

Defence Forces 5k Results

Oct 16 2022



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Next race: [Cork Mental Health 5k](#)

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 (A.A.I. Certified course measurer)*

Men		Women	
1	John Meade	1	Lizzie Lee
2	Kieran McKeown	2	Hannah Steeds
3	Andrew Sheehan	3	Niamh Moore
Category Winners			
		0/35	
		1	Vicki Spiteri
		2	Suzanne Alcock
		3	Geraldine Hartnett
0/40		0/40	
1	David Buckley	1	Lorraine Manning
2	James Grufferty	2	Anna Matilainen
3	Nick Hogan	3	Karen O'Leary
0/45		0/45	
1	Alfie Davis	1	Siobhan Hoare
2	Tim O'Connor	2	Rosaleen Mackeown
3	Tobi Grab	3	Siobhan Holland
0/50		0/50	
1	Trevor Woods	1	Linda O' Sullivan
2	Barry Murphy	2	Sheila Magorrian
3	Stephen Geoghegan	3	Fiona Downey
0/55		0/55	
1	Brian Linehan	1	Mary Buckley
2	Eddie Byrne	2	Orla Crosbie
3	David Lynch	3	Kitty Harrington Buckley
0/60		0/60	
1	Martin Lynch	1	Mary Cotter
2	Edmond O'Sullivan	2	
3	Denis Browne	3	
0/65		0/65	
1	Bob Anglin	1	Carmel Parnell
2		2	
3		3	
0/70			
1	Pat Twomey		
2			
3			
W/C			
1			

