

# Depuy Synthes 4 Mile Results

Jun 26 2024



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Next race: [Sterling 5k](#)  
 Wed Jul 3 at 8pm

*The course was measured and marked by  
 Jones Counter courtesy of Kevin Cummins  
 (A.A.I. Certified course measurer)*

Men			Women		
1	Gavin O'Rourke		1	Michelle Kenny	
2	Donal Coakley		2	Noemie Leduc	
3	Tadhg Crowley		3	Sharon Rynne	
<b>Category Winners</b>					
			<b>0/35</b>		
				1	Suzanne Alcock
				2	Kathleen Ryan
				3	Yvonne Harding
<b>0/40</b>			<b>0/40</b>		
1	Ken Ince			1	Sandra Manning
2	Gearoid O Flynn			2	Irene Eighan
3	Alan O'Sullivan			3	Geraldine Hartnett
<b>0/45</b>			<b>0/45</b>		
1	John O'Mahony			1	Siobhan Holland
2	Alfie Davis			2	Margaret O Regan
3	Paddy Troy			3	Gwen Conroy
<b>0/50</b>			<b>0/50</b>		
1	Michael Murphy			1	Linda O Connor
2	Trevor Woods			2	Lisa Crowley
3	Stephen Geoghegan			3	Mairead Perez
<b>0/55</b>			<b>0/55</b>		
1	Ger O'Regan			1	Orla O'Rourke
2	Richard Hawkins			2	Orla Crosbie
3	Brian McGuire			3	Colette Ryan
<b>0/60</b>			<b>0/60</b>		
1	Mark Bulman			1	Mary Sweeney
2	Denis Browne			2	Kathleen Cronin
3	Brian Linehan			3	Kitty Harrington Buckley
<b>0/65</b>			<b>0/65</b>		
1	Bob Anglim			1	Carmel Parnell
2	Brendan Murphy			2	Frances O'Connor
3	Eddie O'Regan			3	Maire Ui Chonghaile
<b>0/70</b>			<b>0/70</b>		
1	Ken Higgs			1	
2	John Holland			2	
3	Michael Dunne			3	
<b>0/75</b>			<b>0/75</b>		
1				1	
2				2	
3				3	
<b>0/80</b>			<b>0/80</b>		
1				1	
2				2	
3				3	
<b>W/C</b>					
1	Jerry Forde				



