

IFF-Dupont 5k Results

Jan 22 2023



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Next race: [Janssen 6k](#)

Sun Feb 12 at 11am

AGM on Thurs Jan 26 8pm at Silversprings Hotel

*The course was measured and marked by
 Jones Counter courtesy of Kevin Cummins
 (A.A.I. Certified course measurer)*

Men		Women	
1	James Hayes	1	Lizzie Lee
2	James McCarthy	2	Michelle Kenny
3	Eric Curran	3	Carol Finn
Category Winners			
		0/35	
		1	Vicki Spiteri
		2	Anita Locke
		3	Edel Buckley
0/40		0/40	
1	Paul Cashman	1	Lorraine Manning
2	Nick Hogan	2	Colette O' Donoghue
3	Connor McCrory	3	Jennifer Goggin Walsh
0/45		0/45	
1	Alfie Davis	1	Rosaleen Mackeown
2	Tim O'Connor	2	Linda O Connor
3	Cornelius Marshall	3	Lisa Crowley
0/50		0/50	
1	Edmond Byrne	1	Avril Crowley
2	Johnny O Sullivan	2	Mairead Perez
3	Pat O'Connor	3	Josephine Kelleher
0/55		0/55	
1	John Devine	1	Colette Ryan
2	Kieran Twomey	2	Catherine Clancy
3	Richard Hawkins	3	Maretta Brennan
0/60		0/60	
1	Martin Lynch	1	Mary Sweeney
2	Edmond O'Sullivan	2	Frances O'Connor
3	Denis Browne	3	
0/65		0/65	
1	Jj Murphy	1	Marion Lyons
2	Gerard Down	2	
3	Bob Anglim	3	
0/70		0/70	
1	Ken Higgs		
2	Dan Kennedy		
0/75		0/75	
1	Richard Piotrowski		
W/C		W/C	
1	Jerry Forde		