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Pos	Name	Cat	Prize	Time	Company	Team
1	Gavin Kenny			00:15:47	Temp Reg	
2	John Meade	0/40A	M1	00:15:54	Dept of Ed	
3	Kieran McKeown	0/45B	M2	00:16:28	Cranky Coach	
4	Andrew Sheehan		M3	00:16:36	Eli Lilly	
5	Darren McCann			00:16:37	Navy	M-A-2
6	David Buckley	0/40A	0/40A1	00:16:39	Stryker	M-B-1
7	Lizzie Lee	0/40I	F1	00:16:41	Apple	
8	Maurice Feehan			00:16:42	Ervia	M-A-3
9	Alfie Davis	0/45B	0/45B1	00:16:49	UCC	M-A-1
10	James Grufferty	0/40A	0/40A2	00:16:53	Glanmire Medical Centre	
11	Nick Hogan	0/40A	0/40A3	00:16:55	UCC	M-A-1
12	Donal Coffey			00:17:05	Temp Reg	
13	Connor McRory	0/40A		00:17:09	Navy	M-A-2
14	Trevor Woods	0/50C	0/50C1	00:17:09	UCC	M-A-1
15	Sheldon Kirkwood			00:17:11	MTU	M-C-1
16	Steven Darby			00:17:13	MTU	M-C-1
17	Tim O'Connor	0/45B	0/45B2	00:17:15	Ervia	M-A-3
18	Michael Kelleher			00:17:17	Inver Bishopstown	
19	Hannah Steeds		F2	00:17:22	Eli Lilly	
20	Tobi Grab	0/45B	0/45B3	00:17:28	Apple	M-C-2
21	Niamh Moore		F3	00:17:36	HSE	F-A-1
22	Ronan McMahon			00:17:39	Temp Reg	
23	Shane Meyler	0/45B		00:17:44	Navy	M-A-2
24	Conor Lucey			00:17:48	Temp Reg	
25	Barry Murphy	0/50C	0/50C2	00:17:49	Eli Lilly	
26	Siobhan Hoare	0/45J	0/45J1	00:17:50	Bon Secours	F-A-2
27	Aaron Cahill			00:17:51	Ervia	M-A-3
28	Peter Howie			00:17:52	Temp Reg	
29	Paul O'Donoghue			00:17:53	Cork Builders Providers	
30	Paul Spiteri	0/40A		00:18:0	Harty Tax Consulting	
31	John Hartnett	0/40A		00:18:07	Army	M-B-2
32	Brian O'Connell	0/45B		00:18:21	RTE	
33	Carol Finn			00:18:24	Carol Finn Physical Therapy	
34	Michael O'Donoghue	0/40A		00:18:29	Trellix	
35	Stephen Geoghegan	0/50C	0/50C3	00:18:46	Dell Technologies	M-C-3
36	Linda O' Sullivan	0/50K	0/50K1	00:18:47	HSE	F-A-1
37	David O'Sullivan	0/40A		00:18:48	Stryker	M-B-1
38	Paul Penney			00:18:50	Temp Reg	
39	Alan O'Sullivan			00:18:56	Red Hat Ltd	
40	Adrian O'Driscoll			00:18:58	Musgrave	
41	Martin Lynch	0/60E	0/60E1	00:18:59	Boston Scientific	
42	Keith Lee	0/40A		00:19:0	VMware	
43	Nigel Lucas	0/40A		00:19:11	Stryker	M-B-1
44	Edmond O'Sullivan	0/60E	0/60E2	00:19:14	Midleton Collective	
45	Rosaleen Mackeown	0/45J	0/45J2	00:19:14	Run with Ros	
46	Bill O'Keeffe			00:19:18	Temp Reg	
47	Vicki Spiteri	0/35H	0/35H1	00:19:22	Midleton Collective	
48	Gavin Quaine	0/40A		00:19:26	Stryker	
49	Kieran O'Donoghue	0/40A		00:19:33	ValleyView Farm	
50	Damien O'Riordan			00:19:40	Fota Collection	
51	Andrew Rodrigues	0/45B		00:19:49	Dell Technologies	M-C-3
52	Conor Ryan	0/40A		00:19:50	RTE	
53	Ciaran Courtney	0/45B		00:19:52	Eli Lilly	
54	Sean O'Callaghan			00:19:57	Temp Reg	
55	Elaine Collins			00:20:05	Bon Secours	F-A-2
56	Lorraine Manning	0/40I	0/40I1	00:20:11	Cork Garda	
57	Denis Browne	0/60E	0/60E3	00:20:13	Apple	M-C-2
58	Enda Kiernan	0/50C		00:20:14	Cork County Council	
59	Dario Giuliano	0/45B		00:20:18	Apple	M-C-2
60	Brian Linehan	0/55D	0/55D1	00:20:26	G4S Security	
61	Krystian Waligora			00:20:36	Temp Reg	
62	Finbarr Wall	0/45B		00:20:37	UCC	M-B-3
63	Dennis Kelleher			00:20:41	Temp Reg	
64	Ryan Treanor			00:20:42	AIB	
65	Dave Sheehan	0/40A		00:20:52	Musgrave	
66	Karl Horgan			00:20:53	Dept of Ed	

