

Defence Forces 5k Results

Oct 15 2023



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Next race: [Clearstream / Deutsche Börse Cork 5k](#)

Sun Nov 19 at 11am

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Pos	Name	Cat	Prize	Time	Company	Team
1	Aidan Noone		M1	00:16:03	Dept of Ed	M-A-1
2	John Meade	0/40M	M2	00:16:08	Dept of Ed	M-A-1
3	Michael Furlong		M3	00:16:37	PwC	
4	Tim O'Connor	0/45M	0/45M1	00:16:40	Uisce Éireann	M-B-3
5	David Murphy			00:16:43	SIVUH	
6	Tadhg O'Tuama			00:16:44	Temp Reg	
7	Alfie Davis	0/45M	0/45M2	00:16:49	UCC	M-A-2
8	Kevin Gilleece	0/40M	0/40M1	00:16:55	Davy Stockbroker	
9	James Grufferty	0/40M	0/40M2	00:17:00	Glanmire Medical Centre	
10	Conor Lucy			00:17:00	Temp Reg	
11	Gary Sleith			00:17:02	Apple	M-B-1
12	Lizzie Lee	0/40F	F1	00:17:05	Apple	F-A-2
13	Jason O'Mahony	0/40M	0/40M3	00:17:06	Dell Technologies	M-B-2
14	Nick Hogan	0/40M		00:17:16	UCC	M-A-2
15	Seamus Mc Sweeney	0/50M	0/50M1	00:17:20	AnaBio Technologies	
16	John Cronin			00:17:22	MTU	M-C-1
17	Thomas Heising			00:17:30	Temp Reg	
18	Maurice Feehan			00:17:41	Uisce Éireann	M-B-3
19	Jp Treacy			00:17:55	Cork City Council	
20	Tobi Grab	0/45M	0/45M3	00:17:59	Apple	M-B-1
21	John O'Donoghue			00:18:07	Temp Reg	
22	John Lucey			00:18:09	Temp Reg	
23	Michael Kelleher			00:18:25	Temp Reg	
24	Sean Russell			00:18:27	Apple	M-B-1
25	Siobhan Hoare	0/45F	F2	00:18:33	Bon Secours	F-A-1
26	Denis O'Neill	0/45M		00:18:36	Nestle	
27	Tim Crowley	0/40M		00:18:37	Dept of Ed	M-A-1
28	Adrian O'Driscoll	0/40M		00:18:39	Musgrave	M-C-3
29	Chris Smetana			00:18:40	MyPhysio & Rehab	
30	Nial O'Leary	0/50M	0/50M2	00:18:47	UCC	M-A-2
31	Stephen Geoghegan	0/50M	0/50M3	00:18:57	Dell Technologies	M-B-2
32	Sean O'Callaghan			00:18:58	Temp Reg	
33	Killian Forbes	0/40M		00:19:01	Eli Lilly	
34	John O Connell	0/50M		00:19:02	CPO	
35	Kieran Twomey	0/55M	0/55M1	00:19:02	John O'Connell & Co Accountants	
36	Eric Browne			00:19:04	Temp Reg	
37	Martin Lynch	0/60M	0/60M1	00:19:05	Boston Scientific	
38	Linda O Connor	0/45F	F3	00:19:07	Musgrave	
39	Conor Friel			00:19:09	Temp Reg	
40	Ivan Sheehan	0/45M		00:19:09	Qualcomm	
41	Elaine Collins			00:19:12	Bon Secours	F-A-1
42	Brian O'Connell	0/45M		00:19:12	RTE	
43	Gary Grant			00:19:14	Eli Lilly	
44	Cillian O'Driscoll			00:19:22	Apple	M-A-3
45	Joao Neves			00:19:30	Depuy Synthes	
46	Dario Giuliano	0/45M		00:19:34	Apple	M-A-3
47	David Leonard			00:19:35	Temp Reg	
48	Mark Bulman	0/60M	0/60M2	00:19:41	Army	M-C-2
49	Louise Morgan			00:19:51	Temp Reg	
50	Dermot Gallagher	0/45M		00:19:53	Biomarin	
51	Dave Prendergast			00:19:54	Temp Reg	
52	Sinead Bourke			00:19:54	Temp Reg	
53	Michael Murphy	0/65M	0/65M1	00:20:10	Sterling	
54	Brian Linehan	0/60M	0/60M3	00:20:19	G4S Security	
55	Ken Dermody	0/40M		00:20:21	Stryker	
56	Adrian Gibbs			00:20:25	Temp Reg	
57	Luke Mccarthy			00:20:27	Temp Reg	
58	Ray O' Connell	0/40M		00:20:34	Ørsted	
59	Conor Finn	0/40M		00:20:37	FBD Insurance	
60	Dave Sheehan	0/40M		00:20:48	Musgrave	M-C-3
61	Mairead Perez	0/50F	0/50F1	00:20:50	AOK COMPUTER SERVICE	
62	Avril Crowley	0/50F	0/50F2	00:20:52	Harty Tax Consulting	
63	John Santry	0/40M		00:20:57	Dell Technologies	M-B-2
64	Adil Cahit Ansaroglu	0/40M		00:20:57	Apple	M-A-3
65	Keith Buckley	0/40M		00:20:58	Avondhu MF	
66	Martin Daly			00:21:01	Temp Reg	