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Pos	Name	Cat	Prize	Time	Company	Team
1	Gavin O'Rourke		M-1	00:22:20	Eli Lilly	M-A-3
2	Donal Coakley		M-2	00:21:06	Gilead Sciences	
3	Tadhg Crowley	0/40M	M-3	00:22:04	UCC	M-A-1
4	Ken Ince	0/40M	0/40M1	00:22:10	Stryker	
5	Andrew Hobbs			00:22:12	Johnson Controls	
6	Peter Moreland			00:22:19	Temp Reg	
7	Gearoid O Flynn	0/40M	0/40M2	00:22:25	Bank of Ireland	
8	Alan O'Sullivan	0/40M	0/40M3	00:22:42	Red Hat Ltd	
9	Fergal Sargent	0/40M		00:22:48	Cork Airport	
10	Jason O'Mahony	0/40M		00:22:51	Dell Technologies	M-B-1
11	Michelle Kenny	0/40F	F-1	00:22:52	Dept of Ed	F-A-1
12	John O'Mahony	0/45M	0/45M1	00:22:52	SR Technics	
13	Liam Beresford			00:23:08	CITCO	
14	John Hartnett	0/40M		00:23:09	Army	
15	Michael Murphy	0/50M	0/50M1	00:23:12	Michael Murphy Financial Services	
16	Dara O'Carroll			00:23:21	Depuy Synthes	M-A-2
17	Jack O'Connor			00:23:25	Temp Reg	
18	Alfie Davis	0/45M	0/45M2	00:23:25	UCC	M-A-1
19	Noemie Leduc		F-2	00:23:26	Avondhu MF	F-A-2
20	Trevor Woods	0/50M	0/50M2	00:23:27	UCC	M-A-1
21	Jp Treacy	0/40M		00:23:34	Cork City Council	M-C-1
22	Paddy Troy	0/45M	0/45M3	00:23:54	Depuy Synthes	M-A-2
23	Peter Hawkins			00:23:56	Temp Reg	
24	Tobi Grab	0/45M		00:24:00	Apple	M-B-2
25	Conor Kelly			00:24:02	Cork University Hospital	
26	Conor Friel			00:24:12	Maryborough Hotel @ Spa	
27	Vincent O'Sullivan			00:24:17	Temp Reg	
28	Sharon Rynne	0/35F	F-3	00:24:22	Kepak	
29	Cornelius Marshall	0/45M		00:24:25	HSE	
30	Stephen Geoghegan	0/50M	0/50M3	00:24:27	Dell Technologies	M-B-1
31	Gerard Geary			00:24:36	Fota Collection	
32	Aidan Mullins			00:24:38	Eli Lilly	M-A-3
33	Ger O'Regan	0/55M	0/55M1	00:24:45	Midleton Collective	
34	Mark Cronin	0/45M		00:24:51	Midleton Collective	
35	Mark Bulman	0/60M	0/60M1	00:24:53	Army	
36	John Cronin			00:24:54	MTU	M-B-3
37	Richard Bourke	0/45M		00:24:55	Musgrave	
38	Sandra Manning	0/40F	0/40F1	00:24:55	SOSV	
39	Irene Eighan	0/40F	0/40F2	00:24:58	Sterling	
40	Richard Hawkins	0/55M	0/55M2	00:25:06	Janssen	
41	Brian McGuire	0/55M	0/55M3	00:25:08	Road Safety Operations Ireland	
42	Karl Preston			00:25:13	Biomarin	M-C-2
43	Nicky Pike			00:25:19	Temp Reg	
44	Jim O'Byrne	0/50M		00:25:20	MTU	M-B-3
45	Shane Mcnamara			00:25:20	Temp Reg	
46	Noel Carr	0/55M		00:25:21	Diomac	
47	David Delaney	0/40M		00:25:25	Depuy Synthes	M-A-2
48	Adil Cahit Ansaroglu	0/40M		00:25:26	Apple	M-B-2
49	Mark Reihill			00:25:27	Pfizer	
50	Karl Horgan			00:25:27	Dept of Ed	
51	Seán Kennedy			00:25:27	Pfizer	
52	Joe O'Loughlin	0/50M		00:25:29	Musgrave	
53	Barry Kelly			00:25:34	Temp Reg	
54	David Leonard			00:25:41	Boston Scientific	
55	Linda O Connor	0/50F	0/50F1	00:25:43	Musgrave	
56	Paul O Donovan	0/45M		00:25:45	Biomarin	M-C-2
57	Lisa Crowley	0/50F	0/50F2	00:25:45	HSE	
58	Sarah Treacy			00:25:48	Temp Reg	
59	Joao Neves			00:25:50	Depuy Synthes	
60	Colin Morrison	0/50M		00:25:51	Logitech	
61	Jonathon Moriarty	0/40M		00:25:52	Apple	M-B-2
62	Suzanne Alcock	0/35F	0/35F1	00:25:54	Dept of Ed	F-A-1
63	Philip Hayes			00:25:55	Temp Reg	
64	John Santry	0/40M		00:25:59	Dell Technologies	M-B-1
65	Jamie O'Connor			00:26:03	Temp Reg	
66	Paul O'Mahony			00:26:04	Temp Reg	

