#)
 Wed Aug 3 at 8pm

*The course was measured and marked by
 Jones Counter courtesy of Kevin Cummins
 (A.A.I. Certified course measurer)*

67	Bob Anglin	0/65F	0/65F1	00:27:47	Navy	
68	Margaret Hegarty	0/40I	0/40I1	00:27:47	UCC	
69	Dara O Sullivan			00:27:48	Temp Reg	
70	Suzanne Alcock			00:27:50	Temp Reg	
71	Paudraig Kingston			00:27:51	Temp Reg	
72	Dario Giuliano	0/45B		00:27:52	Apple	
73	Alan McNamara	0/40A		00:27:56	Army	
74	Paddy Coleman			00:27:58	Temp Reg	
75	Olga O'Loughlin	0/40I	0/40I2	00:28:02	Musgrave	F-A-1
76	Donal O Donoghue	0/55D		00:28:07	TD-Synnex	
77	Gillian Sohun			00:28:09	Temp Reg	
78	Hubertus Wiese	0/50C		00:28:13	Collins Aerospace	
79	Vincent Groarke			00:28:18	Temp Reg	
80	David O Callaghan			00:28:22	Temp Reg	
81	John Scannel	0/50C		00:28:31	Apple	
82	Graham Bickerstaffe	0/45B		00:28:33	Cork Bearing Co.	
83	Paul Healy	0/50C		00:28:39	Computer Data Source	
84	Jimmy O Sullivan	0/55D		00:28:44	Depuy Synthes	M-B-2
85	Will Kerr			00:28:46	Depuy Synthes	M-A-3
86	Pat O'Brien			00:28:56	Itron	
87	Joseph Power	0/65F	0/65F2	00:28:57	Pfizer	
88	Eddie Byrne	0/55D		00:28:59	CPO	
89	Steve Palmer	0/50C		00:29:04	Fota Collection	
90	Daire Hayes			00:29:05	Janssen	
91	Mark Twomey			00:29:10	Temp Reg	
92	Carmel Parnell	0/65N	0/65N1	00:29:15	Cork Shops	
93	Noel O'Connor	0/60E	0/60E2	00:29:16	Dell Technologies	
94	Willie O'Riordan	0/65F	0/65F3	00:29:22	Army	
95	Ian O'Brien	0/45B		00:29:28	Mondelez	
96	Nihad Zarkik	0/40A		00:29:30	Apple	
97	Aiden Browne	0/40A		00:29:31	Army	
98	James O Callaghan			00:29:32	Irish Distillers Pernod Ricard	
99	Sebastian Murphy			00:29:33	Apple	
100	Fiona Downey	0/50K	0/50K1	00:29:37	MTU	F-C-2
101	John Lonergan			00:29:38	Temp Reg	
102	Maude Kelleher			00:29:40	Temp Reg	
103	Sean Daly			00:29:40	Temp Reg	
104	Laura Holland			00:29:42	Temp Reg	
105	David Lynch	0/55D		00:29:43	MTU	M-B-3
106	Michael Brennan	0/50C		00:29:49	MTU	
107	Derry Keane			00:29:57	Temp Reg	
108	Jamie Kent			00:29:58	John Healy Gates	
109	Joy Barry Black	0/40I	0/40I3	00:30:0	Cork County Council	
110	Derek Kavanagh			00:30:03	Temp Reg	
111	Siobhan O Sullivan			00:30:05	Temp Reg	
112	John Holland	0/70G	0/70G1	00:30:06	An Post/Eir	
113	Orla Crosbie	0/55L	0/55L3	00:30:06	UCC	
114	Pat Twomey	0/70G	0/70G2	00:30:11	UCC	
115	Paula Mulcahy	0/45J	0/45J2	00:30:15	UCC	F-C-1
116	Aidan Baragry			00:30:19	Temp Reg	
117	Ita Kirwan	0/50K	0/50K2	00:30:23	Cork County Council	
118	Gary Lynch			00:30:24	Temp Reg	
119	Ronan O Shea			00:30:27	Temp Reg	
120	Susan Cardiff			00:30:31	MSD Brinny	
121	Ray Foley			00:30:32	Temp Reg	
122	Aaron Scott	0/40A		00:30:37	MTU	
123	Paul McCarthy	0/50C		00:30:41	Cognex Irl Ltd	
124	Laurance Cotter	0/40A		00:30:44	Depuy Synthes	M-A-3
125	Aaron Buckley			00:30:46	Temp Reg	
126	Dave O'Leary	0/40A		00:30:48	MTU	
127	Paul Cotter	0/60E	0/60E3	00:30:51	UCC	
128	Des White	0/55D		00:30:52	Avondhu MF	
129	Awa Gondela			00:30:53	Temp Reg	
130	Anthony Neal	0/50C		00:30:54	MTU	
131	Maire Marshall	0/45J	0/45J3	00:30:54	Dept of Ed	F-A-2
132	Conor Roche	0/45B		00:30:58	ISS Security Ireland	
133	Tony O'Brien	0/60E		00:30:59	Dept of Ed	