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Pos	Name	Cat	Prize	Time	Company	Team
1	James Hayes		M1	00:15:11	Dept of Ed	M-A-2
2	James McCarthy		M2	00:15:19	Rooskagh Coffee Co.	
3	John Meade			00:15:22	Temp Reg	
4	Eric Curran		M3	00:15:26	Merck	
5	Aidan Noone			00:15:30	Dept of Ed	M-A-2
6	Danny Mullins			00:15:48	Temp Reg	
7	Tom McGinnity			00:15:54	Temp Reg	
8	Paul Cashman	0/40A	0/40A1	00:15:59	Douglas Credit Union	
9	Nick Hogan	0/40A	0/40A2	00:16:03	UCC	M-A-1
10	Sean Twohig			00:16:05	Cork County Council	
11	Alfie Davis	0/45B	0/45B1	00:16:06	UCC	M-A-1
12	Lizzie Lee	0/40I	F1	00:16:10	Apple	F-A-2
13	Kristaps Liepins			00:16:15	Stryker	M-B-2
14	Tim O'Connor	0/45B	0/45B2	00:16:30	Uisce Éireann	
15	John Cronin			00:16:45	MTU	M-B-3
16	Peter Howie			00:17:05	Cork Garda	
17	Seamus Mcsweeney			00:17:06	Temp Reg	
18	Michelle Kenny	0/40I	F2	00:17:09	Dept of Ed	F-A-1
19	Cornelius Marshall	0/45B	0/45B3	00:17:13	HSE	
20	Tobi Grab	0/45B		00:17:15	Apple	M-A-3
21	Edmond Byrne	0/50C	0/50C1	00:17:16	UCC	M-A-1
22	Connor McCrory	0/40A	0/40A3	00:17:27	Navy	M-B-1
23	Carol Finn		F3	00:17:35	Carol Finn Physical Therapy	
24	Jp Treacy			00:17:36	Cork City Council	
25	Cian McParland	0/40A		00:17:45	Navy	M-B-1
26	Adrian O'Driscoll			00:17:48	Musgrave	M-C-1
27	Jason O'Mahony	0/40A		00:17:51	Dell Technologies	M-C-2
28	Steven Darby			00:17:52	MTU	M-B-3
29	Ger Geary			00:17:56	Fota Collection	
30	Johnny O Sullivan	0/50C	0/50C2	00:17:57	Avondhu MF	
31	John Hartnett	0/40A		00:17:58	Army	
32	Shane Meyler	0/45B		00:17:59	Navy	M-B-1
33	Meadhbh Moynihan			00:17:59	Complete Financial	F-C-1
