

DePuy Synthes 4 Mile Results

Jun 28 2023



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Next race: [Sterling 5k](#)
Wed Jul 5 at 8pm

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Jones Counter courtesy of Kevin Cummins
(A.A.I. Certified course measurer)*

Pos	Name	Cat	Prize	Time	Company	Team
1	James McCarthy		M1	00:21:09	Rooskagh Coffee Co.	
2	Donal Coakley		M2	00:21:12	Gilead Sciences	
3	John Meade	0/40M	M3	00:21:30	Dept of Ed	
4	Nick Hogan	0/40M	0/40M1	00:22:30	UCC	M-A-1
5	Cathal Lombard			00:22:39	Temp Reg	
6	David Buckley	0/40M	0/40M2	00:22:50	Stryker	
7	David Murphy			00:23:23	SIVUH	
8	James Grufferty	0/40M	0/40M3	00:23:39	Glanmire Medical Centre	
9	Alfie Davis	0/45M	0/45M1	00:23:43	UCC	M-A-1
10	Alan O'Sullivan	0/40M		00:24:00	Red Hat Ltd	
11	Tobi Grab	0/45M	0/45M2	00:24:03	Apple	M-A-2
12	Sharon Rynne	0/35F	F1	00:24:07	Kepak	
13	Jason O'Mahony	0/40M		00:24:08	Dell Technologies	M-B-1
14	Michelle Kenny	0/40F	F2	00:24:11	Dept of Ed	F-A-2
15	Ken Devine	0/55M	0/55M1	00:24:51	UCC	M-A-1
16	Keelin Skillington			00:24:53	Temp Reg	
17	Richard Bourke	0/45M	0/45M3	00:24:55	Musgrave	M-B-2
18	Denis O'Neill	0/45M		00:24:56	Nestle	
19	Adrian O'Driscoll			00:24:56	Musgrave	M-B-2
20	Meadhbh Moynihan		F3	00:24:58	Complete Financial	F-A-1
21	Colm O Connor	0/40M		00:25:00	OpenText	
22	Con McGrath	0/45M		00:25:02	Merck	
23	Patrick Roche	0/45M		00:25:04	Surehaul Renault-Trucks	
24	Manus Altman	0/40M		00:25:28	Depuy Synthes	M-B-3
25	Stephen Geoghegan	0/50M	0/50M1	00:25:32	Dell Technologies	M-B-1
26	Martin Murphy	0/45M		00:25:43	MMOS Engineers	
27	Linda O Connor	0/45F	0/45F1	00:25:43	Musgrave	
28	Mark MCGarry			00:25:45	Temp Reg	
29	Sean C Burke			00:25:47	Temp Reg	
30	Eoghan O'Hara			00:25:50	Navy	
31	Brendan Gildea			00:26:16	Biomarin	M-A-3
32	Nuala Fitzgibbon			00:26:17	Depuy Synthes	
33	Mark Bulman	0/55M	0/55M2	00:26:26	Army	
34	Michael O'Donoghue	0/40M		00:26:30	Trellix	
35	Ivan Sheehan	0/45M		00:26:39	Qualcomm	
36	Sean Russell			00:26:44	Apple	M-A-2
37	Adam Cox			00:26:47	Temp Reg	
38	David Delaney	0/40M		00:26:47	Depuy Synthes	M-B-3
39	Ken Dermody	0/40M		00:26:54	Stryker	
40	Conor Fox			00:26:56	Temp Reg	
41	Conor Friel			00:26:58	Temp Reg	
42	Hassan Jassin (D)			00:27:00	Temp Reg	
43	Philip Hayes			00:27:03	Temp Reg	
44	Shane Mcnamara			00:27:07	Temp Reg	
45	Ryan Kruschel			00:27:08	Eli Lilly	
46	Ciaran Courtney	0/45M		00:27:16	Eli Lilly	
47	Brian Linehan	0/60M	0/60M1	00:27:17	G4S Security	
