

ESB Cross Country 5k Results

Jan 8 2023



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Next race: [Dupont-IFF 6k](#)
 Sun Jan 22 at 11am

*The course was measured and marked by
 Jones Counter courtesy of Kevin Cummins
 (A.A.I. Certified course measurer)*

Men		Women	
1	Barry Twohig	1	Michelle Kenny
2	Donal Coakley	2	Anna Hogan
3	Trevor Cummins	3	Ella Collins
Category Winners			
		0/35	
		1	Edel Buckley
		2	Burcu Akcay Can
		3	
0/40		0/40	
1	Ray O' Connell	1	Margaret Hegarty
2	John Goggin	2	Anita Murphy
3	Connor McCrory	3	Jane Browning
0/45		0/45	
1	Tim O'Connor	1	Linda O Connor
2	Shane Meyler	2	Gail Murray
3	Cornelius Marshall	3	Olga O'Sullivan
0/50		0/50	
1	Edmond Byrne	1	Anne Wolfe
2	Stephen Geoghegan	2	Sheila Trunwit
3	Johnny O Sullivan	3	Ber Looney
0/55		0/55	
1	Richard Hawkins	1	Kitty Harrington Buckley
2	Kieran Twomey	2	Catherine Cancy
3	Mark Bulman	3	Colette Ryan
0/60		0/60	
1	Martin Lynch	1	Mary Sweeney
2	Brian Linehan	2	Felicity Dawson
3	Denis Browne	3	Aine Murphy
0/65		0/65	
1	Joe Gough	1	Marion Lyons
2	JJ Murphy	2	Anne Sheehy
3	Gerard Down	3	Maggie Dunne
0/70			
1	Dan Kennedy		
2	Chris Carroll		
3	Richard Piotrowski		
W/C			
1			