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67	Suzanne Alcock	0/35H	0/35H2	00:20:53	Dept of Ed	
68	Siobhan Holland	0/45J	0/45J3	00:20:56	Novartis	
69	Avril Crowley	0/45J		00:20:59	Harty Tax Consulting	
70	Eddie O'Regan	0/60E		00:21:22	Eureka Army Surplus	
71	Bob Anglin	0/65F	0/65F1	00:21:23	Navy	
72	Mary Buckley	0/55L	0/55L1	00:21:27	HSE	F-C-2
73	Geraldine Hartnett	0/35H	0/35H3	00:21:31	Avondhu MF	F-C-1
74	Ken Dermody	0/40A		00:21:35	Janssen	
75	Clare Madden	0/35H		00:21:41	Dept of Ed	
76	Anthony Neal	0/50C		00:21:46	MTU	M-C-1
77	Paul Barry	0/40A		00:21:55	Cork County Council	
78	Sheila Magorrian	0/50K	0/50K2	00:22:02	Avondhu MF	F-C-1
79	John Scannel	0/50C		00:22:03	Apple	
80	Grace Hunter			00:22:05	Temp Reg	
81	Eddie Byrne	0/55D	0/55D2	00:22:06	CPO	
82	David Lynch	0/55D	0/55D3	00:22:16	MTU	
83	Joseph Power	0/65F		00:22:17	Pfizer	
84	David Curtin			00:22:18	Army	M-B-2
85	Colm Menton	0/50C		00:22:18	MTU	
86	Noel O'Connor	0/60E		00:22:20	Dell Technologies	M-C-3
87	Brian Hegarty			00:22:22	Eli Lilly	
88	Ian O'Brien	0/45B		00:22:32	Mondelez	
89	Anna Matilainen	0/40I	0/40I2	00:22:32	Apple	
90	Fiona Downey	0/50K	0/50K3	00:22:35	MTU	F-B-2
91	Michael Beirne			00:22:36	Temp Reg	
92	Evita Volginaite			00:22:38	Temp Reg	
93	Tom O'Riordan	0/45B		00:22:38	Avoncourt Packaging	
94	Angeles Amoedo-Perez	0/50K		00:22:54	Cork Shops	
95	Donal Mcgrath			00:22:55	Temp Reg	
96	Carmel Parnell	0/65N	0/65N1	00:22:58	Cork Shops	
97	Willie O'Riordan	0/65F		00:22:59	Army	M-B-2
98	Joan Rath			00:23:04	Temp Reg	
99	Deirdre Meyler	0/45J		00:23:05	Depuy Synthes	
100	Brendan Deane	0/55D		00:23:06	MTU	
101	Paul Healy	0/50C		00:23:08	Computer Data Source	
102	Ita Kirwan	0/50K		00:23:12	Cork County Council	
103	Maire Marshall	0/45J		00:23:13	Dept of Ed	
104	Orla Crosbie	0/55L	0/55L2	00:23:14	UCC	F-B-1
105	Pat Twomey	0/70G	0/70G1	00:23:16	UCC	M-B-3
106	Adolfo Garcia	0/45B		00:23:20	Apple	
107	James Spillane	0/45B		00:23:32	Logitech	
108	Nelius Flynn	0/40A		00:23:35	MTU	
109	Paul Mc Carthy	0/55D		00:23:36	MTU	
110	Claire O'Brien			00:23:38	Temp Reg	
111	Glenn Lacey	0/60E		00:23:43	Musgrave	
112	John Morrissey	0/50C		00:23:48	UCC	M-B-3
113	George Bullman	0/60E		00:23:52	MTU	
114	Trevor Horgan	0/45B		00:24:01	Army	
115	César Ladeiro			00:24:04	Eli Lilly	
116	Billy Menton	0/65F		00:24:06	ESB	
117	James Sheehan			00:24:08	Temp Reg	
118	Anthony Walsh	0/60E		00:24:10	Apple	
119	Fiona Burke			00:24:11	Eli Lilly	
120	John Holland	0/70G		00:24:11	An Post/Eir	
121	Kevin Murray			00:24:12	Depuy Synthes	
122	Kitty Harrington Buckley	0/55L	0/55L3	00:24:20	HSE	F-C-2
123	Mary Cotter	0/60M	0/60M1	00:24:43	Novartis	
124	Wayne Elmes	0/40A		00:24:48	Midleton Collective	
125	Elaine Rodrigues	0/50K		00:24:49	UCC	F-B-1
126	Majella Harty			00:24:50	Temp Reg	
127	Ger Marshall	0/60E		00:24:55	Certus	
128	Gerard Rasmussen	0/60E		00:24:59	MTU	
129	Joe Conroy	0/60E		00:25:0	Dell Technologies	
130	Colin Murphy	0/45B		00:25:02	Legal IT	
131	Karen O'Leary	0/40I	0/40I3	00:25:03	Cork Mental Health	
132	Patrick Murphy	0/60E		00:25:06	Bus Eireann	
133	Vivienne Murphy			00:25:12	Eli Lilly	