34	Alan O'Sullivan			00:18:0	Temp Reg	
35	Rosaleen Mackeown	0/45J	0/45J1	00:18:05	Run with Ros	
36	Shane O'Regan			00:18:06	Train with Trevor	
37	Brian Ahern	0/45B		00:18:08	Cognex Irl Ltd	
38	Linda O'Sullivan			00:18:09	Temp Reg	
39	Richard Bourke	0/45B		00:18:13	Musgrave	M-C-1
40	Michael Mulcahy	0/45B		00:18:14	Dell Technologies	M-C-2
41	David O'Sullivan	0/40A		00:18:20	Stryker	M-B-2
42	Lorraine Manning	0/40I	0/40I1	00:18:26	Cork Garda	
43	Martin Lynch	0/60E	0/60E1	00:18:27	Boston Scientific	
44	John Devine	0/55D	0/55D1	00:18:28	IFF	
45	Mark McGarry			00:18:29	Temp Reg	
46	Christopher McCarthy	0/40A		00:18:33	PM Group	
47	Linda O Connor	0/45J	0/45J2	00:18:35	Musgrave	
48	Kieran Twomey	0/55D	0/55D2	00:18:37	John O'Connell & Co Accountants	
49	Nigel Lucas	0/40A		00:18:38	Stryker	M-B-2
50	Nial O'Leary	0/45B		00:18:39	UCC	
51	Louisa Browne			00:18:44	Dept of Ed	F-A-1
52	Vicki Spiteri	0/35H	0/35H1	00:18:45	HSE	F-B-1
53	Anita Locke	0/35H	0/35H2	00:18:50	AL Marketing Consultancy	
54	Phillip O'Riordan			00:18:53	Temp Reg	
55	Arron Kelly			00:18:55	Temp Reg	
56	Con Burns			00:18:56	Temp Reg	
57	Richard Hawkins	0/55D	0/55D3	00:18:57	Janssen	
58	Padraig Sheahan	0/55D		00:18:58	DCP Plastics Ltd	
59	Ciaran Courtney	0/45B		00:18:59	Eli Lilly	M-C-3
60	John Dorgan			00:19:0	Temp Reg	
61	Darragh O'Keeffe			00:19:03	Temp Reg	
62	Tim O'Donnell			00:19:04	Temp Reg	
63	Edmond O'Sullivan	0/60E	0/60E2	00:19:05	Midleton Collective	
64	Eoghan O'Hara			00:19:05	Navy	
65	Donal Fallon	0/40A		00:19:06	Cork Mental Health	
66	Ian Montgomery			00:19:08	Temp Reg	