Depuy Synthes 4 Mile Results

Jul 27 2022



www.corkbhaa.com
[www.fb.com/corkbhaa](https://www.facebook.com/corkbhaa)
 Twitter: @corkbhaa

Next race: [Novartis 5k](#)
 Wed Aug 3 at 8pm

*The course was measured and marked by
 Jones Counter courtesy of Kevin Cummins
 (A.A.I. Certified course measurer)*

134	Patrick Murphy	0/55D		00:31:21	Navy	
135	Aine O Leary			00:31:23	Temp Reg	
136	César Ladeiro			00:31:24	Eli Lilly	
137	Cian Anderson			00:31:25	Temp Reg	
138	Kevin O'Connor	0/50C		00:31:37	Depuy Synthes	M-A-3
139	Colin Murphy	0/45B		00:31:38	Legal IT	
140	Ronan Tattan			00:31:45	Janssen	
141	Deirdre Meyler	0/45J		00:31:47	Depuy Synthes	
142	Shane Meyler	0/45B		00:31:48	Navy	
143	Linda Curtin	0/45J		00:31:51	Avondhu MF	
144	Brendan Deane	0/55D		00:31:52	MTU	
145	Tim McCormack	0/50C		00:32:11	Dell Technologies	
146	James Spillane	0/45B		00:32:13	Logitech	
147	Lorcan Stokes			00:32:15	Temp Reg	
148	Deirdre Flanagan	0/35H	0/35H2	00:32:16	Thermo Fisher Scientific	
149	Elaine Rodrigues	0/50K	0/50K3	00:32:21	UCC	F-C-1
150	Darragh Kiely	0/40A		00:32:23	Dell Technologies	
151	Glenn Lacey	0/60E		00:32:25	Musgrave	
152	Jane Power	0/50K		00:32:27	Douglas Meet and Train	
153	Ger Marshall	0/60E		00:32:27	Certus	
154	Patrick Murphy	0/60E		00:32:29	Bus Eireann	
155	Aoife O Driscoll			00:32:31	Temp Reg	
156	Samuel De Lint	0/45B		00:32:37	Depuy Synthes	
157	Paul Mansbridge	0/55D		00:32:43	Alcon	
158	Kenny Williamson			00:32:45	Temp Reg	
159	Yan Zhang	0/35H	0/35H3	00:32:47	UCC	
160	Mick Dooley	0/55D		00:32:48	CPO	
161	Susan O'Leary	0/40I		00:32:54	Cork County Council	
162	Mary O'Halloran	0/50K		00:32:56	Complete Financial	F-B-1
163	Keith Ryan	0/45B		00:32:58	Abtran	
164	Susan Lyne	0/45J		00:32:59	EY	
165	Margaret Twohig	0/55L		00:33:07	Midleton Collective	
166	Gerard Rasmussen	0/60E		00:33:20	MTU	
167	Frances O'Connor	0/60M	0/60M2	00:33:22	Dept of Ed	
168	Olive McCarthy	0/45J		00:33:23	UCC	
169	Colette Ryan	0/55L		00:33:27	Douglas Meet and Train	
170	Aoife O'Neill			00:33:29	Gilead Sciences	
171	Dave Herlihy	0/50C		00:33:33	Thermo Fisher Scientific	
172	Tommy Desmond			00:33:39	Temp Reg	
173	Joe Murphy	0/65F		00:33:45	Cork City Council	
174	Andrew Geaney	0/65F		00:33:47	Apple	
175	Michael O'Mahony	0/55D		00:33:49	MTU	
176	Marion Lyons	0/65N	0/65N2	00:33:52	Fit4Life	F-B-2
177	Kieran O Callaghan			00:33:55	Temp Reg	
178	Maretta Brennan	0/55L		00:34:0	MTU	F-C-2
179	Mohamed Hamama			00:34:04	Eli Lilly	
180	Kevin Murray			00:34:11	Depuy Synthes	
181	Maire Ui Chonghaile	0/60M	0/60M3	00:34:16	Dept of Ed	
182	Peter O'Leary	0/40A		00:34:17	Happy Feet	
183	John Dinan			00:34:23	Temp Reg	
184	Breda McGuire	0/50K		00:34:25	McCoystuart Group	
185	Adrian Trant			00:34:27	Temp Reg	
186	Martin Butler	0/55D		00:34:31	Butler	
187	Stephen Murphy	0/60E		00:34:38	Auto Valet	
188	Finbar Nyhan			00:34:55	Temp Reg	
189	Caroline Faherty	0/55L		00:35:06	The Movement Macroom	
190	Margaret Murphy	0/50K		00:35:08	Complete Financial	
191	Aoife Holahan	0/40I		00:35:10	CPO	
192	Tracy Wallace			00:35:19	Temp Reg	
193	Martha McNamara	0/60M		00:35:19	Midleton Collective	
194	Marie Kehoe	0/40I		00:35:22	MSD Brinny	
195	Jennifer Supple			00:35:46	Temp Reg	
196	Elaine Moore	0/40I		00:35:50	Musgrave	
197	Trevor Moore	0/45B		00:35:50	Musgrave	
198	Claire McGonagle	0/50K		00:35:59	PM Group	
199	Orla O'Callaghan			00:36:07	TPA	
200	Marie Ryan	0/50K		00:36:07	Avery Dennison	