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Pos	Name	Cat	Prize	Time	Company	Team
1	Barry Twohig	0/40A	M1	00:18:31	Emerald Fencing	
2	Naoise O Flaitheartaigh			00:18:51	Temp Reg	
3	Donal Coakley		M2	00:19:23	Gilead Sciences	
4	Aidan Maher			00:19:26	Temp Reg	
5	Trevor Cummins	0/40A	M3	00:19:38	Train with Trevor	
6	Ray O' Connell	0/40A	0/40A1	00:19:48	Ørsted	M-A-2
7	Tim O'Connor	0/45B	0/45B1	00:19:58	Uisce Éireann	
8	David Maher			00:20:16	Temp Reg	
9	Edmond Byrne	0/50C	0/50C1	00:20:42	UCC	M-B-3
10	Sean Twohig			00:20:45	Cork County Council	
11	John Goggin	0/40A	0/40A2	00:20:55	PM Group	
12	Michelle Kenny	0/40I	F1	00:21:01	Dept of Ed	F-A-2
13	Shane Meyler	0/45B	0/45B2	00:21:14	Navy	M-B-1
14	Sean Dowling			00:21:19	Temp Reg	
15	Cornelius Marshall	0/45B	0/45B3	00:21:28	HSE	
16	Cathal Prior	0/45B		00:21:33	Eli Lilly	
17	John Cronin			00:21:40	MTU	M-B-2
18	Steven Darby			00:21:40	MTU	M-B-2
19	Connor McCrory	0/40A	0/40A3	00:21:43	Navy	M-B-1
20	Stephen Geoghegan	0/50C	0/50C2	00:21:44	Dell Technologies	
21	Cian McParland	0/40A		00:21:52	Navy	M-B-1
22	Tobi Grab	0/45B		00:21:59	Apple	M-C-1
23	Eugene O'Keffee			00:22:0	Temp Reg	
24	Sheldon Kirkwood			00:22:07	MTU	M-B-2
25	Anna Hogan	0/45J	F2	00:22:14	UCC	F-A-1
26	Johnny O Sullivan	0/50C	0/50C3	00:22:25	Avondhu MF	
27	John Hartnett	0/40A		00:22:37	Army	M-C-3
28	Ella Collins		F3	00:22:44	Collins	
29	Conor Finn			00:22:49	Temp Reg	
30	Gerard Geary			00:23:0	Fota Collection	
31	Martin Lynch	0/60E	0/60E1	00:23:08	Boston Scientific	
32	Linda O Connor	0/45J	0/45J1	00:23:13	Musgrave	F-B-1
33	Pat Breen			00:23:15	Temp Reg	
34	Joe Gough	0/65F	0/65F1	00:23:17	Mileeven Ltd	
35	Adrian O'Driscoll			00:23:22	Musgrave	M-C-2
36	Brian Linehan	0/60E	0/60E2	00:23:44	G4S Security	
37	Jack Murphy			00:23:53	True Layer	
38	Richard Hawkins	0/55D	0/55D1	00:24:03	Janssen	
39	Dermot Gallagher	0/45B		00:24:06	Biomarin	
40	Thomas Kennefick			00:24:12	Temp Reg	
41	Ryan Kruschel			00:24:23	Temp Reg	
42	Kieran Twomey	0/55D	0/55D2	00:24:31	John O'Connell & Co Accountants	
43	Dave Sheehan	0/40A		00:24:33	Musgrave	M-C-2
44	Sarah Whelan			00:24:37	Temp Reg	
45	Mark Bulman	0/55D	0/55D3	00:24:48	Army	M-C-3
46	JJ Murphy	0/65F	0/65F2	00:24:53	Dept of Ed	
47	Eoghan O'Hara			00:24:54	Navy	M-A-1
48	Gerard Down	0/65F	0/65F3	00:25:0	Down	
49	Kevin O'Donovan	0/45B		00:25:02	Trellix	
50	Brendan Hallissey	0/45B		00:25:03	ESB	
51	Denis Browne	0/60E	0/60E3	00:25:05	Apple	M-C-1
52	Aaron Kelly			00:25:07	Temp Reg	
53	John Moloney			00:25:18	Temp Reg	
54	Niamh Sheehan			00:25:20	Complete Financial	F-C-1
55	Grellan Mcgrath			00:25:28	Temp Reg	
56	Michael Naughton	0/50C		00:25:31	CES	
57	James Murphy			00:25:33	MSD Brinny	
58	Steve O'Connell			00:25:39	MTU	
59	Seán Crowley	0/45B		00:25:46	Apple	M-C-1
60	David Lynch	0/55D		00:25:59	MTU	
61	Ciaran Courtney	0/45B		00:26:05	Eli Lilly	
62	Trevor Collins			00:26:09	Temp Reg	
63	Gail Murray	0/45J	0/45J2	00:26:13	HSE	
64	Eddie O'Regan	0/60E		00:26:15	Eureka Army Surplus	
65	Paul Healy	0/50C		00:26:25	Computer Data Source	
66	Colm Menton	0/50C		00:26:28	MTU	