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67	Adam Barry			00:19:09	Navy	
68	Suzanne Alcock			00:19:10	Temp Reg	
69	Lisa Crowley	0/45J	0/45J3	00:19:12	HSE	F-B-1
70	Andy Goulding			00:19:13	Temp Reg	
71	James Murphy			00:19:13	Temp Reg	
72	Mark Bulman	0/55D		00:19:14	Army	
73	Pat O'Connor	0/50C	0/50C3	00:19:15	Gilead Sciences	
74	Gary Grant			00:19:15	Eli Lilly	M-C-3
75	Brendan Hallissey	0/45B		00:19:16	ESB	
76	Eoin Breathnach	0/40A		00:19:17	Apple	M-A-3
77	Ryan Kruschel			00:19:19	Eli Lilly	M-C-3
78	Anna Hogan	0/45J		00:19:22	UCC	
79	John O Connell	0/50C		00:19:23	CPO	
80	Dario Giuliano	0/45B		00:19:24	Apple	M-A-3
81	Conor Fox			00:19:25	Temp Reg	
82	Annalise Hutch			00:19:26	Harty Tax Consulting	F-B-2
83	Paul Cotter	0/45B		00:19:26	Teagasc	
84	Colette O' Donoghue	0/40I	0/40I2	00:19:27	Down2Earth Materials	
85	Denis Browne	0/60E	0/60E3	00:19:30	Apple	
86	Jj Murphy	0/65F	0/65F1	00:19:31	Dept of Ed	M-A-2
87	Conor Jones			00:19:32	Eli Lilly	
88	Paddy Coleman			00:19:33	Temp Reg	
89	Brian Wall			00:19:34	Cognex Irl Ltd	
90	John Kissane	0/55D		00:19:34	UCC	
91	Joe O'Loughlin	0/50C		00:19:38	Musgrave	M-C-1
92	Nollaig O'Neill			00:19:40	Temp Reg	
93	Aidan Heavin	0/45B		00:19:41	Irish Distillers Pernod Ricard	
94	Will O'Leary			00:19:47	Uisce Éireann	
95	Damien O' Riordan			00:19:48	Fota Collection	
96	Steve O'Connell			00:19:50	MTU	M-B-3
97	Fergal O Meara	0/50C		00:19:52	Cleancork.ie	
98	Gwen Conroy	0/45J		00:19:55	Dept of Ed	
99	Jim Grennan			00:20:02	Temp Reg	
100	Donnacha Moynihan	0/55D		00:20:04	Complete Financial	
101	Adil Cahit Ansaroglu	0/40A		00:20:05	Apple	
102	Gerard Down	0/65F	0/65F2	00:20:06	Down	
103	Jennifer Goggin Walsh	0/40I	0/40I3	00:20:08	Stryker	
104	Alan Murray	0/50C		00:20:11	IFF	
105	Ken Nagle	0/45B		00:20:14	IFF	
106	Seán O'Brien	0/55D		00:20:16	Cork County Council	
107	Ken Dermody	0/40A		00:20:16	Stryker	
108	Ken Nyhan	0/45B		00:20:18	OpenText	
109	Dermot Gallagher	0/45B		00:20:19	Biomarin	
110	Avril Crowley	0/50K	0/50K1	00:20:19	Harty Tax Consulting	F-B-2
111	Mairead Perez	0/50K	0/50K2	00:20:20	AOK	
112	John Santry	0/40A		00:20:22	Dell Technologies	M-C-2
113	Liam Murphy	0/45B		00:20:23	Gas Networks Ireland	
114	Bob Anglim	0/65F	0/65F3	00:20:24	Navy	
115	Brendan Murphy			00:20:24	Temp Reg	
116	Michael O'Sullivan	0/45B		00:20:25	Cork County Council	
117	Dave Sheehan	0/40A		00:20:26	Musgrave	
118	Keith Buckley	0/40A		00:20:26	Avondhu MF	
119	Siobhan Holland	0/45J		00:20:27	Novartis	
120	Ken Carey	0/65F		00:20:38	Carey Tools	
121	Alan Carey	0/60E		00:20:42	Carey Tools	
122	Johan Risser	0/40A		00:20:43	Apple	
123	Michael Naughton	0/50C		00:20:44	Complete Financial	
124	David Mcauliffe			00:20:44	Temp Reg	
125	Brendan Murphy	0/65F		00:20:45	Brendan Murphy + Co.	
126	Mary Sweeney	0/60M	0/60M1	00:20:46	Fit4Life	
127	Peter Stubbs			00:20:46	Cognex Irl Ltd	
128	Siobhan Walsh	0/40I		00:20:47	Abbvie	
129	Conor O'Donovan			00:20:55	Temp Reg	
130	Leonard Healy			00:20:57	Army	
131	Paul Healy	0/50C		00:20:59	Computer Data Source	
132	Conor Coffey			00:21:01	Bus Eireann	
133	Ignacio Castiñeiras			00:21:01	MTU	