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67	Ian Roche	0/45M		00:26:07	Dell Technologies	
68	Alan Moynihan	0/50M		00:26:11	Cork City Council	M-C-1
69	Ed Dunphy			00:26:11	Cork City Council	M-C-1
70	Dario Giuliano	0/45M		00:26:15	Apple	M-C-3
71	Jason O'Mahoney			00:26:16	Temp Reg	
72	Victor Baraza			00:26:22	OpenText	
73	Padraig Kingston			00:26:22	Temp Reg	
74	Ryan Kruschel			00:26:25	Eli Lilly	M-A-3
75	Daniel Cronin	0/40M		00:26:27	Kearys Motor Group	
76	Keith Buckley	0/40M		00:26:29	Avondhu MF	
77	Rhona Dempsey			00:26:29	Temp Reg	
78	Brendan Gildea			00:26:36	Biomarin	M-C-2
79	Sebastian Murphy			00:26:38	Apple	M-C-3
80	Mike O Connor	0/40M		00:26:42	OpenText	
81	Mairead Perez	0/50F	0/50F3	00:26:44	AOK COMPUTER SERVICE	
82	Ely Chambers			00:26:46	Temp Reg	
83	Kieran McManamon	0/55M		00:26:47	UCC	
84	Patrick Ryan	0/50M		00:26:48	Dell Technologies	
85	Geraldine Hartnett	0/40F	0/40F3	00:26:55	Avondhu MF	F-A-2
86	Ciarán O'Callaghan	0/50M		00:26:57	Cork County Council	
87	Brian Cott	0/45M		00:26:57	MTU	M-B-3
88	Brian O Neill			00:26:58	Red Hat Ltd	
89	Ray Wallace			00:26:58	The Salon (Ballincollig)	
90	Ken Howick			00:26:59	Janssen	
91	Tom O'Riordan	0/45M		00:27:01	Avoncourt Packaging	
92	Siobhan Holland	0/45F	0/45F1	00:27:02	Sterling	
93	Bob Anglim	0/65M	0/65M1	00:27:02	Navy	
94	Brendan Murphy	0/65M	0/65M2	00:27:04	Brendan Murphy + Co.	
95	Ken Dermody	0/40M		00:27:06	Stryker	
96	Patrick Crowley	0/40M		00:27:08	Logitech	
97	Denis Browne	0/60M	0/60M2	00:27:10	Apple	M-C-3
98	Margaret O Regan	0/45F	0/45F2	00:27:13	Biomarin	
99	Martin Daly	0/50M		00:27:14	Dell Technologies	
100	John Spillane	0/40M		00:27:21	CITCO	
101	Kathleen Ryan	0/35F	0/35F2	00:27:22	Stryker	
102	Owen Wright	0/40M		00:27:22	Wright	
103	Shane O Rourke	0/50M		00:27:27	MTU	
104	Orla O'Rourke	0/55F	0/55F1	00:27:33	Keen On Sport	
105	Brian Linehan	0/60M	0/60M3	00:27:36	G4S Security	
106	Daniel McCarthy			00:27:36	Boston Scientific	
107	Conrad Daly			00:27:39	Cork County Council	
108	Graeme Lawler			00:27:41	Kearys Motor Group	
109	Damien O'Riordan			00:27:42	Fota Collection	
110	Paul Healy	0/50M		00:27:46	Computer Data Source	
111	Donal O'Donoghue	0/55M		00:27:46	TD-Synnex	
112	Anthony Dowd	0/50M		00:27:48	Dowd	
113	Jane Prendergast			00:27:52	Cork University Hospital	
114	Gwen Conroy	0/45F	0/45F3	00:27:52	Dept of Ed	
115	Colm Kennedy	0/50M		00:27:56	MSD Brinny	
116	Martin Hill	0/55M		00:28:05	MTU	
117	Seán O'Brien	0/60M		00:28:07	Cork County Council	
118	Jason Dunne	0/50M		00:28:09	Statkraft	
119	Yvonne Harding	0/35F	0/35F3	00:28:10	UCC	
120	Eddie O'Regan	0/65M	0/65M3	00:28:11	Eureka Army Surplus	
121	Patrick Murphy	0/60M		00:28:12	Navy	
122	John Delaney	0/55M		00:28:13	Avondhu MF	
123	Thomas Stafford			00:28:18	Depuy Synthes	
124	David O'Hara			00:28:21	Temp Reg	
125	Deborah O'Connor	0/45F		00:28:26	Complete Financial	
126	Michael Naughton	0/55M		00:28:26	Complete Financial	
127	Dave O'Leary	0/40M		00:28:28	MTU	
128	Ian O'Brien	0/50M		00:28:30	Mondelez	
129	Maria Bleier			00:28:32	Apple	
130	David Levy			00:28:34	CPO	
131	Sheila Magorrian	0/50F		00:28:37	Avondhu MF	F-C-1
132	Gary Gibbons	0/50M		00:28:39	Dell Technologies	
133	Simon Rice			00:28:44	Temp Reg	

