





# ESB Cross Country 5k Results

Mar 9 2025



Next race: [PwC Anthony Reidy Memorial 5k](#)

Wed Apr 9 at 7.30pm

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Pos	Name	Cat	Prize	Time	Company	Team
1	Dermot Ryan		M1	00:19:03	Uisce Éireann	M-A-1
2	Tim O'Connor	0/45M	M2	00:19:24	Uisce Éireann	M-A-1
3	Cathal Prior	0/50M	M3	00:19:26	Eli Lilly	M-A-2
4	Marc Gaspar			00:20:21	Temp Reg	
5	Tim O Sullivan			00:20:30	Biomarin	
6	Rory O'Donovan	0/40M	0/40M1	00:20:40	Uisce Éireann	M-A-1
7	Tobi Grab	0/45M	0/45M1	00:21:01	Apple	M-B-1
8	Siobhan Hoare	0/45F	F1	00:21:03	Bon Secours	
9	Bryan Galloway	0/40M	0/40M2	00:21:29	Eli Lilly	M-A-2
10	John Cronin			00:21:39	MTU	M-C-3
11	Diarmuid Kiely	0/45M	0/45M2	00:21:48	Uisce Éireann	M-C-1
12	Edmond O'Sullivan	0/60M	0/60M1	00:21:54	Midleton Collective	
13	Stephen Geoghegan	0/50M	0/50M1	00:22:28	Dell Technologies	M-C-2
14	Adil Cahit Ansaroglu	0/40M	0/40M3	00:22:29	Apple	M-B-1
15	Tadhg O'Leary			00:22:31	Uisce Éireann	M-C-1
16	Kieran Twomey	0/60M	0/60M2	00:22:42	John O'Connell & Co Accountants	
17	Anna Hogan	0/45F	F2	00:22:53	UCC	F-A-1
18	Peter Gosnell			00:22:53	UCC	M-B-2
19	Ciarán O'Callaghan	0/50M	0/50M2	00:22:53	Cork County Council	
20	Stephen Lynch			00:23:01	Uisce Éireann	M-C-1
21	Donal Courtney			00:23:01	Temp Reg	
22	Francis Crowe	0/40M		00:23:06	Intel	
23	Kamil Bortnik			00:23:20	Abbvie	
24	Ken Dermody	0/45M	0/45M3	00:23:22	Stryker	
25	Damien Helleboird			00:23:33	Prarion Ltd	
26	Ciaran Courtney	0/45M		00:23:40	Eli Lilly	M-A-2
27	Michael Naughton	0/55M	0/55M1	00:23:42	Complete Financial Advice	
28	Gary Lynch	0/50M	0/50M3	00:23:49	Carbery Group	
29	Brian O'Callaghan			00:23:52	Uisce Éireann	
30	Andrew O'Callaghan	0/55M	0/55M2	00:23:57	Blarney Woolen Mills	
31	Gerard Down	0/65M	0/65M1	00:23:59	Down	
32	Joan Ennis	0/60F	F3	00:24:05	Avondhu MF	
33	John Santry	0/40M		00:24:08	Dell Technologies	M-C-2
34	Chris Carey	0/40M		00:24:11	Eli Lilly	
35	Dario Giuliano	0/45M		00:24:18	Apple	M-B-1
36	Siobhan Holland	0/45F	0/45F1	00:24:20	Sterling	F-A-2
37	Noel O'Connor	0/65M	0/65M2	00:24:40	Dell Technologies	M-C-2
38	Declan Rice	0/40M		00:25:04	Eli Lilly	
39	Graham Geasley	0/45M		00:25:32	Alcon	
40	Gill Cotter	0/50F	0/50F1	00:25:52	UCC	F-A-1
41	Niamh Macpherson			00:25:54	Eli Lilly	F-C-1
42	Kieran McManamon	0/55M	0/55M3	00:25:56	UCC	M-B-2
43	Colm Menton	0/50M		00:25:59	MTU	M-C-3
44	William Lee			00:26:05	Temp Reg	
45	Mary Sweeney	0/60F	0/60F1	00:26:07	Fit4Life	F-B-1
46	Raúl De La Cruz Martínez	0/45M		00:26:09	Collins Aerospace	
47	Tomas Pinaero			00:26:12	Temp Reg	
48	Willie O'Riordan	0/70M	0/70M1	00:26:25	Army	
49	Karlo Kraljic			00:26:30	Alcon	
50	Maria Madigan	0/45F	0/45F2	00:26:31	Fit4Life	F-B-1
51	Michael Comyns	0/60M	0/60M3	00:26:45	Cork Garda	
52	Brian Johnston	0/45M		00:26:48	Apple	
53	Mary O'Donovan			00:26:51	Pfizer	
54	Eddie O'Regan	0/65M	0/65M3	00:27:00	Eureka Army Surplus	
55	Ciaran Lene			00:27:03	Temp Reg	
56	Deborah O'Connor	0/45F	0/45F3	00:27:07	Complete Financial Advice	
57	Denis Looney	0/55M		00:27:16	Marriott Vacations Worldwide	
58	Cian Shalloe			00:27:20	BNY	
59	Martin Butler	0/60M		00:27:28	Butler	
60	Pat Murphy	0/65M		00:27:36	UCC	M-B-2
61	Ger Enright	0/55M		00:27:37	Musgrave	
62	Nora O'Connell	0/45F		00:27:49	Mercer/Marsh	
63	Tony Neal	0/55M		00:28:02	MTU	M-C-3
64	Ion Negulescu	0/40M		00:28:20	Apple	
65	Wojciech Guzik	0/40M		00:28:28	Egis	
66	Mick O'Donovan	0/55M		00:28:30	O'Donovan	