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134	Dara O'Sullivan			00:21:05	Temp Reg	
135	Eoin Dinneen			00:21:06	Dinneen	
136	Ciara Magner			00:21:07	Temp Reg	
137	Tom O'Riordan	0/45B		00:21:08	Avoncourt Packaging	
138	Trevor Moore	0/45B		00:21:09	Musgrave	
139	Ronan O Shea			00:21:14	Eli Lilly	
140	Garry Boyle			00:21:17	Temp Reg	
141	Vincent Murphy			00:21:18	Temp Reg	
142	Brendan Kilkenny			00:21:19	Stryker	
143	Richard Kent	0/50C		00:21:22	Uisce Éireann	
144	Kathleen Ryan			00:21:23	Stryker	
145	Brian Cott	0/45B		00:21:24	MTU	
146	Ray Wallace			00:21:24	The Salon (Ballincollig)	
147	Josephine Kelleher	0/50K	0/50K3	00:21:26	HSE	
148	Suzanne Cardiff			00:21:26	Temp Reg	
149	Elaine Cardiff			00:21:27	Temp Reg	
150	Sinead Dorgan			00:21:28	Temp Reg	
151	John Scannell	0/50C		00:21:30	Apple	
152	Gary Lynch			00:21:31	Temp Reg	
153	Graham Bickerstaffe			00:21:32	Temp Reg	
154	Noel O'Connor	0/65F		00:21:33	Dell Technologies	
155	David Curtin			00:21:40	Army	
156	Thomas Norris			00:21:43	Temp Reg	
157	Breda Sheedy			00:21:45	Temp Reg	
158	David Lynch	0/55D		00:21:47	MTU	
159	Michelle Mcenery			00:21:47	Temp Reg	
160	Michael Kenneally			00:21:48	Kenneally	
161	Conor McMahon	0/55D		00:21:49	The Salon (Ballincollig)	
162	Dan Twohig	0/45B		00:21:51	Cork County Council	
163	Denis Carroll	0/60E		00:21:55	Blarney Woolen Mills	
164	Eamonn Horgan			00:21:57	PM Group	
165	Alan Courtney			00:21:59	Logitech	
166	Mj Walsh			00:22:0	Temp Reg	
167	Steve Palmer	0/50C		00:22:06	Fota Collection	
168	Colm Menton	0/50C		00:22:07	MTU	
169	Declan Rice	0/40A		00:22:09	Eli Lilly	
170	Tim O'Sullivan	0/55D		00:22:10	Cork County Council	
171	Ken Higgs	0/70G	0/70G1	00:22:11	UCC	
172	Paul Barry	0/40A		00:22:11	Cork County Council	
173	Matt Geraghty			00:22:12	Temp Reg	
174	Joseph Power	0/65F		00:22:13	Midleton Collective	
175	Marc Hartigan			00:22:14	Bus Eireann	
176	Brian Hegarty			00:22:16	Eli Lilly	
177	Willie O'Riordan	0/65F		00:22:18	Army	
178	Rory Fitzgerald			00:22:25	Fitzgerald	
179	Michael Beirne			00:22:28	Temp Reg	
180	Dan Kennedy	0/70G	0/70G2	00:22:29	Dept of Ed	
181	Alix Carey			00:22:30	Carey Tools	
182	Anne Wolfe	0/50K		00:22:31	Joyce Wolfe Physiotherapy	
183	Iolo Pearse			00:22:32	Complete Financial	
184	Paul McCarthy	0/50C		00:22:35	Cognex Irl Ltd	
185	David Kenneally	0/40A		00:22:36	Irish Guide Dogs	
186	Gillian Cotter	0/45J		00:22:38	UCC	
187	Sean Lynch			00:22:39	Uisce Éireann	
188	Maire Marshall	0/45J		00:22:40	Dept of Ed	
189	Jonathon Wallace			00:22:41	Ørsted	
190	Dave O'Leary	0/40A		00:22:42	MTU	
191	Joe Murphy			00:22:43	MTU	
192	Richard Walsh			00:22:48	Fota Collection	
193	Des White	0/55D		00:22:49	Avondhu MF	
194	Ian O'Brien	0/50C		00:22:50	Mondelez	
195	César Ladeiro			00:22:51	Eli Lilly	
196	Richard Piotrowski	0/75G	0/75G1	00:22:53	The Edge Sports Shop	
197	Anna Collins O'Neill	0/50K		00:22:56	Cork Garda	
198	Ciaran O'Laighin	0/45B		00:22:57	Dell Technologies	
199	Donal O'Donoghue	0/55D		00:22:59	TD-Synnex	
200	Yvonne Walsh	0/45J		00:23:0	Merck	