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134	Johan Risser	0/45M		00:28:46	Apple	
135	Jimmy O Sullivan	0/55M		00:28:53	Depuy Synthes	
136	Ion Negulescu	0/40M		00:28:55	Apple	
137	Brendan Altmann			00:28:56	Temp Reg	
138	Gary Lynch			00:28:56	Temp Reg	
139	Kevin O'Connor	0/55M		00:28:56	CPO	
140	Manus Altmann	0/40M		00:28:56	Depuy Synthes	
141	Noel O'Connor	0/65M		00:29:03	Dell Technologies	
142	Bernard Corrigan			00:29:05	Temp Reg	
143	David O'Callaghan			00:29:09	Temp Reg	
144	Luke Horgan			00:29:09	Temp Reg	
145	Mary Sweeney	0/60F	0/60F1	00:29:14	Fit4Life	F-B-1
146	Orla Crosbie	0/55F	0/55F2	00:29:18	UCC	
147	Conor Roche			00:29:18	Temp Reg	
148	Paula Mulcahy	0/50F		00:29:18	UCC	F-B-2
149	Elaine Guinane	0/45F		00:29:22	Dept of Ed	
150	Andrew O'Callaghan	0/55M		00:29:26	Blarney Woolen Mills	
151	John Scannell	0/55M		00:29:29	Apple	
152	Dylan Foley			00:29:33	Temp Reg	
153	Alan McGuinness	0/55M		00:29:35	Depuy Synthes	
154	Keith Muldoon			00:29:35	Temp Reg	
155	Carmel Parnell	0/65F	0/65F1	00:29:35	Cork Shops	
156	Tony Sanchez			00:29:37	Deloitte	
157	Denis Kelleher			00:29:38	Temp Reg	
158	Ken Higgs	0/70M	0/70M1	00:29:39	UCC	
159	Ken Nyhan	0/45M		00:29:40	OpenText	
160	Jo-Anne Cosgrove	0/45F		00:29:42	Itron	
161	Elaine Kelleher			00:29:50	Temp Reg	
162	Jamie Kent			00:30:01	Temp Reg	
163	Colm Menton	0/50M		00:30:07	MTU	
164	Maria Madigan	0/45F		00:30:10	Fit4Life	F-B-1
165	Niamh Kelly			00:30:12	Temp Reg	
166	Susan Whitney			00:30:16	Temp Reg	
167	Tim McCormack	0/50M		00:30:20	Dell Technologies	
168	Aaron Dunphy			00:30:22	Pfizer	
169	Liam Burns			00:30:22	Temp Reg	
170	Gill Cotter	0/50F		00:30:23	UCC	F-B-2
171	Maire Marshall	0/50F		00:30:24	Dept of Ed	
172	Will Kerr			00:30:28	Temp Reg	
173	Orla Tierney			00:30:29	Temp Reg	
174	Jamie Saunders			00:30:30	Temp Reg	
175	Roger Betts			00:30:30	Temp Reg	
176	Deirdre Flanagan	0/40F		00:30:33	Thermo Fisher Scientific	
177	Michelle O'Connor			00:30:34	Temp Reg	
178	Paul Mc Carthy	0/55M		00:30:38	MTU	
179	Des White	0/60M		00:30:41	Avondhu MF	
180	Martin O Leary	0/40M		00:30:43	Eli Lilly	
181	Anthony Creed			00:30:45	PTSB	
182	James Spillane	0/45M		00:30:55	Logitech	
183	Mary Toohey	0/40F		00:30:55	Thermo Fisher Scientific	
184	Yvonne Walsh	0/45F		00:30:57	Merck	
185	Philip Bourke			00:30:57	Temp Reg	
186	Ciaran O'Driscoll	0/45M		00:30:59	Dell Technologies	
187	George Bullman	0/65M		00:31:02	MTU	
188	Denis Looney	0/55M		00:31:08	Marriott Vacations Worldwide	
189	Denis Carroll	0/60M		00:31:10	Happy Feet	
190	Tom Murphy	0/50M		00:31:12	Apple	
191	Norman Allen	0/65M		00:31:13	CH Marine	
192	Angeles Amoedo	0/50F		00:31:14	Cork Shops	
193	Sylvie O'Mahony	0/65M		00:31:15	Eureka Army Surplus	
194	Conor O'Halloran			00:31:18	Temp Reg	
195	William Wallace			00:31:20	The Salon (Ballincollig)	
196	John O'Malley			00:31:22	Temp Reg	
197	Holly Lehane			00:31:22	Pfizer	
198	Kieran Daly	0/55M		00:31:25	DruidEir Ltd	
199	Colin Murphy	0/50M		00:31:30	Legal IT	
200	Colette Ryan	0/55F	0/55F3	00:31:31	Douglas Meet and Train	