48	Lisa Crowley	0/45F	0/45F2	00:27:18	HSE	
49	Shane O'Rourke	0/50M	0/50M2	00:27:23	MTU	M-C-2
50	Leo Morris			00:27:25	Temp Reg	
51	Gobnait Hynes Mcloughlin			00:27:26	Temp Reg	
52	Mike O'Connor	0/40M		00:27:27	OpenText	
53	Edward Barry			00:27:28	Malachy Walsh and Partners	
54	Barry Kelly			00:27:30	Temp Reg	
55	Dave Mcsweeney			00:27:34	Temp Reg	
56	Siobhan Holland	0/45F	0/45F3	00:27:35	Sterling	
57	Denis Browne	0/60M	0/60M2	00:27:35	Apple	M-A-2
58	Paul O'Donovan	0/45M		00:27:39	Biomarin	M-A-3
59	Dario Giuliano	0/45M		00:27:47	Apple	M-C-1
60	Donnacha Moynihan	0/55M	0/55M3	00:27:48	Complete Financial	
61	Seán Crowley	0/45M		00:27:52	Apple	M-C-1
62	Alan Wallace			00:27:54	Cork County Council	
63	Chris Hayes (D)			00:27:57	Temp Reg	
64	Luke Mccormack			00:28:11	Temp Reg	
65	Sam Cronin			00:28:16	Temp Reg	
66	Andrew Rodrigues	0/50M	0/50M3	00:28:18	Dell Technologies	M-B-1

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67	Kevin Dalton	0/50M		00:28:19	UCC	
68	Johan Risser	0/45M		00:28:20	Apple	M-C-1
69	Orla O'Rourke	0/55F	0/55F1	00:28:22	Keen On Sport	
70	Mary Buckley	0/55F	0/55F2	00:28:25	HSE	
71	Mark Coveney			00:28:25	Temp Reg	
72	Graham Bickerstaffe			00:28:27	Temp Reg	
73	John O'Connell			00:28:27	Temp Reg	
74	Pedro Farinha			00:28:30	Temp Reg	
75	Rhona Dempsey	0/40F	0/40F1	00:28:33	Eli Lilly	
76	Gary Cox			00:28:33	Temp Reg	
77	Ray Wallace			00:28:34	The Salon (Ballincollig)	
78	Neasa Wall			00:28:36	Wall	
79	Ken Howick			00:28:37	Janssen	
80	John Santry	0/40M		00:28:38	Dell Technologies	
81	Denis Lane			00:28:41	Biomarin	M-A-3
82	Michael Naughton	0/50M		00:28:41	Complete Financial	
83	Paul Healy	0/50M		00:28:47	Computer Data Source	
84	Adelle O'Connor	0/50F	0/50F1	00:28:49	HSE	
85	Matteo Manaserro			00:28:52	Novozymes One Health Cork	
86	Will Kerr			00:28:54	Depuy Synthes	M-B-3
87	Ignacio Castiñeiras			00:28:58	MTU	M-C-2
88	Dave Sheehan	0/40M		00:28:59	Musgrave	M-B-2
89	Josephine Kelleher	0/50F	0/50F2	00:29:02	HSE	
90	Adil Cahit Ansaroglu	0/40M		00:29:03	Apple	M-C-3
91	Kieran O'Donoghue	0/40M		00:29:15	Valley View Farm	
92	Padraic Maher			00:29:21	Temp Reg	
93	Mairead Perez	0/50F	0/50F3	00:29:24	AOK COMPUTER SERVICE	
94	Mary O Connell	0/50F		00:29:25	CPO	
95	Deborah O'Connor	0/40F	0/40F2	00:29:30	Complete Financial	F-A-1
96	Helena Ryan	0/45F		00:29:32	Eli Lilly	
97	John Scannell	0/50M		00:29:34	Apple	M-C-3
98	Colm Menton	0/50M		00:29:42	MTU	M-C-2
99	Ger Menihane	0/55M		00:29:42	Navy	