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201	Colm Herlihy	0/40A		00:23:02	Cork Mental Health	
202	Adolfo Garcia	0/45B		00:23:08	Apple	
203	Kevin Mccarthy			00:23:09	Temp Reg	
204	Glenn Lacey	0/60E		00:23:12	Musgrave	
205	Francis Maunsell	0/50C		00:23:14	Merck	
206	Robbie Halley	0/40A		00:23:15	IFF	
207	Brendan Deane	0/55D		00:23:16	MTU	
208	Laura Rynne			00:23:17	Temp Reg	
209	Maria Madigan	0/45J		00:23:19	Tower Medical Centre	
210	Eddie O'Regan	0/60E		00:23:20	Eureka Army Surplus	
211	Liam Cashman			00:23:22	Temp Reg	
212	Anita Murphy	0/40I		00:23:23	Cork County Council	
213	Edel Buckley	0/35H	0/35H3	00:23:24	Apple	F-A-2
214	Damien Malone	0/40A		00:23:27	Merck	
215	Colette Ryan	0/55L	0/55L1	00:23:28	Douglas Meet and Train	
216	Norman Allen			00:23:29	Temp Reg	
217	Patrick Murphy	0/55D		00:23:30	Navy	
218	Eileen O'Riordan	0/40I		00:23:31	Stryker	
219	Jacint Orban	0/40A		00:23:32	Bus Eireann	
220	Anthony Walsh	0/60E		00:23:33	Apple	
221	Paul O'Rourke			00:23:39	Temp Reg	
222	Sheila Caulfield	0/35H		00:23:40	DT Fitness	
223	Maurice Murphy			00:23:42	IFF	
224	Megan Shanahan			00:23:43	Temp Reg	
225	James Spillane	0/45B		00:23:44	Logitech	
226	Jane Power	0/50K		00:23:49	Douglas Meet and Train	
227	Colin Murphy	0/45B		00:23:50	Legal IT	
228	Peter Mccluskey			00:23:51	Temp Reg	
229	Niamh Hennessy	0/35H		00:23:52	Merck	
230	Peter O'Hanlon	0/45B		00:23:53	UCC	
231	Dan Scannell	0/45B		00:23:53	Bus Eireann	
232	Tim McCormack	0/50C		00:23:56	Dell Technologies	
233	Kathryn McCrohan	0/35H		00:23:57	Uisce Éireann	
234	Ciaran O'Conghaile			00:23:58	Temp Reg	
235	Richard Gleeson	0/60E		00:23:59	Cork Mental Health	
236	Eileen O'Sullivan			00:24:0	Temp Reg	
237	Denis Cashman	0/50C		00:24:01	CPO	
238	Siobhan Murphy	0/45J		00:24:02	Irish Distillers Pernod Ricard	
239	Kieran Healy			00:24:06	Temp Reg	
240	Darragh Kiely			00:24:08	Temp Reg	
241	Sebastian Murphy			00:24:13	Apple	
242	Andrew Geaney	0/65F		00:24:15	Apple	
243	Tom O'Meara			00:24:17	Temp Reg	
244	Kieran Hannon	0/50C		00:24:19	IFF	
245	Niall King			00:24:21	Temp Reg	
246	Proinnsias O'Keefe	0/60E		00:24:22	VMware	
247	Trevor Collins	0/45B		00:24:24	VMware	
248	Rachael O'Callaghan	0/45J		00:24:29	Cork Shops	
249	Gillian Bransfield	0/40I		00:24:33	Midleton Collective	
250	Aileen Noone	0/35H		00:24:34	Dept of Ed	
251	Kevin O'Keefe	0/40A		00:24:36	Gas Networks Ireland	
252	Kevin Morrison	0/55D		00:24:38	Cleancork.ie	
253	Gerard Rasmussen	0/60E		00:24:42	MTU	
254	Imelda Lyons			00:24:44	Temp Reg	
255	Siobhan Murphy	0/45J		00:24:45	Pfizer Ringaskiddy	
256	Michael Dunne	0/70G		00:24:47	UCC	
257	Catherine Clancy	0/55L	0/55L2	00:24:48	Mike Feeney Builders	
258	Patrick Murphy	0/65F		00:24:52	Bus Eireann	
259	Marc Cashman	0/40A		00:24:53	Teamwork	
260	John Crean			00:24:54	Happy Feet	
261	Kevin O Farrell			00:24:56	Abbie	
262	John Brennan	0/40A		00:24:57	Merck	
263	Jane O'Leary	0/35H		00:24:58	UCC	F-C-2
264	Cemalettin Ozturk	0/40A		00:24:59	MTU	
265	Claudio Couto			00:24:59	CES	
266	Chris Carroll	0/70G		00:25:0	HSE	
267	Susan O'Leary	0/40I		00:25:0	Cork County Council	