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201	Maurice O'Hara-Lyons	0/55M		00:31:31	Tusla	
202	Marco Cosenza	0/50M		00:31:32	Apple	
203	Ella Kelleher			00:31:39	Temp Reg	
204	Ruth Forbes			00:31:41	Temp Reg	
205	John Holland	0/75M		00:31:44	An Post/Eir	
206	Kathleen Cronin	0/60F	0/60F2	00:31:47	Denis Cronin Electrical	
207	Jane Gallagher	0/45F		00:31:50	Eli Lilly	F-C-2
208	Shane Maher			00:31:50	Temp Reg	
209	James Kingston			00:32:07	Uisce Éireann	
210	Adam O'Callaghan			00:32:07	Temp Reg	
211	Rebecca Lynch			00:32:08	Boston Scientific	
212	Maurice O'Malley			00:32:08	Temp Reg	
213	David Devine			00:32:15	Temp Reg	
214	Alan O'Connell			00:32:15	Temp Reg	
215	Ray O'Dea			00:32:16	Temp Reg	
216	Daniel Woods			00:32:18	Abbvie	
217	Susan Lyne	0/45F		00:32:20	EY	
218	Paula Devine	0/45F		00:32:22	Uisce Éireann	
219	Kevin Murray			00:32:24	Depuy Synthes	
220	Will Jordan	0/40M		00:32:26	Thermo Fisher Scientific	
221	Kitty Harrington Buckley	0/60F	0/60F3	00:32:28	HSE	
222	Jim O'Callaghan			00:32:28	Temp Reg	
223	David Coen			00:32:29	Happy Feet	
224	Barry Cleary	0/45M		00:32:30	Eli Lilly	
225	Maria Daniela Soare			00:32:32	Apple	
226	Caroline Murnane	0/35F		00:32:33	Thermo Fisher Scientific	
227	Deirdre O'Keefe	0/40F		00:32:37	Mercy Hospital	
228	Aiden Kelleher			00:32:38	Temp Reg	
229	Stephen Murphy	0/65M		00:32:40	Auto Valet	
230	Bernie Twomey			00:32:40	Temp Reg	
231	Niamh Mcpherson			00:32:42	Temp Reg	
232	Proinsias O'Keefe	0/60M		00:32:42	VMware	
233	Brendan McCarthy	0/40M		00:32:43	Kearys Motor Group	
234	Conor Leonard			00:32:48	Temp Reg	
235	Carmel Nugent	0/50F		00:32:51	VHI	
236	Seamus Cahill	0/50M		00:32:58	CPO	
237	Samuel De Lint	0/50M		00:33:00	Depuy Synthes	
238	Denis McAuliffe	0/65M		00:33:01	McAuliffe	
239	Deirdre Murphy	0/45F		00:33:01	Pfizer	
240	Denis Cronin	0/55M		00:33:09	Mercy Hospital	
241	Mick Murphy	0/55M		00:33:09	MOB DOORS	
242	Darragh O'Mahony	0/45M		00:33:23	Statkraft	
243	Darragh Kiely	0/40M		00:33:27	Dell Technologies	
244	Leonora Horan			00:33:27	Temp Reg	
245	Gary Goggin			00:33:28	Temp Reg	
246	Aine Murphy	0/60F		00:33:33	UCC	
247	Caroline O'Dea			00:33:33	Temp Reg	
248	Ber Looney	0/55F		00:33:34	Marriott Vacations Worldwide	
249	Frances O'Connor	0/65F	0/65F2	00:33:34	Dept of Ed	
250	Marjorie Packham			00:33:35	Temp Reg	
251	Claire McGonagle	0/55F		00:33:39	Janssen	
252	Kevin O'Connor	0/50M		00:33:43	Depuy	
253	Kathleen O'Callaghan			00:33:43	Temp Reg	
254	Elaine Rodrigues	0/55F		00:33:45	UCC	
255	Mick Dooley	0/55M		00:33:54	CPO	
256	Maire Ui Chonghaile	0/65F	0/65F3	00:33:58	Dept of Ed	
257	Mike Pratt	0/60M		00:34:05	Avondhu MF	
258	Clare Murphy			00:34:11	Temp Reg	
259	Brendan Deane	0/55M		00:34:14	MTU	
260	Ciaran Dineen			00:34:16	NeoDyne	
261	Anaëlle Goupil	0/40F		00:34:27	Apple	
262	Sandra Dinan			00:34:28	Eli Lilly	F-C-2
263	Laxmikant Deshpande			00:34:31	Temp Reg	
264	Niall Twamley	0/45M		00:34:36	Cork County Council	
265	Maurice Corcoran	0/40M		00:34:53	Midleton Collective	
266	Michael O'Mahony	0/55M		00:34:53	MTU	
267	Maeve O'Hagan	0/35F		00:35:00	SIVUH	