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67	Paul McArthy	0/50C		00:26:30	Cognex Irl Ltd	
68	Ken Dermody	0/40A		00:26:31	Janssen	
69	Mary Sweeney	0/60M	0/60M1	00:26:31	Fit4Life	F-B-2
70	Jason O'Mahony	0/40A		00:26:32	Dell Technologies	
71	Margaret Hegarty	0/40I	0/40I1	00:26:33	UCC	F-A-1
72	Adil Cahit Ansaroglu	0/40A		00:26:34	Apple	
73	Sareen Walsh			00:26:35	Temp Reg	
74	Damien O'Riordan			00:26:36	Fota Collection	
75	Rob Flynn	0/40A		00:26:37	Apple	
76	Garry Dunlea	0/40A		00:26:37	MSD Brinny	
77	Bob Anglin	0/65F		00:26:38	Navy	M-A-1
78	Denis Carroll	0/60E		00:26:45	Blarney Woolen Mills	
79	Joe O'Loughlin	0/50C		00:26:47	Musgrave	M-C-2
80	Aidan Cooney			00:26:51	Temp Reg	
81	John Kissane	0/55D		00:26:52	UCC	M-B-3
82	Kathleen Ryan			00:27:13	Temp Reg	
83	Shane O'Rourke	0/45B		00:27:15	MTU	
84	Denis Looney	0/55D		00:27:24	Marriott Vacations Worldwide	
85	Thomas Norris			00:27:28	Temp Reg	
86	Olga O'Sullivan	0/45J	0/45J3	00:27:31	Dell Technologies	
87	Dermot O'Sullivan			00:27:32	Temp Reg	
88	Anita Murphy	0/40I	0/40I2	00:27:35	Cork County Council	
89	Liam Cotter	0/45B		00:27:37	UCC	M-B-3
90	Dave O'Leary	0/40A		00:27:38	MTU	
91	Jamie Saunders			00:27:39	Temp Reg	
92	Pat Murphy	0/65F		00:27:40	UCC	
93	Dan Kennedy	0/70G	0/70G1	00:27:41	Dept of Ed	
94	Anne Wolfe	0/50K	0/50K1	00:27:43	Joyce Wolfe Physiotherapy	
95	John Santry	0/40A		00:27:55	Dell Technologies	
96	Iolo Pearse			00:27:57	Complete Financial	
97	Willie O'Riordan	0/65F		00:28:01	Army	M-C-3
98	Andrew Macdonald	0/40A		00:28:11	BNY Mellon	
99	Pat Fogarty	0/55D		00:28:19	ESB	
100	Ray Wallace			00:28:23	Temp Reg	
101	Noel Brosnan			00:28:23	Temp Reg	
102	Anthony Neal	0/50C		00:28:25	MTU	
103	Maire Marshall	0/45J		00:28:28	Dept of Ed	F-A-2
104	Gillian Cotter	0/45J		00:28:28	UCC	
105	Mags Hassett	0/45J		00:28:39	Stryker	
106	Brendan Deane	0/55D		00:28:54	MTU	
107	Brian Johnston	0/45B		00:28:55	Apple	
108	Patrick Murphy	0/55D		00:29:06	Navy	M-A-1
109	Dario Giuliano	0/45B		00:29:10	Apple	M-A-3
110	Ciaran O'Laighin	0/45B		00:29:12	Dell Technologies	
111	Denis Fitzgerald			00:29:14	Temp Reg	
112	Jonathon Wallace			00:29:27	Ørsted	M-A-2
113	Kitty Harrington Buckley	0/55L	0/55L1	00:29:29	HSE	
114	César Ladeiro			00:29:30	Eli Lilly	
115	Paul Hutchinson	0/45B		00:29:35	PwC	
116	Boris De Swart	0/50C		00:29:37	Studio D Architects	
117	Colm Herlihy	0/40A		00:29:40	Cork Mental Health	
118	James Spillane	0/45B		00:29:41	Logitech	
119	Sheila Trunwit	0/50K	0/50K2	00:29:42	Dept of Ed	
120	Marie-Therese Brady	0/45J		00:29:45	Pfizer	
121	Chris Carroll	0/70G	0/70G2	00:29:47	HSE	
122	Claudio Couto			00:29:58	CES	
123	Colin Murphy	0/45B		00:30:0	Legal IT	
124	Andrew Geaney	0/65F		00:30:08	Apple	M-A-3
125	Glenn Lacey	0/60E		00:30:11	Musgrave	
126	Barry Marshall			00:30:37	Ørsted	M-A-2
127	Catherine O Sullivan	0/45J		00:30:37	Avondhu MF	F-C-2
128	Declan Rice	0/40A		00:30:43	Eli Lilly	
129	Tom Hannon	0/65F		00:30:45	UCC	
130	Edel Buckley	0/35H	0/35H1	00:30:50	Apple	
131	Maria Madigan	0/45J		00:30:55	Tower Medical Centre	
132	Seamus Cahill	0/60E		00:30:55	CPO	
133	Trevor Moore	0/45B		00:31:06	Musgrave	