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67	Sarah Lynch			00:28:30	Hibernia College	
68	Chris Carroll	0/70M	0/70M2	00:28:33	HSE	
69	John Morrissey	0/55M		00:28:35	UCC	
70	Sheila Trunwit	0/50F	0/50F2	00:28:45	Dept of Ed	F-C-2
71	Sarah Twomey			00:28:47	Twomey	
72	Kailyn Lordan			00:28:47	Sterling	F-A-2
73	Marie-Therese Brady	0/50F	0/50F3	00:29:07	Pfizer Ringaskiddy	
74	Eamon Hutton			00:29:09	Uisce Éireann	
75	Marco Cosenza	0/50M		00:29:10	Apple	
76	Dan Metzger	0/50M		00:29:16	Apple	
77	Sorcha Howard			00:29:25	Sterling	
78	Kasia Jurkiewicz	0/35F	0/35F1	00:29:28	Apple	
79	Ber Looney	0/55F	0/55F1	00:29:33	Marriott Vacations Worldwide	
80	Angela McCall	0/50F		00:29:53	Dept of Ed	F-C-2
81	Leilia Pender			00:29:54	Temp Reg	
82	Andrew Geaney	0/65M		00:30:16	Apple	
83	J J Casey	0/65M		00:30:40	An Post/Eir	
84	Ruth Burke	0/45F		00:30:46	Eli Lilly	F-C-1
85	Donal O'Donoghue	0/55M		00:31:01	TD-Synnex	
86	Brian Cahill	0/45M		00:31:27	MTU	
87	Denise Cullinane	0/55F	0/55F2	00:31:42	CSO	
88	George Larkin	0/45M		00:31:44	Uisce Éireann	
89	Patrick Murphy	0/65M		00:31:47	Bus Éireann	
90	Brendan McElroy	0/50M		00:32:17	UCC	
91	Batt Kearney	0/65M		00:32:34	Blarney Woolen Mills	
92	Olive McCarthy	0/50F		00:32:46	UCC	
93	Beatrice Parisani			00:32:51	Cork City Council	
94	Mikkel Lind	0/50M		00:33:57	Apple	
95	Darragh O'mahony	0/50M		00:34:13	Statkraft	
96	Bernard Sisk	0/75M	0/75M1	00:34:14	Sisk Builders	
97	Fabienne Buck	0/45F		00:34:41	Apple	
98	Therese Flannery	0/55F	0/55F3	00:35:08	Dept of Ed	
99	Michael Travers	0/60M		00:35:20	Bus Éireann	
100	Aleksander Chmielewski			00:35:37	Temp Reg	
101	Richard White			00:35:55	Uisce Éireann	
102	April Mangan	0/50F		00:36:40	Uisce Éireann	
103	Kay Birch	0/65F	0/65F1	00:36:57	CSO	
104	Donal Fennessy	0/60M		00:37:56	Douglas Meet and Train	
105	Jimmy Murray	0/75M	0/75M2	00:40:58	Cork Mental Health	
106	Sinead Power	0/50F		00:47:08	Cork University Hospital	