Depuy Synthes 4 Mile Results

Jul 27 2022



www.corkbhaa.com
[www.fb.com/corkbhaa](https://www.facebook.com/corkbhaa)
 Twitter: @corkbhaa

Next race: [Novartis 5k](#)

Wed Aug 3 at 8pm

*The course was measured and marked by
 Jones Counter courtesy of Kevin Cummins
 (A.A.I. Certified course measurer)*

201	Mary Mulcahy	0/60M		00:36:12	Bank of Ireland	
202	James Kingston			00:36:31	Temp Reg	
203	John Fitzgerald	0/55D		00:36:34	Cork County Council	
204	Batt Kearney	0/65F		00:36:38	Blarney Woolen Mills	
205	Zhu Ming Bao			00:36:41	Temp Reg	
206	John Hegarty	0/50C		00:36:43	Depuy Synthes	
207	Don Buckley	0/50C		00:36:44	Murphys Rock	
208	Angela O Mahony	0/50K		00:36:56	Avondhu MF	
209	Carmel Geaney			00:36:58	ESB	
210	Michael Coakley	0/55D		00:37:16	Cork County Council	
211	Sean Aherne			00:37:19	Temp Reg	
212	Sam Hodgins			00:37:32	Temp Reg	
213	James Hodgins	0/50C		00:37:33	Cognex Irl Ltd	
214	Amanda Cooney	0/60M		00:37:52	Marymount	
215	Fiona Shine	0/55L		00:38:12	John Healy Gates	
216	John O Driscoll	0/50C		00:38:14	MSD Brinny	
217	Kate Crowley			00:38:14	MSD Brinny	
218	Tony Dunne	0/70G	0/75G1	00:38:49	Avondhu MF	
219	Brendan Hayes	0/65F		00:38:55	Hayes	
220	Fabienne Buck	0/45J		00:38:59	Apple	
221	Micheal Outlaw			00:39:02	Temp Reg	
222	Betty O'Riordan	0/65N		00:39:03	The Movement Macroom	
223	Felicity Dawson	0/60M		00:39:10	The Movement Macroom	
224	Paul Fitzgerald			00:39:15	Gas Networks Ireland	
225	Ash Tank			00:39:18	Temp Reg	
226	Patrice Cooney	0/55L		00:39:20	Cooney	
227	Donal Fennessy	0/55D		00:39:35	Douglas Meet and Train	
228	Frank Linehan	0/70G		00:39:55	Flservices	
229	Aine Murphy	0/60M		00:39:56	UCC	
230	Michael Van Der Poel	0/60E		00:40:01	Apple	
231	Gillian Kenneally			00:40:02	Temp Reg	
232	Jerry Forde	W/C	W/C1	00:40:39	HSE	
233	Rob Stapleton			00:40:43	CPO	
234	Bridie O'Leary	0/65N		00:40:56	Cork Mental Health	
235	Diarmuid Barry			00:40:57	Temp Reg	
236	Ann Hayes	0/60M		00:41:18	HSE	
237	Jimmy Murray	0/70G		00:41:37	Cork Mental Health	
238	Cynthia Hoyne			00:41:58	Temp Reg	
239	Ron Heaphy	0/60E		00:42:01	AOK COMPUTER SERVICE	
240	Denis Condon	0/70G		00:42:17	Condon	
241	Alan O'Keefe	0/60E		00:43:06	AOK COMPUTER SERVICE	
242	Billy Caball	0/70G		00:43:31	FAS	
243	Tadgh Hanley	0/50C		00:45:0	G.E. Healthcare	
244	Patrick Fitzgibbon	0/65F		00:47:07	Dept of Ed	
245	Maggie Dunne	0/70P	0/70P1	00:47:30	Avondhu MF	
246	Karen O Sullivan			00:55:11	Temp Reg	
247	Sinead Power	0/50K		00:55:12	Marymount	