100	Gary Gibbons	0/50M		00:29:53	Dell Technologies	
101	Elaine Guinane	0/45F		00:30:04	Dept of Ed	F-A-2
102	Antony Neal	0/55M		00:30:07	MTU	
103	Damien Malone	0/40M		00:30:10	Merck	
104	Derek Costello	0/50M		00:30:14	Sterling	
105	Derry Keane			00:30:17	Temp Reg	
106	David Curtin			00:30:19	Uisce Éireann	
107	Florence O'Mahony			00:30:21	Temp Reg	
108	Yvonne Walsh	0/45F		00:30:36	Merck	F-B-1
109	Roger Betts			00:30:36	Temp Reg	
110	Orla Crosbie	0/55F	0/55F3	00:30:37	UCC	F-B-2
111	Keith Robertson			00:30:39	Thermo Fisher Scientific	
112	Conor McMahan	0/55M		00:30:40	The Salon (Ballincollig)	
113	Nihad Zarkik	0/40M		00:30:41	Apple	M-C-3
114	Simon Butler	0/45M		00:30:42	Cork City Council	
115	Des White	0/60M	0/60M3	00:30:53	Avondhu MF	
116	Kate Crowley			00:30:57	MSD Brinny	
117	Pat Fogarty	0/55M		00:30:59	ESB	
118	Donal O'Donoghue	0/55M		00:31:01	TD-Synnex	
119	Sebastian Murphy			00:31:09	Apple	
120	Aaron Scott	0/40M		00:31:13	MTU	
121	Susan Cardiff			00:31:20	MSD Brinny	
122	Cian Quigley	0/40M		00:31:31	Dept of Ed	
123	Rachael O'Callaghan	0/50F		00:31:33	Cork Shops	
124	Paul Barry	0/40M		00:31:52	Cork County Council	
125	Adam O'Callaghan			00:31:59	Temp Reg	
126	Michael O'Sullivan	0/45M		00:32:02	Merck	
127	Aine O'Leary			00:32:07	Cork City Council	F-C-1
128	Tim McCormack	0/50M		00:32:09	Dell Technologies	
129	Cian Anderson			00:32:12	Temp Reg	
130	Darragh Kiely	0/40M		00:32:14	Dell Technologies	
131	Brendan Deane	0/55M		00:32:14	MTU	
132	Colin O'Brien			00:32:19	Temp Reg	
133	Andrew Geaney	0/65M	0/65M1	00:32:23	Apple	

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134	Peter O'Hanlon	0/45M		00:32:31	UCC	
135	Samuel De Lint	0/45M		00:32:44	Depuy Synthes	
136	Karil Ar (D)			00:32:43	Temp Reg	
137	John Holland	0/70M	0/70M1	00:32:44	An Post/Eir	
138	Cemalettin Ozturk	0/40M		00:32:46	MTU	
139	Ian O Sullivan	0/45M		00:32:47	MTU	
140	Maria Madigan	0/45F		00:33:02	Tower Medical Centre	
141	Marie-Therese Brady	0/45F		00:33:04	Pfizer	
142	Paul O'Rourke			00:33:06	Temp Reg	
143	Patrick Murphy	0/65M	0/65M2	00:33:10	Bus Eireann	
144	Joanne Coyle			00:33:11	Merck	F-B-1
145	Michelle Lenihan			00:33:11	Temp Reg	
146	Seamus Cahill	0/45M		00:33:13	CPO	
147	John O Driscoll	0/50M		00:33:17	MSD Brinny	
148	Chris Carroll	0/70M	0/70M2	00:33:22	HSE	
149	Ciaran Goggin			00:33:25	Temp Reg	
150	Kieran McManamon	0/50M		00:33:26	UCC	
151	Roma Kukic			00:33:32	Temp Reg	
152	Dustin Albert			00:33:39	Depuy Synthes	