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134	Maria Madigan			00:25:14	Temp Reg	
135	Vincent O'Neill	0/55D		00:25:18	Dell Technologies	
136	Colette Ryan	0/55L		00:25:19	Douglas Meet and Train	
137	Eithne Lordan	0/45J		00:25:21	Eli Lilly	
138	Chris Carroll	0/70G		00:25:23	HSE	
139	Neil Meaney			00:25:25	Temp Reg	
140	John O'Callaghan	0/50C		00:25:26	Complete Financial	
141	Mohamed Hamama			00:25:37	Eli Lilly	
142	David McCarthy	0/55D		00:25:40	Eureka Army Surplus	
143	Breda Good	0/45J		00:25:40	UCC	
144	Daniel Woods			00:25:41	Abbie	
145	Maretta Brennan	0/55L		00:25:47	MTU	F-B-2
146	Andrew O'Farrell	0/65F		00:25:48	Pfizer	
147	Maire Ui Chonghaile	0/60M		00:25:58	Dept of Ed	
148	Olive McCarthy	0/45J		00:26:08	UCC	
149	Deirdre Quinlan	0/55L		00:26:25	DEM Enterprises	
150	Batt Kearney	0/65F		00:26:35	Blarney Woolen Mills	
151	Sean Coen	0/55D		00:26:39	Happy Feet	
152	Mary O'Halloran	0/50K		00:26:40	Complete Financial	
153	Tom O'Neill	0/65F		00:26:42	CPO	
154	Martin Butler	0/55D		00:26:45	Butler	
155	Margaret Murphy	0/50K		00:26:49	Complete Financial	
156	Raymond Foley			00:27:03	Temp Reg	
157	John Walsh			00:27:16	Temp Reg	
158	Marie Ryan	0/50K		00:27:17	Avery Dennison	
159	Fiona Shine	0/55L		00:27:46	John Healy Gates	
160	Michael Coakley	0/55D		00:27:56	Cork County Council	
161	Shane O'Flynn			00:27:57	Temp Reg	
162	Jimmy Murray	0/70G		00:28:05	Cork Mental Health	
163	Caroline Mulcahy			00:28:11	Temp Reg	
164	Robert Fehily			00:28:12	Temp Reg	
165	Jessica Weldon			00:28:27	Temp Reg	
166	Emer O'Connor			00:28:31	Temp Reg	
167	Fiona O'Riordan			00:28:35	Temp Reg	
168	John Fitzgerald	0/55D		00:28:43	Cork County Council	
169	Fabienne Buck	0/45J		00:28:50	Apple	
170	Donal Fennessy	0/55D		00:29:01	Douglas Meet and Train	
171	Patrice Cooney	0/55L		00:29:30	Cooney	
172	Ian Kohler	0/70G		00:29:34	Janssen	
173	Brian Cahill	0/45B		00:29:44	MTU	
174	Dharani Kumaran			00:29:54	Apple	
175	Tony Dunne	0/70G		00:29:56	Avondhu MF	
176	Niamh Murphy	0/35H		00:29:56	Midleton Collective	
177	Bernard Sisk	0/70G		00:30:09	Sisk Builders	
178	Vicky Maye			00:30:27	Temp Reg	
179	Felicity Dawson	0/60M		00:30:30	The Movement Macroom	
180	Frank Linehan	0/70G		00:30:42	Flservices	
181	Betty O'Riordan	0/65N		00:31:10	The Movement Macroom	
182	Tadgh Hanley	0/50C		00:31:33	G.E. Healthcare	
183	Aine Murphy	0/60M		00:32:14	UCC	
184	Anne Sheehy	0/65N		00:32:15	Sheehy	
185	Joan McCarthy	0/60M		00:32:31	Bank of Ireland	
186	Denis Condon	0/70G		00:32:44	Condon	
187	Hussein Emara			00:34:28	Temp Reg	
188	Maggie Dunne	0/65N		00:36:47	Avondhu MF	
189	Helen O'Donoghue	0/65N		00:39:20	O'Donoghue	