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268	Oonagh Duggan	0/50F		00:35:05	Fota Collection	
269	Joe Conroy	0/60M		00:35:15	Dell Technologies	
270	Barry McAuley	0/45M		00:35:14	Sterling	
271	Audrey Kane			00:35:22	Temp Reg	
272	J J Casey	0/65M		00:35:22	An Post/Eir	
273	Anne Wolfe			00:35:25	Temp Reg	
274	Maura O'Sullivan	0/50F		00:35:27	Boston Scientific	
275	Jessica Cross			00:35:32	Temp Reg	
276	Vincent O'Neill	0/55M		00:35:36	Dell Technologies	
277	Michael Dunne	0/75M		00:35:41	UCC	
278	Raja Angamuthu	0/40M		00:35:41	Apple	
279	Simon Kelly	0/60M		00:35:50	Green Rebel	
280	Celia O'Regan	0/55F		00:35:50	Eureka Army Surplus	
281	Yvonne Gough	0/55F		00:35:52	Cork City Council	
282	Brian Dineen			00:35:56	Abbie	
283	Ann Bogan	0/60F		00:35:58	Phelans Pharmacy	
284	Angela O'Mahony	0/55F		00:36:02	Avondhu MF	F-C-1
285	Dave Herlihy	0/50M		00:36:05	Thermo Fisher Scientific	
286	Sadhbh Roche			00:36:21	Temp Reg	
287	Helen Roche			00:36:21	Temp Reg	
288	Sean Coen	0/60M		00:36:26	Happy Feet	
289	Anne Sheehy	0/65F		00:36:29	Fit4Life	
290	John Duggan			00:36:33	Temp Reg	
291	Gillian O'Brien	0/50F		00:36:36	Fit4Life	
292	Noelle Hogan	0/40F		00:36:37	Horgan	
293	Ciara O'Keefe			00:36:38	Apple	
294	Rory Flaherty			00:36:40	Temp Reg	
295	Orla Preston	0/45F		00:36:52	Quantum Energy	
296	Ruth Foster	0/35F		00:36:52	Bon Secours	
297	Margo Dinan	0/55F		00:36:55	Marymount	
298	Mary Mulcahy	0/60F		00:36:58	Bank of Ireland	
299	Niamh Kelly			00:37:07	Eli Lilly	
300	Sara Leacy			00:37:09	Temp Reg	
301	Mikkel Lind	0/50M		00:37:11	Apple	
302	Batt Kearney	0/65M		00:37:34	Blarney Woolen Mills	
303	Alice Macilwraith			00:37:39	Gas Networks Ireland	
304	Stephen Griffin	0/50M		00:37:59	Boston Scientific	
305	Catherine Fleming			00:38:08	Temp Reg	
306	David Williams	0/45M		00:38:14	Bus Eireann	
307	Bernard Sisk	0/75M		00:38:21	Sisk Builders	
308	Emma Hurley			00:38:40	Temp Reg	
309	Amanda Cooney	0/60F		00:38:51	Marymount	