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268	Oonagh Duggan	0/50K		00:25:01	Fota Collection	
269	Pierce de Courcy	0/55D		00:25:02	Brendan Murphy + Co.	
270	Dave Herlihy			00:25:04	Temp Reg	
271	Mark O'Riordan			00:25:06	Eli Lilly	
272	John O'Connor	0/50C		00:25:07	G.E. Healthcare	
273	Robert Dempsey			00:25:08	Merck	
274	Denise Cullinane	0/50K		00:25:09	CSO	
275	Mark Fuller	0/50C		00:25:11	Merck	
276	Susan Lyne	0/45J		00:25:12	EY	
277	Gary McCarthy			00:25:13	Merck	
278	David O'sullivan	0/45B		00:25:14	Ørsted	
279	Frances O'Connor	0/60M	0/60M2	00:25:14	Dept of Ed	
280	Ken Bishop			00:25:16	Temp Reg	
281	Dan Metzger	0/45B		00:25:20	Apple	
282	Denis Fitzgerald			00:25:21	Dept of Ed	
283	Vincent O'Neill	0/55D		00:25:24	Dell Technologies	
284	Joe Murphy	0/65F		00:25:27	Cork City Council	
285	John O'Callaghan	0/50C		00:25:29	Complete Financial	
286	Martin Neville	0/50C		00:25:30	Depuy Synthes	
287	Elaine Moore	0/40I		00:25:32	Musgrave	
288	Catherine O Sullivan	0/45J		00:25:37	Avondhu MF	
289	Marion Lyons	0/65N	0/65N1	00:25:39	Fit4Life	
290	Tom Hannon	0/65F		00:25:40	UCC	
291	Maretta Brennan	0/55L	0/55L3	00:25:43	MTU	
292	Frieda Ryan	0/45J		00:25:49	Uisce Éireann	
293	Helena Coleman	0/50K		00:25:50	Logitech	
294	Paul O'Neill	0/45B		00:25:50	Bus Eireann	
295	Padraig Crowley			00:25:51	Temp Reg	
296	Mary O'Halloran	0/50K		00:25:52	Complete Financial	F-C-1
297	Martha McNamara	0/60M		00:25:54	Merck	
298	Carlo Visintainer	0/50C		00:25:56	Stryker	
299	Mags Moynihan	0/50K		00:26:04	Complete Financial	
300	David Hurley	0/50C		00:26:06	Musgrave	
301	Joe Culloty			00:26:09	Temp Reg	
302	Kevin Stack	0/40A		00:26:18	Irish Distillers Pernod Ricard	
303	Sharyn O'Callaghan	0/50K		00:26:19	Cork Shops	
304	Aaron Scott	0/40A		00:26:22	MTU	
305	Lena Beelmann			00:26:23	Eli Lilly	
306	J J Casey	0/65F		00:26:31	An Post/Eir	
307	Batt Kearney			00:26:38	Temp Reg	
308	Hugh Lane			00:26:39	Ørsted	
309	John Walsh			00:26:41	Temp Reg	
310	David Fauria			00:26:48	Temp Reg	
311	Margaret Twohig			00:26:49	Temp Reg	
312	David Cotter	0/45B		00:26:51	Eli Lilly	
313	Michael Coakley	0/55D		00:26:52	Cork County Council	
314	Dale Burkley	0/40I		00:26:53	Uisce Éireann	
315	Daniel Woods			00:26:54	Abbvie	
316	Olive McCarthy	0/45J		00:26:55	UCC	F-C-2
317	Cian Dalton			00:26:57	Temp Reg	
318	Joseph Murphy	0/50C		00:27:11	Eli Lilly	
319	Margaret Murphy	0/55L		00:27:15	Complete Financial	
320	Mary Walsh	0/50K		00:27:18	Pfizer Ringaskiddy	
321	Celia O'Regan	0/55L		00:27:22	Eureka Army Surplus	
322	Roma Kukuc	0/40I		00:27:22	Stryker	
323	Mary Mulcahy	0/60M		00:27:24	Bank of Ireland	
324	Katie Mahon	0/35H		00:27:26	Logitech	
325	Maria Recari			00:27:27	Temp Reg	
326	Ray Foley			00:27:28	Temp Reg	
327	Lewis Devins			00:27:30	Temp Reg	
328	Adrian Foley	0/50C		00:27:30	Army	
329	Patricia O'Mahony	0/65N		00:27:31	Dell Technologies	
330	Jocelynn Caughlin			00:27:34	Temp Reg	
331	Lesley Feeney	0/60M		00:27:36	Mike Feeney Builders	
332	Fiona Shine	0/55L		00:27:38	John Healy Gates	
333	Aine Murphy	0/60M		00:27:40	UCC	
334	Joe Conroy	0/60E		00:27:48	Dell Technologies	