153	Kevin O Connnor	0/50M		00:33:42	Depuy Synthes	
154	Linda O'Sullivan			00:33:43	Temp Reg	
155	Briain Madden			00:33:44	SIVUH	
156	Sheila Power	0/45F		00:33:58	Power	
157	Marie Kehoe	0/45F		00:33:59	MSD Brinny	
158	Natalia Bozhko			00:34:07	Temp Reg	
159	Michael Coakley	0/55M		00:34:10	Cork County Council	
160	Frances O'Connor	0/60F	0/60F1	00:34:17	Dept of Ed	
161	Michael Bennett			00:34:21	Temp Reg	
162	Clodagh Todd			00:34:22	Ørsted	
163	Proinnsias O'Keeffe	0/60M		00:34:22	VMware	
164	Gerard Rasmussen	0/65M	0/65M3	00:34:23	MTU	
165	Mayte Gomez	0/50F		00:34:40	Eli Lilly	
166	Dale Burkley	0/40F	0/40F3	00:34:40	Uisce Éireann	
167	Pawel Surdyk (D)			00:34:42	Temp Reg	
168	Catherine Clancy	0/55F		00:34:41	Feeney Builders	
169	Kasia Jurkiewicz	0/35F	0/35F1	00:34:43	Apple	F-C-2
170	John O'Sullivan			00:34:43	Temp Reg	
171	Mary O'Halloran	0/50F		00:34:54	Complete Financial	
172	Ciaran O'Driscoll	0/40M		00:34:55	Dell Technologies	
173	Claire McGonagle	0/55F		00:34:59	Janssen	
174	Daniel Woods			00:35:00	Abbvie	
175	Deirdre Murphy	0/45F		00:35:06	Pfizer	
176	Anaëlle Goupil	0/40F		00:35:13	Apple	F-C-2
177	Yan Zhang	0/35F	0/35F2	00:35:20	UCC	F-B-2
178	Tommy Desmond			00:35:23	Temp Reg	
179	Liz O'Brien	0/50F		00:35:37	Novozymes One Health Cork	
180	Selena Healy	0/40F		00:35:38	Novozymes One Health Cork	
181	Stephen Murphy	0/60M		00:35:41	Auto Valet	
182	Sean Coen	0/55M		00:35:44	Happy Feet	
183	David Coen			00:35:45	Happy Feet	
184	Heather O'Riordan			00:35:46	Temp Reg	
185	J J Casey	0/65M		00:35:46	An Post/Eir	
186	Susan Lyne	0/45F		00:35:49	EY	
187	Colette Ryan	0/55F		00:35:57	Douglas Meet and Train	
188	Elaine Rodrigues	0/50F		00:35:58	UCC	
189	Erin O'Leary			00:35:58	Temp Reg	
190	Barrie Drennan	0/60M		00:36:00	Midleton Collective	
191	Oonagh Duggan	0/50F		00:36:06	Fota Collection	
192	Adrian Trant	0/45M		00:36:06	Trant	
193	Denis Fitzgerald			00:36:07	Dept of Ed	
194	James Kingston			00:36:08	Temp Reg	
195	Cathy Hartley Coleman	0/45F		00:36:12	Coleman PVC	
196	Mick Dooley	0/55M		00:36:12	CPO	
197	Ben Cronin			00:36:14	Temp Reg	
198	Tom Cronin	0/45M		00:36:14	Merck	
199	Rodney Daunt	0/60M		00:36:16	Daunt Instrumentation	
200	Sharyn O'Callaghan	0/50F		00:36:19	Depuy	

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201	Norma Reidy	0/45F		00:36:24	MTU	
202	Kieran Daly			00:36:30	Temp Reg	
203	Maeve O'Hagan	0/35F	0/35F3	00:36:54	SIVUH	
204	Joe Conroy	0/60M		00:36:59	Dell Technologies	
205	Michael O'Mahony	0/55M		00:37:11	MTU	