310	Caitlin O'Gorman			00:39:01	Statkraft	
311	David Yelverton			00:39:24	Temp Reg	
312	Aoife Herlihy			00:39:28	Temp Reg	
313	Marian Twomey			00:39:43	Temp Reg	
314	Nicola O'Sullivan			00:39:43	Temp Reg	
315	Gemma Leo			00:39:46	Temp Reg	
316	Caroline Gordon	0/45F		00:39:48	Cork City Council	
317	Niamh Casey	0/45F		00:39:52	Dept of Ed	
318	Linda Hughes			00:40:14	Temp Reg	
319	Zsigmond Safarny	0/45M		00:40:16	Leisureworld	
320	Mark O'Neill			00:40:24	Temp Reg	
321	Ann Hayes	0/65F		00:40:28	HSE	
322	Ciara Flaherty			00:40:55	Temp Reg	
323	Kieran O'Sullivan			00:41:03	Temp Reg	
324	Paula O'Driscoll			00:41:04	Temp Reg	
325	Trish Doherty			00:41:07	Temp Reg	
326	Allen Cotter	0/40M		00:41:16	UCC	
327	Tony Dunne	0/80M		00:41:23	Avondhu MF	
328	Gerald O'Connell	0/70M	0/70M2	00:41:26	O'Connell & Co	
329	Roisin Cremin	0/35F		00:41:31	Highbury	
330	Brian O'shea	0/50M		00:41:37	Tecomet	
331	Sinead Gallagher			00:41:45	Dept of Ed	
332	Denis Condon	0/70M	0/70M3	00:41:57	Condon	
333	Joan McCarthy	0/65F		00:42:07	Bank of Ireland	
334	Jimmy Murray	0/75M		00:42:22	Cork Mental Health	

# Depuy Synthes 4 Mile Results

Jun 26 2024



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Next race: [Sterling 5k](#)

Wed Jul 3 at 8pm

*The course was measured and marked by  
Jones Counter courtesy of Kevin Cummins  
(A.A.I. Certified course measurer)*

335	Ana Herreros			00:42:22	Temp Reg	
336	Matt Devine			00:42:22	Janssen	
337	Catherine Desmond	0/45F		00:42:44	PwC	
338	Rachel Deane			00:42:52	Janssen	
339	Tara O'Donovan			00:43:42	Temp Reg	
340	Noreen O'Callaghan			00:43:42	Temp Reg	
341	Jerry Forde	W/C	W/C1	00:44:48	HSE	
342	Marzena Ozga-Stachura	0/40F		00:45:21	HSE	
343	Geraldine Barea			00:45:23	Temp Reg	
344	Michael Van Der Poel	0/65M		00:45:24	Apple	
345	Susie Henchion			00:46:44	Statkraft	
346	Billy Caball	0/80M		00:48:27	FAS	
347	Megan Toher			00:50:51	AIB	
348	Maggie Dunne	0/75F		00:53:12	Avondhu MF	
349	Bernice Glavin	0/65F		00:56:46	HSE	