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67	Shane O Rourke	0/50M		00:21:07	MTU	M-C-1
68	Mary Buckley	0/55F	0/55F1	00:21:10	HSE	
69	Paul Griffin			00:21:12	Temp Reg	
70	Niall McSweeney			00:21:17	CITCO	
71	Johnny Hurley			00:21:20	Temp Reg	
72	Seán O'Brien	0/55M	0/55M2	00:21:24	Cork County Council	
73	Michael Naughton	0/50M		00:21:26	Complete Financial	
74	David Levy			00:21:29	CPO	
75	Siobhan Walsh	0/40F	0/40F1	00:21:29	Abbie	
76	Cherie Turner			00:21:31	Temp Reg	
77	Leonard Healy			00:21:33	Army	M-C-2
78	Greg Jackson	0/40M		00:21:36	Eli Lilly	
79	Karl Horgan			00:21:44	Dept of Ed	
80	Antony Neal	0/55M	0/55M3	00:21:46	MTU	M-C-1
81	Martin Hill	0/55M		00:21:49	MTU	
82	Killian Hickey			00:21:51	Temp Reg	
83	John Casey	0/55M		00:21:59	Permanent Tsb	
84	Josephine Kelleher	0/50F	0/50F3	00:22:01	HSE	
85	Kieran McManamon	0/50M		00:22:06	UCC	
86	David Curtin			00:22:09	Army	M-C-2
87	Paula Mulcahy	0/45F	0/45F1	00:22:11	UCC	
88	Andrew O'Callaghan	0/55M		00:22:18	Blarney Woolen Mills	
89	Sean Finn	0/55M		00:22:18	MSD Brinny	
90	Karen O'Leary	0/40F	0/40F2	00:22:19	Cork Mental Health	
91	Paul Healy	0/50M		00:22:20	Computer Data Source	
92	Nihad Zarkik	0/40M		00:22:23	Apple	
93	Breeda Sheedy	0/55F	0/55F2	00:22:23	SIVUH	
94	Orla Crosbie	0/55F	0/55F3	00:22:29	UCC	
95	Gary Goggin			00:22:43	Temp Reg	
96	Patrick Murphy	0/55M		00:22:44	Navy	
97	Carmel Parnell	0/65F	0/65F1	00:22:45	Cork Shops	
98	Elaine Guinane	0/45F	0/45F2	00:22:47	Dept of Ed	F-B-1
99	Colm Menton	0/50M		00:22:48	MTU	
100	John Scannell	0/50M		00:22:50	Apple	
101	Jessica Neville			00:22:52	MTU	
102	Clíodhna Ni Chonghaile			00:22:54	Dept of Ed	F-B-1
103	Siobhan O'Callaghan			00:23:02	Temp Reg	
104	Owen Wright	0/40M		00:23:09	Dept of Ed	
105	Maria Madigan	0/45F	0/45F3	00:23:15	Tower Medical Centre	
106	Peter O'Hanlon	0/45M		00:23:15	UCC	
107	Cian Murphy			00:23:22	Temp Reg	
108	Michael Creed	0/60M		00:23:28	Happy Feet	
109	Aaron Scott	0/40M		00:23:33	MTU	
110	Roma Kukuc	0/40F	0/40F3	00:23:33	Stryker	
111	Brian Phelan			00:23:35	Temp Reg	
112	David Curtin			00:23:35	Uisce Éireann	M-B-3
113	James Spillane	0/45M		00:23:42	Logitech	
114	Antoino Castaldo			00:23:44	Temp Reg	
115	Adolfo Garcia	0/45M		00:23:45	Apple	
116	Brian Melican			00:23:46	MSD Brinny	
117	Claire O'Brien	0/45F		00:23:46	Deloitte	
118	Mary Sweeney	0/60F	0/60F1	00:23:51	Fit4Life	
119	Gillian Cotter	0/45F		00:23:51	UCC	F-B-2
120	John O Driscoll	0/50M		00:23:58	MSD Brinny	
121	Maura Collins			00:23:59	Temp Reg	
122	Alina Neumerzhitskaya			00:24:07	Apple	F-A-2
123	Amy Goggin			00:24:12	Temp Reg	
124	Karen Kellegher			00:24:13	Temp Reg	
125	Ian O Sullivan	0/45M		00:24:27	MTU	
126	Glenn Leacey	0/60M		00:24:30	Musgrave	M-C-3
127	Cathrine Kerrigan			00:24:33	Temp Reg	
128	Anne Wolfe	0/50F		00:24:34	Joyce Wolfe Physiotherapy	
129	Yan Zhang	0/35F	0/35F1	00:24:35	UCC	F-B-2
130	Kitty Harrington Buckley	0/55F		00:24:36	HSE	
131	Caroline O'Callaghan			00:24:43	Temp Reg	
132	Elaine Rodrigues	0/50F		00:24:45	UCC	F-C-1
133	Paul Murphy	0/50M		00:24:46	Pfizer	