IFF-Dupont 5k Results

Jan 22 2023



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Next race: [Janssen 6k](#)

Sun Feb 12 at 11am

AGM on Thurs Jan 26 8pm at Silversprings Hotel

*The course was measured and marked by
 Jones Counter courtesy of Kevin Cummins
 (A.A.I. Certified course measurer)*

335	Annette Fitzgerald	0/50K		00:27:49	Cork County Council	
336	Ruth Carey			00:27:50	Logitech	
337	Ian Kohler	0/70G		00:28:01	Janssen	
338	Shevaun Hogan			00:28:07	Temp Reg	
339	Maeve O'Hagan	0/35H		00:28:10	HSE	
340	Angela Murphy			00:28:14	Temp Reg	
341	Bernard Sisk	0/70G		00:28:17	Sisk Builders	
342	John O'connor	0/50C		00:28:19	G.E. Healthcare	
343	Penelope Garcia	0/45J		00:28:24	Stryker	
344	Karolina Januszewska			00:28:28	Temp Reg	
345	Tom O Neill	0/65F		00:28:30	CPO	
346	Angela O Mahony	0/50K		00:28:33	Avondhu MF	
347	Katie Mcgrath			00:28:34	Temp Reg	
348	Brian Cahill	0/45B		00:28:35	MTU	
349	Carmel Geaney			00:28:36	Temp Reg	
350	Dympna Murphy	0/55L		00:28:46	Cork City Council	
351	Ann Hayes	0/65N		00:28:48	HSE	
352	James Collins			00:28:49	Temp Reg	
353	Oonagh Goggin	0/45J		00:28:52	Wilson Architecture	
354	Brian O'Shea	0/45B		00:28:53	OrthoXel	
355	David Brown			00:28:58	Logitech	
356	Anne Marie Sheehan	0/35H		00:28:58	Logitech	
357	Donal Fennessy	0/55D		00:28:59	Douglas Meet and Train	
358	David Williams	0/40A		00:29:10	Bus Eireann	
359	Mary Lee	0/60M		00:29:12	Mike Feeney Builders	
360	Anne Sheehy	0/65N		00:29:20	Fit4Life	
361	Jimmy Murray	0/70G		00:29:26	Cork Mental Health	
362	Kay Birch	0/60M		00:29:38	CSO	
363	Patrice Cooney			00:29:49	Temp Reg	
364	Frank Linehan	0/70G		00:29:56	Flservices	
365	Tony Dunne	0/70G		00:30:11	Avondhu MF	
366	Michael Van Der Poel	0/65F		00:30:19	Apple	
367	Ron Heaphy	0/60E		00:30:32	AOK COMPUTER SERVICE	
368	Alan O'Keeffe	0/60E		00:30:33	AOK COMPUTER SERVICE	
369	Siobhan Manning	0/45J		00:30:33	AOK COMPUTER SERVICE	
370	Clara Killeen			00:31:09	Logitech	
371	Denis Condon	0/70G		00:31:13	Condon	
372	Monica Twohig	0/55L		00:31:27	Eolas	
373	Ciaran Cahill	0/60E		00:31:44	Happy Feet	
374	Fiona Malone			00:31:45	Temp Reg	
375	Carmel Hehir			00:31:46	Temp Reg	
376	Frank Cummins			00:31:53	Temp Reg	
377	Allen Cotter	0/40A		00:31:56	UCC	
378	Sarah Mcgrath Meade			00:32:05	Temp Reg	
379	Jane O'Connor			00:32:12	Temp Reg	
380	Shauna Sisk			00:32:39	Temp Reg	
381	Marcus Papadopoulos			00:32:54	Logitech	
382	Joan McCarthy	0/65N		00:33:0	Bank of Ireland	
383	Dermot Fitzgerald	0/40A		00:33:26	Happy Feet	
384	Terry Corkery	0/35H		00:33:30	Eli Lilly	
385	Hilda Devins	0/50K		00:34:40	Stryker	
386	Eoin Deane	0/50C		00:34:46	MTU	
387	Mark O'Neill			00:35:27	Temp Reg	
388	Burcu Akcay Can	0/35H		00:35:36	Apple	
389	Paula O' Sullivan	0/55L		00:37:26	Happy Feet	
390	Maggie Dunne	0/65N		00:37:27	Avondhu MF	
391	Atul thorat			00:38:16	IFF	
392	Helen O'Donoghue	0/65N		00:39:12	O'Donoghue	
393	Ertan Rashidov			00:39:49	Apple	
394	Ruth Fox	0/40I		00:40:54	MTU	
395	Sinead Power	0/50K		00:40:55	Marymount	
397	Jerry Forde	W/C	W/C1		HSE	