206	Carmel Geaney	0/65F	0/65F1	00:37:38	ESB	
207	John Fitzgerald	0/55M		00:37:43	Cork County Council	
208	Nora O Flynn	0/55F		00:37:48	CPO	
209	Michael Dunne	0/75M	0/70M3	00:37:50	UCC	
210	Yvonne Gough	0/55F		00:37:51	Cork City Council	F-C-1
211	Emer Holland	0/40F		00:38:05	Mercy Hospital	
212	Allen Cotter	0/40M		00:38:07	UCC	
213	Triona Foley	0/40F		00:38:08	SIVUH	
214	Gobnait Mackey			00:38:09	Temp Reg	
215	Joe Murphy	0/65M		00:38:33	Cork City Council	
216	Amanda Cooney	0/60F	0/60F2	00:38:35	Marymount	
217	Batt Kearney	0/65M		00:38:43	Blarney Woolen Mills	
218	Anne Sheehy	0/65F	0/65F2	00:38:48	Fit4Life	
219	Emer O'Keeffe			00:38:49	Temp Reg	
220	Catherine Davis	0/45F		00:39:05	Thermo Fisher Scientific	
221	Kevin Phelan			00:39:05	Temp Reg	
222	Bernard Sisk	0/75M		00:39:07	Sisk Builders	
223	Sean Kelleher			00:39:25	Temp Reg	
224	Orla Busteed	0/55F		00:39:28	Daunt Instrumentation	
225	Aoife Lordan (D)			00:39:30	Temp Reg	
226	Marion Courtney			00:39:38	Temp Reg	
227	Stephanie Mcguire			00:39:47	Temp Reg	
228	Brian O'Shea	0/45M		00:39:50	OrthoXel	
229	Patrice Cooney	0/55F		00:40:12	Complete Financial	
230	Maeve Sexton	0/50F		00:40:16	Dell Technologies	
231	Hubert Crowe	0/45M		00:40:29	Red Hat Ltd	
232	Tadgh Hanley	0/55M		00:40:48	G.E. Healthcare	
233	Jerry Forde	W/C	W/C1	00:40:48	HSE	
234	Ann Hayes	0/65F	0/65F3	00:40:50	HSE	
235	Mary Mulcahy	0/60F	0/60F3	00:41:34	Bank of Ireland	
236	Alan O'Keeffe	0/60M		00:41:52	AOK COMPUTER SERVICE	
237	Donal Fennessy	0/55M		00:42:01	Douglas Meet and Train	
238	Ron Heaphy	0/60M		00:42:06	AOK COMPUTER SERVICE	
239	Jimmy Murray	0/75M		00:42:56	Cork Mental Health	
240	Frank Linehan	0/70M		00:42:56	Flservices	
241	Therese Flannery	0/55F		00:43:06	Dept of Ed	
242	Susan Heeran			00:43:22	Temp Reg	
243	Michael Keating			00:43:42	Novozymes One Health Cork	
244	Cynthia Coyne			00:43:45	Temp Reg	
245	Chuck Lamere	0/60M		00:44:02	PM Group	
246	Michael Van Der Poel	0/65M		00:44:30	Apple	
247	Denis Condon	0/70M		00:46:03	Condon	
248	Ruth Fox	0/40F		00:46:50	MTU	
249	Jack O'Driscoll			00:48:52	Temp Reg	
250	Martin O'Leary	0/40M		00:48:53	Eli Lilly	
251	Alison Shanahan			00:52:36	Merck	
252	Daniel Cashin			00:52:36	Temp Reg	
253	Brendan Keane			00:52:40	Temp Reg	
254	Bernice Glavin	0/60F		00:53:30	HSE	
255	Jay Kelly			00:53:51	Temp Reg	
256	Katie Kelly Noonan			00:53:58	Temp Reg	
257	Mags Moran			00:53:58	Temp Reg	
258	Sinead Power	0/50F		00:55:13	Marymount	