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134	John Morrissey	0/50M		00:24:51	UCC	
135	Andrew Geaney	0/65M	0/65M2	00:25:08	Apple	
136	Máire Fox	0/40F		00:25:16	MSD Brinny	
137	Brian Cahill	0/45M		00:25:17	MTU	
138	Patrick Murphy	0/65M	0/65M3	00:25:20	Bus Eireann	
139	Robert Dempsey			00:25:24	Merck	
140	Gerard Rasmussen	0/65M		00:25:26	MTU	
141	Donal O'Driscoll	0/40M		00:25:39	Cork City Council	
142	Donie O'Connell	0/70M	0/70M1	00:25:43	Midleton Collective	
143	Laura Holland	0/45F		00:25:48	Apple	F-C-2
144	Proinnsias O'Keeffe	0/60M		00:25:56	VMware	
145	Aine Murphy	0/60F	0/60F2	00:26:00	UCC	F-C-1
146	Anthony Walsh	0/60M		00:26:02	Apple	
147	Ger Marshall	0/65M		00:26:03	Certus	
148	Colette Ryan	0/55F		00:26:03	Douglas Meet and Train	
149	Olive McCarthy	0/50F		00:26:04	UCC	
150	J J Casey	0/65M		00:26:04	An Post/Eir	
151	Daire Hayes			00:26:05	Janssen	
152	Liz O'Brien	0/50F		00:26:09	Novozymes One Health Cork	
153	Pierce De Courcy	0/55M		00:26:15	Brendan Murphy + Co.	
154	Michael Finn	0/40M		00:26:17	Hovione	
155	Dale Burkley	0/40F		00:26:29	Uisce Éireann	
156	Chad Laux			00:26:29	Temp Reg	
157	Denis Fitzgerald			00:26:33	Dept of Ed	
158	Vincent O'Neill	0/55M		00:26:33	Dell Technologies	
159	Joe Conroy	0/60M		00:26:35	Dell Technologies	
160	Mary O'Halloran	0/50F		00:26:43	Complete Financial	
161	Therese Vaughan			00:26:46	Temp Reg	
162	Iolo Pearse			00:26:50	Complete Financial	
163	Tim Finn	0/60M		00:26:52	JB Barry & Partners	
164	Batt Kearney	0/65M		00:27:00	Blarney Woolen Mills	
165	Mick Dooley	0/55M		00:27:01	CPO	
166	Mary Collins	0/60F	0/60F3	00:27:05	Eli Lilly	
167	John Walshe			00:27:05	Temp Reg	
168	Shane Walsh	0/50M		00:27:06	Landsbridge Transport	
169	Michael O'Callaghan			00:27:14	Temp Reg	
170	Chuck Lamere	0/60M		00:27:37	PM Group	
171	Maeve O'Hagan	0/35F	0/35F2	00:27:45	SIVUH	