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134	Rachael O'Callaghan	0/45J		00:31:09	Cork Shops	
135	Gerard Rasmussen	0/60E		00:31:11	MTU	
136	Richard Piotrowski	0/70G	0/70G3	00:31:16	The Edge Sports Shop	
137	Ronan Tattan			00:31:19	Janssen	
138	David O'Sullivan	0/40A		00:31:30	Stryker	
139	Keith Buckley	0/40A		00:31:38	Avondhu MF	
140	Siobhan Murphy	0/45J		00:31:39	Pfizer	
141	Ber Looney	0/50K	0/50K3	00:31:40	Marriott Vacations Worldwide	
142	Michael Coakley	0/55D		00:31:41	Cork County Council	
143	Patrick Murphy	0/65F		00:31:46	Bus Eireann	
144	Martin Butler	0/55D		00:31:51	Butler	
145	Catherine Cancy	0/55L	0/55L2	00:31:59	Feeney Builders	
146	Mick Dooley	0/55D		00:32:08	CPO	
147	Tom O'Meara	0/40A		00:32:17	Itron	
148	Michael Comyns	0/55D		00:32:26	Comyns	
149	Dan Metzger	0/45B		00:32:30	Apple	M-A-3
150	Ian O'Brien	0/50C		00:32:48	Mondelez	
151	Colette Ryan	0/55L	0/55L3	00:32:51	Douglas Meet and Train	
152	Jane Browning	0/40I	0/40I3	00:32:58	Ørsted	
153	Hugh Lane			00:33:03	Ørsted	
154	Mary Walsh	0/50K		00:33:05	Pfizer	
155	Mary O'Halloran	0/50K		00:33:08	Complete Financial	F-C-1
156	Susan O'Leary	0/40I		00:33:14	Cork County Council	
157	Oonagh Duggan	0/50K		00:33:28	Fota Collection	
158	Sharyn O'Callaghan	0/50K		00:33:34	Cork Shops	
159	Yücel Erol	0/45B		00:33:36	Apple	
160	J J Casey	0/65F		00:33:38	An Post/Eir	
161	Marion Lyons	0/65N	0/65N1	00:34:0	Fit4Life	F-B-2
162	Celia O'Regan	0/55L		00:34:15	Eureka Army Surplus	
163	Yvonne Gough	0/50K		00:34:17	Cork City Council	
164	Maretta Brennan	0/55L		00:34:33	MTU	
165	Paddy Gyves	0/70G		00:34:37	Itw Hi-Cone	
166	Cemalettin Ozturk	0/40A		00:34:38	MTU	
167	Marco Cosenza	0/50C		00:34:46	Apple	
168	Batt Kearney	0/65F		00:34:53	Blarney Woolen Mills	
169	Olive McCarthy	0/45J		00:35:14	UCC	
170	Elaine Moore	0/40I		00:35:18	Musgrave	F-B-1
171	Felicity Dawson	0/60M	0/60M2	00:35:55	The Movement Macroom	
172	John Crean			00:36:0	Happy Feet	
173	Brian Cahill	0/45B		00:36:11	MTU	
174	Aine Murphy	0/60M	0/60M3	00:36:18	UCC	
175	Mary Mulcahy	0/60M		00:36:18	Bank of Ireland	
176	Angela O Mahony	0/50K		00:36:59	Avondhu MF	F-C-2
177	Denise Cullinane	0/50K		00:37:10	CSO	
178	Allen Cotter	0/40A		00:37:54	UCC	
179	Anne Sheehy	0/65N	0/65N2	00:38:32	Fit4Life	
180	Kay Birch	0/60M		00:38:33	CSO	
181	Donal Fennessy	0/55D		00:38:57	Douglas Meet and Train	
182	Audrey Leray			00:39:44	Temp Reg	
183	Cheyenne Stewart			00:39:52	Temp Reg	
184	Colin Mccarthy			00:39:53	Temp Reg	
185	Tadgh Hanley	0/50C		00:41:04	G.E. Healthcare	
186	Alan O'Keeffe	0/60E		00:42:57	AOK COMPUTER SERVICE	
187	Burcu Akcay Can	0/35H	0/35H2	00:43:46	Apple	
188	Denis Condon	0/70G		00:44:02	Condon	
189	Ertan Rashidov			00:46:13	Apple	
190	Maggie Dunne	0/65N	0/65N3	00:49:15	Avondhu MF	