172	Fabienne Buck	0/45F		00:27:57	Apple	F-C-2
173	Ian Kohler	0/75M	0/75M1	00:28:07	Janssen	
174	Carmel Geaney	0/65F	0/65F2	00:28:10	ESB	
175	Sean Murphy			00:28:15	Temp Reg	
176	Ann Bogan	0/60F		00:28:17	Phelan's Pharmacy	
177	Elaine Moore	0/40F		00:28:19	Musgrave	
178	Trevor Moore	0/45M		00:28:19	Musgrave	
179	Yvonne Gough	0/55F		00:28:24	Cork City Council	
180	Mary O'Brien-Williams			00:28:49	Temp Reg	
181	Brian Healy	0/55M		00:28:51	An Post/Eir	
182	Joe Murphy	0/65M		00:28:55	Cork City Council	
183	Ray Foley			00:28:59	Temp Reg	
184	Dympna Murphy	0/55F		00:29:01	Cork City Council	
185	Bernard Sisk	0/75M		00:29:05	Sisk Builders	
186	Michael Coakley	0/60M		00:29:21	Cork County Council	
187	Constanca Fernandes			00:29:25	JB Barry & Partners	
188	Brian O'Shea	0/45M		00:29:27	OrthoXel	
189	Irene Keohane	0/50F		00:29:57	Douglas Meet and Train	
190	Emer O'Keeffe			00:30:18	Temp Reg	
191	John O'Leary	0/80M		00:30:36	Bookdeal	
192	Brian Morrissey	0/45M		00:30:49	Cork City Council	
193	Pat Foley			00:30:56	Temp Reg	
194	Kay Birch	0/65F		00:31:26	CSO	
195	Bridie O'Leary	0/70F		00:31:39	Cork Mental Health	
196	Ron Heaphy	0/60M		00:31:49	AOK COMPUTER SERVICE	
197	Alan O'Keeffe	0/60M		00:31:49	AOK COMPUTER SERVICE	
198	Jimmy Murray	0/75M		00:31:54	Cork Mental Health	
199	Allen Cotter	0/40M		00:32:26	UCC	
200	Michael Van Der Poel	0/65M		00:32:34	Apple	

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201	Ciara O'keeffe			00:32:35	Apple	
202	Denis Condon	0/70M		00:32:42	Condon	
203	Frank Linehan	0/70M		00:33:01	FIservices	
204	Lois Good			00:33:12	Temp Reg	
205	Angela Tobin	0/60F		00:33:54	HSE	
206	Colette O'Callaghan			00:34:17	Temp Reg	
207	Frank Cummins			00:35:53	Temp Reg	
208	Kathleen O'Connell	0/65F		00:37:33	Midleton Collective	
209	Helen O'Donoghue	0/70F		00:37:43	O'Donoghue	